

Watch Tim Peake (the astronaut) as a celebrity supply teacher talking about how to survive in space and answer the questions below. The answers are on the next page.

<https://www.bbc.co.uk/iplayer/episode/m000jy9r/celebrity-supply-teacher-series-1-18-tim-peake-science>

Let's see what you found out about adapting eating and drinking in space, due to weightlessness.

Why do astronauts feel full up after just a few mouthfuls of food?

Why avoid crisps in space?

In what type of containers are food and drink stored?

How did Tim make a cup of tea?

What was Tim's favourite tinned space food?

Let's see what you found out about adapting eating and drinking in space, due to weightlessness.

Why do astronauts feel full up after just a few mouthfuls of food?

The food doesn't sink to the bottom of the stomach under the force of gravity as it does on Earth.

Why avoid crisps in space?

Because they would go everywhere!

In what type of containers are food and drink stored?

Tins and foil packets and pouches.

How did Tim make a cup of tea?

Plug the pouch into the hot water dispenser.

What was Tim's favourite tinned space food?

Bacon sarnie (sandwich).