

Example of an emotion poem

Excited is a brilliant pink,
That tastes like strawberries
And smells of fresh flowers on a summer's day.
It's like the bright colours of the rainbow all mixed
up.

It makes my heart race like a cheetah shooting
across the desert,
My eyes twinkle as if they were stars,
It's when the joy bubbles up inside of me and I
can't hold it in any longer.
It's when my hands tremble in anticipation of what
is to come,

It is children playing
happily,
Families loving each
other,
It is introducing a new
baby to the world,
Finally, it is the best
emotion ever!

Write your poem think about
these things:

- What colour is the emotion?
- What does it taste like?
- What does it smell like?
- What does it look like?
- What does it sound like?
- What does it feel like?

Be creative with your
descriptions and your poem will
come alive.