

## Connect It by Anna Meredith



### Anna Meredith and Radio 1's Dev introduce her body percussion piece **Connect It**

Anna Meredith composed Connect It specially for BBC Ten Pieces.

Anna Meredith is a Scottish composer who writes electronic and acoustic music. She likes to work with orchestras, bands and choreographers to create music that uses clapping, stamping, shouting and beatboxing instead of instruments.

In Anna Meredith's body percussion piece 'Connect It' a variety of rhythmic sounds and movements are passed between the performers. This musical effect is known as a canon. A canon is where two or more instruments, voices or sounds play the same music, but starting at different times.

**Listen out for:** The repeated rhythmic patterns and sounds made by people using their bodies as instruments.

## ANNA MEREDITH



Use the link below to watch Anna Meredith create music with clapping and stamping etc - no instruments. She has called her piece of music 'Connect It'

<https://www.bbc.co.uk/programmes/articles/1KCk7p6HMd3wyX6LqndjZbj/connect-it-by-anna-meredith>

Watch the introduction film at the top of the page then starting exploring the piece:

- > Watch the full performance
- > MP3: Listen to or download the music
- > Lesson plans: Activities and exercises
- > Tutorial videos

Then scroll down to the tutorial videos. Click on the link and it will give you a drop down menu like this.

### ▼ Tutorial videos

In the films below, Anna Meredith demonstrates eight choreographed steps which use a combination of body percussion, dance moves and vocal percussion. These moves and sounds link together to form the fabric of Connect It. Anna and the children in the film perform the moves in mirror image so your students can copy exactly what they see on screen.

There are 2 ways of using the films to learn the moves with your pupils:

- Watch the full tutorial (19 minutes) and use the pause button to allow time to rehearse each move
- Watch the tutorial in 4 separate parts (over 4 lessons perhaps) to enable you to get to grips with a few moves per session

Once your students are confident with the moves, you can perform it alongside the **clip from the film** or the audio recording of **Connect It** (MP3) (To download: PC: right-click and save, Mac: ctrl-click and save)

**Print out the lesson notes to use as an aide-mémoire** (PDF)

#### The tutorial videos

**Full: Learn the classroom version of Connect It**

**Part 1: Anna demonstrates 'hand swirls', 'snake wave' and 'swimming haka'**

**Part 2: Anna demonstrates: 'three stage taps', 'cross and yeah' and 'yo-yo'**

**Part 3: Anna demonstrates: 'knee slides' and 'final yeahs'**

**Part 4: This split screen film shows the classroom version alongside the film of Connect It**

Watch the 4 video tutorials to learn about the choreography, then, if you are feeling brave enough, have a go yourself.

Record your performance and send it in to Mrs Cossins.