

PSHE 2019-2020 Sequence Overview Year 3 – Year 6 +whole school assemblies?

Year	Term	We are safe		We are healthy		We have positive relationships		We are part of a wider world	
		Class time	Assembly	Class time	Assembly	Class time	Assembly	Class time	Assembly
3	AUT	Out and about (2.5 hours) This unit enables children to become safer citizens in the local community. They will know who to approach in an emergency situation, including safe adults (eg police). They will be introduced to an app called What Three Words (navigation accuracy) and understand how this can help them in their time of need. Through this, they will develop confidence, awareness and the ability to ask for help.	PANTS NSPCC Firework Safety			Our happy school (2.5 hours) Children will be able to understand how to communicate effectively through active listening, compromise, taking it in turns and sharing resources. They will look at the importance of rules and the rights of citizens, and will understand that with rights come responsibility. This learning will be demonstrated in the school's BRIGHT SPARKS code (see below).	Active listening Anti-Bullying Week Zones of regulation Bright Sparks		Black History Bright Sparks
	SPR 1					Healthy relationships (2 hours) This unit focuses on relationships with friends and family. We celebrate differences at home and how all families are special. Children will develop empathy and understand who to contact if they feel they need support (Childline), building on their previous learning in Autumn. Separation, divorce and bereavement are touched upon, with support where necessary from the pastoral team.		Rights Respecting This unit explores the United Nations, specifically looking at the Convention on the Rights of the Child. Children will focus on why these are important; why we have them; how choices are made and how these relate to them in the 'real World'.	Rights Respecting (2 x 30 mins year group assembly)
	SPR 2/SUM 1		Dog Trust	Healthy bodies, healthy minds (3 hrs 20 mins) This unit explores how children can look after their health and personal hygiene. Children will learn how to make healthy choices including diet and exercise. Their knowledge will be supported by the NHS Eatwell Guide and	Emotional wellbeing		Autism awareness		World book/maths day

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				Change 4 Life. Children will also learn how to build healthy habits, including washing their hands properly.				
	SUM 2	<p>Ready, steady, go (3 hrs 30 mins)</p> <p>Children will learn about different aspects of safety, including sun, sea, rail and stranger danger. They will build on existing knowledge of keeping themselves safe in the community. They will learn about risks and dangers in these situations and how to keep themselves and those around them safe.</p>	<p>County lines Homefield park/Skatepark</p>		Stress and anxiety			Value of money (Biannually)
4	AUT		<p>PANTS NSPCC Firework Safety Road, rail, water and fire safety recap (30 mins assembly)</p>				<p>Active listening Anti-Bullying Week Zones of regulation Bright Sparks</p>	<p>Black History Bright Sparks</p>
	SPR 1							
	SPR 2/SUM 1		Dog Trust		<p>More assemblies to add here: 2hr 45 mins assembly time</p>		Autism awareness	World book/maths day
	SUM 2		<p>County lines Homefield park/Skatepark</p>	<p>Smoking (biannually) Addiction (biannually)</p>	Stress and anxiety			<p>Value of money (Biannually) County lines Homefield park/Skatepark</p>
5	AUT		<p>PANTS NSPCC Firework Safety</p>				<p>Active listening Anti-Bullying Week Zones of regulation Bright Sparks</p> <p>Current Affairs (6.5 hrs) This unit will move with whatever news is current and relevant, but should focus on areas such as:</p> <ul style="list-style-type: none"> • Climate change • Democracy • Diversity • Media • Eco issues • Different cultures • British Values <p>Children will learn skills in empathy, discussion and debate, and active listening; and understand the difference between fact and opinion – or real v fake news.</p>	<p>Black History Bright Sparks</p>
	SPR 1			<p>Puberty (1.5 hrs) Children will learn what puberty means; when it will occur; what changes will happen.</p>		<p>Puberty (2 hrs) Children will learn about the different types of family; what constitutes healthy or</p>		Youth Cabinet and Youth Parliament elections

