



# Y5 PE Knowledge Check

## Dance

- 1** What do we call it when a part or the music or movements from others create a cue to move for another dancer?
- 2** Who wrote the James Bond novels?
- 3** What is James Bond's code name?
- 4** What is the dancing term when one dancer reacts to another dancer's moves?
- 5** When 2 or more dancers are doing the same moves at the same time it is called being in xxxxx



# Y5 PE Knowledge

## Gymnastics

1

What level is this?



2

How many points is this balance?





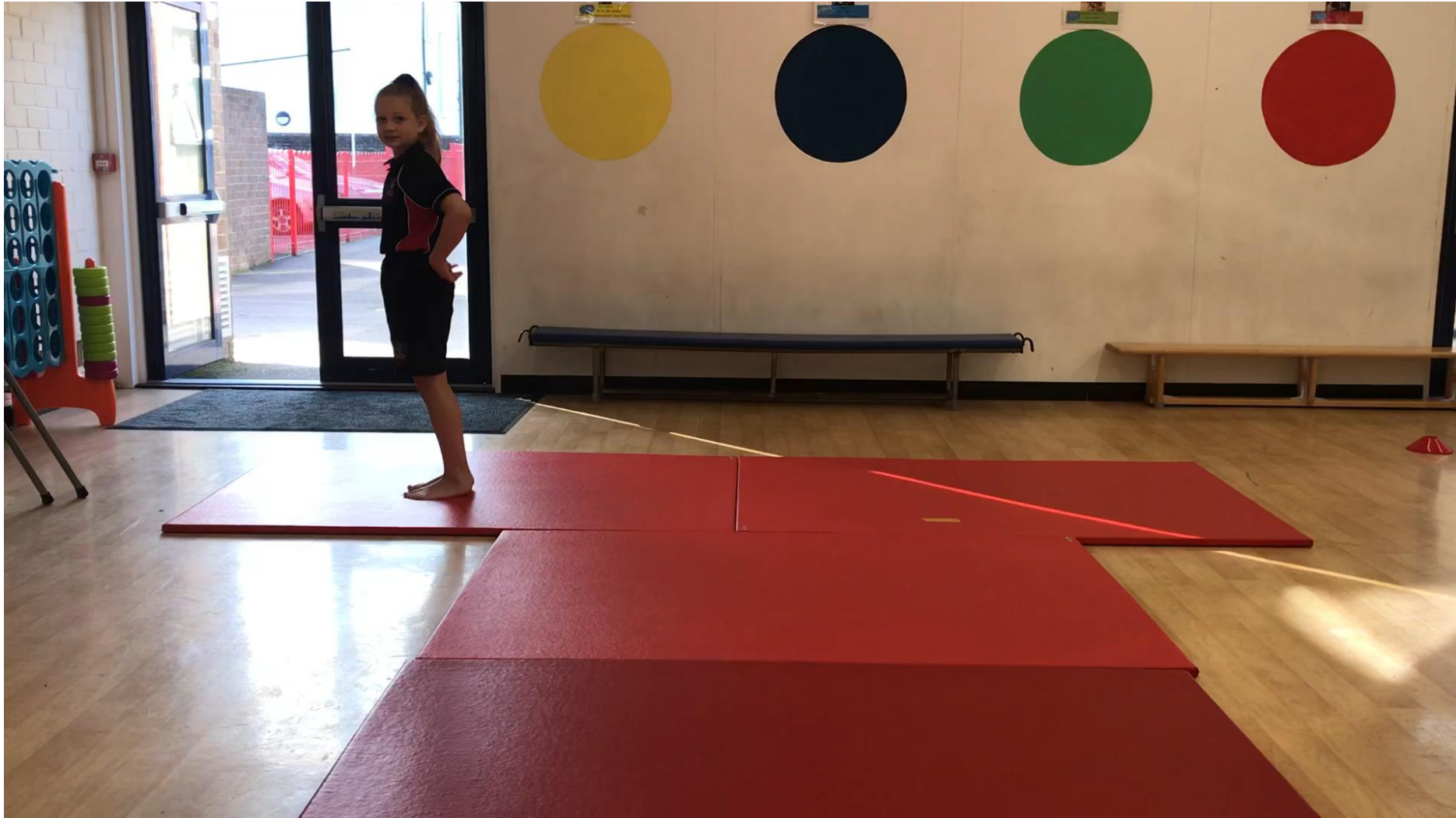
# Y5 PE Knowledge

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## Gymnastics

3

What part of the body is taking the weight on the roll?





