



# Y3 PE Knowledge Check

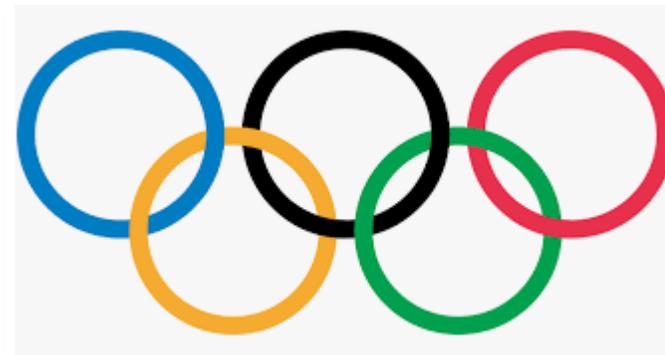
## Athletics

**1** What should you do at the finish line/tap in a race?

**2** What is this piece of equipment called?

**3** If you have good stamina it means you can xxxxxx?

**4** What is this the symbol for?





# Y3 PE Knowledge

## Athletics

- 5** Which of these are short term effects of exercise? – write all the letters that you think are correct
- a) Red face
  - b) Heart beats faster
  - c) Heart beats slower
  - d) Breathing rate increases
  - e) Start to sweat
  - f) Makes you feel good
  - g) You grow taller



# Y3 PE Knowledge

PE@Chesswood

## Tennis

- 1** Is this shot a forehand or backhand?
- 2** When serving – is the ball allowed to bounce on your side of the net first?
- 3** If you win the first point in tennis – what is it worth?





# Y3 PE Knowledge

PE@Chesswood

## Tennis

**4** How is the score 40-40 better known?

**5** How many shots in this rally?



# Y3 PE Knowledge Check

## Striking & Fielding

- 1** How many times is a bowled ball allowed to bounce before getting to the batter in cricket?
- 2** Match the wicket/post to the game?

a)



Cricket

b)



Stoolball

c)



Rounders



# Y3 PE Knowledge Check

Striking & fielding

- 3** How many fingers should you hold the ball with to bowl?
- 4** What 2 animals do we not like to see playing catching games?
- 5** When stopping a rolling ball – what part of your hand should face the ball?



# Y3 Answers

## Athletics

**1** What should you do at the finish line/tap in a race?

**Don't stop / run straight through**

**2** What is this piece of equipment called?

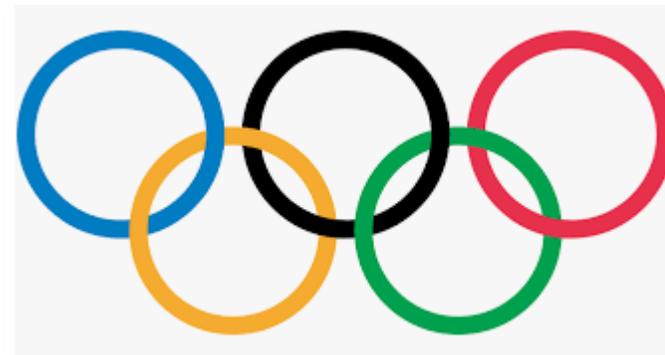
**Howler**

**3** If you have good stamina it means you can xxxxxx?

**Keep running for a long time**

**4** What is this the symbol for?

**Olympics**





# Y3 Answers

## Athletics

**5** Which of these are short term effects of exercise? – write all the letters that you think are correct

- a) Red face
- b) Heart beats faster
- c) Heart beats slower
- d) Breathing rate increases
- e) Start to sweat
- f) Makes you feel good
- g) You grow taller

**A**  
**B**  
**D**  
**E**  
**F**



# Y3 Answers

## Tennis

**1** Is this shot a forehand or backhand?

**Forehand**

**2** When serving – is the ball allowed to bounce on your side of the net first?

**No**

**3** If you win the first point in tennis – what is it worth?

**15**





# Y3 Answers

## Tennis

4 How is the score 40-40 better known?

**Deuce**

5 How many shots in this rally?

**30**





# Y3 Answers

## Striking & Fielding

**1** How many times is a bowled ball allowed to bounce before getting to the batter in cricket? **Once (one)**

**2** Match the wicket/post to the game?



**Rounders**



**Cricket**



**Stoolball**



# Y3 PE Knowledge Check

Striking & fielding

**3** How many fingers should you hold the ball with to bowl?

**3**

**4** What 2 animals do we not like to see playing catching games?

**Crocodiles and Frogs**

**5** When stopping a rolling ball – what part of your hand should face the ball?

**Palms**

