



WEST SUSSEX COUNTY COUNCIL
CHESSWOOD JUNIOR SCHOOL
Chesswood Road Worthing West Sussex BN11 2AA



Head Teacher: Mr Andrew Jolley

Telephone: Worthing (01903) 204141/2
Fax: Worthing (01903) 215032

www.chesswood.w-sussex.sch.uk
office@chesswood.w-sussex.sch.uk

30th June 2021

Dear Parents and Carers,

Relationships and Health Education

As a part of your child's education at Chesswood, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

Due to the new statutory guidance for Relationships and Health Education (RHE), we have a new policy on the relationships and sex education (RSE) aspect of this programme and are seeking consultation from parents and governors.

In the Autumn Term, Years 5 and 6 will be taking part in lessons which will focus on the relationships and sex education (RSE) strand.

Lessons in Year 5 will include learning about: healthy relationships, including friendships; families; growing and changing, including puberty and menstruation; personal hygiene; changing feelings; appropriate touching and consent; and mental health and wellbeing.

Lessons in Year 6 will include learning about: healthy relationships, including friendships; families; puberty and adolescence including menstruation and conception; personal hygiene; appropriate touching and consent; stereotypes including homophobia; and peer pressure. Pupils will also have opportunities to ask questions.

Please read our RHE policy to find out more about what your child will learn: [Link](#)

Please complete the parent questionnaire **by Wednesday 7th July 2021**: [Link](#)

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum: [Link](#)

Yours sincerely,

Gaby Robinson-Wright
PSHE Lead

DREAM – ASPIRE - ACHIEVE