



WEST SUSSEX COUNTY COUNCIL
CHESSWOOD JUNIOR SCHOOL
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5th October 2021

Dear Parents,

Year 6 – Relationships and Health Education – Autumn Term 2021

As detailed in our previous letter, this week, we will be starting to cover some aspects of the Year 6 Relationships and Health Education, which includes elements of age-appropriate and government-advised sex education.

We shall be building on last year's coverage of this topic, with the following themes: healthy relationships, including friendships; families; puberty and adolescence including menstruation and conception; personal hygiene; appropriate touching and consent; stereotypes including homophobia; and peer pressure. Pupils will also have opportunities to ask questions.

This part of the curriculum has been meticulously planned and we will use a range of age-appropriate resources, some of which we have made available on our school website. Click [here](#) if you would like to:

- find out more about what we deliver in school
- access further helpful resources to be used by parents in individual circumstances
- view our up-to-date Relationships and Health Education policies

Parents/carers have the right to withdraw their child from some RHE elements, but not from those that cover puberty, healthy relationships, or the science curriculum element of sex education. If this is your choice, please contact your child's teacher in confidence.

Yours sincerely,

Jo Peace
Year 6 Leader

DREAM – ASPIRE - ACHIEVE