

## A day in the life of a Roman Soldier

N.B. Throughout keep asking the children to describe how they, as Roman Soldiers, might be feeling.

- 1) Have everyone asleep on their desk
- 2) Wake them all up by pretending to be their Centurion/Officer who has just heard that invaders have camped just over the hill and are preparing to attack.
- 3) Ask the children to wake up and get ready to fight as quickly as they can. Have they got all the correct equipment (keep using the technical terms)?
- 4) Ask them to grab a quick bite to eat and a drink and then line up ready to march (what might they eat and drink for breakfast?)
- 5) March out of the class in formation onto the playground.
- 6) Be very firm about discipline highlighting what would happen to those who didn't do as they were told.
- 7) When on the playground pretend that you have suddenly been attacked by arrows and that they need to take cover and then quickly get into formation to protect themselves and each other with their Scutum.
- 8) Check their formations (practise the formations from the research sheets) and make sure that some Pilums are pointing forwards.
- 9) Start marching slowly forward with the group having to occasionally take cover from incoming arrows.
- 10) As you start to approach the invaders talk about the importance of staying disciplined and staying in formation.
- 11) Attack the invaders in formation. Staying calm and working together.
- 12) Celebrate victory and describe how it feels. Have any of your friends been injured or killed?
- 13) Go back to the camp to celebrate more.