						unhealthy relationships; and the concept of consent.			
	SPR 2/SUM 1		Dog safety Road, fire, water safety, PANTS refresher		Emotional wellbeing		Autism awareness	<p>Current Affairs (7.7 hrs) This unit will move with whatever news is current and relevant, but should focus on areas such as:</p> <ul style="list-style-type: none"> • Climate change • Democracy • Diversity • Media • Eco issues • Different cultures • British Values <p>Children will learn skills in empathy, discussion and debate, and active listening; and understand the difference between fact and opinion – or real v fake news.</p>	World book/maths day
	SUM 2	Fire safety (1.5 hrs)	County lines Homefield park/Skatepark		Stress and anxiety Smoking (biannually) Addiction (biannually)				Value of money (Biannually) County lines Homefield park/Skatepark
6	AUT		<p>PANTS NSPCC Firework Safety</p> <p>Puberty (2 hrs) Children will be taught further on what puberty means; when it will occur; and what kind of bodily and emotional changes they can expect. They will be taught the differences between male and female puberty. The boys will explore penis hygiene and the girls periods and personal hygiene. Children will also be taught about reproduction and sexual relationships – how babies are made and the different types of relationship, including LGBT.</p>				<p>Active listening Anti-Bullying Week Zones of regulation Bright Sparks</p>	<p>Current Affairs (6.5 hrs) This unit will move with whatever news is current and relevant, but should focus on areas such as:</p> <ul style="list-style-type: none"> • Climate change • Democracy • Diversity • Media • Eco issues • Different cultures • British Values <p>Children will learn skills in empathy, discussion and debate, and active listening; and understand the difference between fact and opinion – or real v fake news.</p>	<p>Black History Bright Sparks</p>
	SPR 1							<p>Current Affairs (3 hrs) This unit will move with whatever news is current and relevant, but should focus on areas such as:</p> <ul style="list-style-type: none"> • Climate change • Democracy • Diversity • Media • Eco issues 	Youth Cabinet and Youth Parliament elections

								<ul style="list-style-type: none"> • Different cultures • British Values <p>Children will learn skills in empathy, discussion and debate, and active listening; and understand the difference between fact and opinion – or real v fake news.</p>	
SPR 2/SUM 1		Dog safety		Emotional wellbeing		Autism awareness	<p>Current Affairs (5 hrs) This unit will move with whatever news is current and relevant, but should focus on areas such as:</p> <ul style="list-style-type: none"> • Climate change • Democracy • Diversity • Media • Eco issues • Different cultures • British Values <p>Children will learn skills in empathy, discussion and debate, and active listening; and understand the difference between fact and opinion – or real v fake news.</p> <p>Magistrates (3hrs) This unit will teach children the workings of a magistrate’s court, including the roles and the different types of cases.</p>	World book/maths day	
SUM 2		County lines Homefield park/Skatepark	<p>Healthy lifestyles and choices (5.5 hrs) This unit will look at healthy lifestyles in terms of making the right choices if faced with peer pressure situations eg drugs, alcohol and knife crime. It will also look at stereotyping and homophobia.</p> <p>Transition preparation and strategies from Year 6 to secondary school will also be covered.</p>	<p>Stress and anxiety Smoking (biannually) Addiction (biannually)</p>	<p>Real Love Rocks (4 hrs) This unit focuses on healthy and unhealthy relationships, illustrating the aspects and dangers of grooming, peer pressure and staying safe online, with particular reference to social media and online profiles.</p>		<p>Current Affairs (2.5) This unit will move with whatever news is current and relevant, but should focus on areas such as:</p> <ul style="list-style-type: none"> • Climate change • Democracy • Diversity • Media • Eco issues • Different cultures • British Values <p>Children will learn skills in empathy, discussion and debate, and active listening; and understand the difference between fact and opinion – or real v fake news.</p>	<p>Value of money (Biannually) County lines Homefield park/Skatepark</p>	

Chesswood Bright-Sparks

Be the best we can be, at all times

Respect the rights of others and take our responsibilities seriously

Innovate – we are creative, ask questions, investigate new ideas

Go “the extra mile” in everything we do

Hold high expectations of ourselves and others

Turn up, turn up on time, turn up ready for action

Seize the opportunities we have and make the most of them

Persevere when challenged - think positively, find solutions, never give up!

Aspire to great things – ‘Dream Aspire Achieve,’ be extraordinary

Recognise our part in the community – school, local, national and international

Know we are part of the Chesswood team – we are willing to help and be helped

Show courtesy, care and kindness, all of the time