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Gymnastics

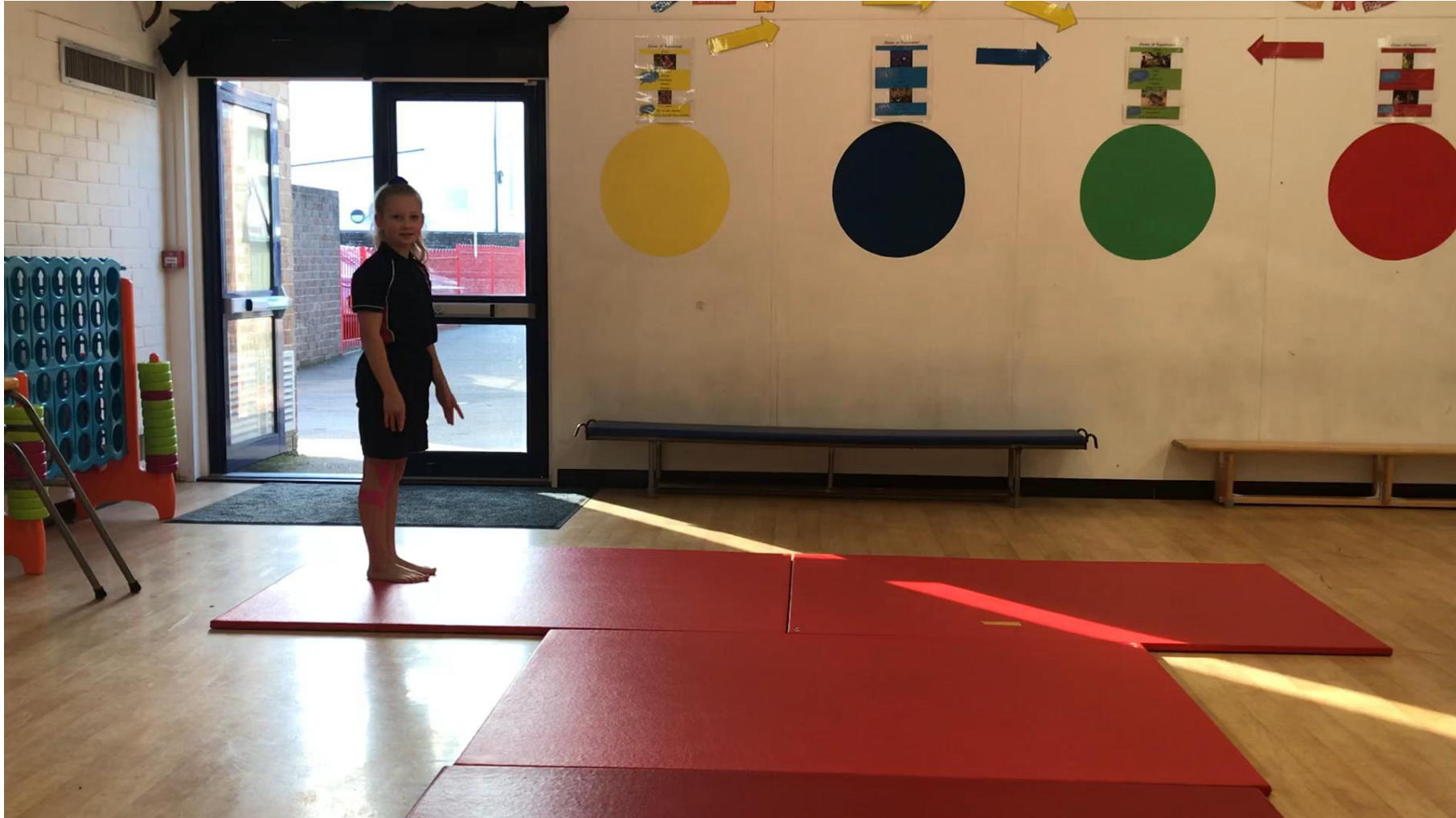
**4** Which level is fully in the air?



# Y5 PE Knowledge

## Gymnastics

**5** Put the 6 elements in the correct order?





# Y5 PE Knowledge

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## Indoor Athletics



How many speed bounces completed





# Y5 PE Knowledge

## Indoor Athletics

2

Which of these is a foul jump?

A



B





# Y5 PE Knowledge

## Indoor Athletics

- 3** At roughly what angle should you release a chest push?
- a) 0 degrees
  - b) 45 degrees
  - c) 90 degrees
  - d) 180 degrees
- 4** Who is the finishing line for in a sprint race?
- 5** What type of power is needed for the standing long jump?
- a) Stamina
  - b) Acceleration
  - c) Explosive
  - d) Speed