



Y6 PE Knowledge Organiser—Roundnet



Key Knowledge

Learn these key facts

The Game

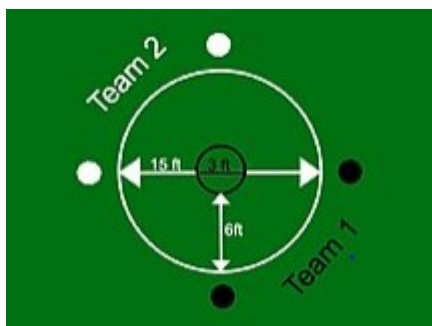
Roundnet (also commonly known as spike-ball) is a net sport. The game is played between two teams, usually with two players each. Players initially line up around a small trampoline-like net at the start of a point. The game starts with a serve from one team to another, and teams alternate hitting the ball back to the net, and ends when the ball falls to the ground or an infraction occurs.

Similar elements to volleyball and four square, played between 2 teams of 2 players. Only 3 touches per team before the ball has to hit the net.

Starting / Serving

Players must line up like this.

One player serves—hitting the ball onto the net to the other team



Spiking

Striking the ball with an open hand onto the net. Players need to consider the power and angle of the spike



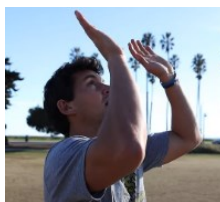
Passing

Underhand pass—hits the ball up. Palm up, fingers slightly apart & relaxed. Use legs to generate power. If the



heel of the hand is used there is a lack of control.

Overhead Pass—hands above shoulders / by ears. Palms facing out, fingers pointing up



Key Vocabulary

Understand these key words

Word	Definition
Spiking	Hitting the ball with an open hand on to the net
Mirroring	Sending a ball towards a desired target as close to the floor as possible
Set	Hitting or throwing the ball to your teammate so they can spike the ball onto the net
Active body Position	Like the ready position used in lots of sports / activities. Knees bent, weight on toes and hands in front of you.
Reaction	Ability to move quickly to the flight of the ball
Scan	Looking around to see where your teammate is as well as where your opponents are
Serve	Hitting the ball on to the net to the other team
Scoring	<p>Scoring games are played to 11 points (and by 2 clear points) Win a point by:</p> <ul style="list-style-type: none"> When the ball does not hit the net within three hits during a possession The ball hits the ground The ball hits the rim. (This includes during serves) The ball does not bounce off the net on a single bounce, also known as a double hit. The ball must clear the rim of the net completely.