

Feelings



1. Sami watches a video of an amazing trick shot. They try to do it themselves but just can't get it right.



2. Joe is noticing that lots of the people he sees online do not look like him, they all seem to be so 'perfect'.



3. Mae receives a message that says you should share it with five friends or get bad luck. When Mae shares it, her friends all laugh at her for believing it

4. Mani keeps receiving lots of private messages online from very long and odd-looking usernames. He is not sure who these people are.

5. Charlie sees some exciting news about a new game being released and sends it to her friends. One of them replies explaining that it's not real.



Pick one situation. Tell me how you think the person is feeling. What could they do to make themselves feel better?

[illegible]