



Young Carers



Does your child or a child you know help to look after a relative with a disability, special needs, illness, mental health condition, or drug or alcohol problem?

Young carers may undertake all sorts of help, support and care activities beyond normal expectations of a child in the same age group i.e. beyond keeping the bed room tidy and helping with some household chores.

Examples of help, support and care activities

- Practical tasks, like cooking, housework and shopping.
- Physical care, such as helping someone out of bed.
- Emotional support, including talking to someone who is distressed.
- Personal care, such as helping someone dress.
- Managing the family budget and collecting prescriptions.
- Helping to give medicine.
- Helping someone communicate.
- Looking after brothers and sisters.

If you think your child could reasonably be considered a young carer please contact us by email

pastoral@chesswood.w-sussex.sch.uk

No access to email? Please call 01903 204141 and ask for a member of the pastoral team

Our pastoral team will be able to help secure access support for Young Carers

Further Information:

Visit our Young Carers information page

HOME > PASTORAL > CHILD AND FAMILY SUPPORT > YOUNG CARERS

<https://www.chesswood.w-sussex.sch.uk/page/?title=Young+Carers&pid=1651&action=saved>

Dream Aspire Achieve

Children's Fiction Book Donations

Do you have children's fiction
books at home that:

- are suitable for 5-11 year olds
- are unlikely to be read again,
by your child
- need a great new home
- are in good+ condition

If so, please send them into
school.

We are happy to accept one, a few
or lots of fiction books 😊

All good quality books will be put
to good use in the school library



Significant Safeguarding Risk



On a number of occasions in school we have dealt with issues arising from 'WhatsApp Groups', usually around unkind and inappropriate comments and language. These are dealt with in line with our behaviour policy and children are reminded regularly about both the consequences of online behaviour and how to keep safe online.

Dealing with online behaviour is one level of concern. However, through recently investigating a 'WhatsApp Group' including a large number of Chesswood pupils, very significant safeguarding concerns for ALL CHILDREN USING WHATSAPP have arisen. All adults must be aware of the following concerns:-

Any child with the WhatsApp App can be added to ANY group without their consent given

This happens when any member of a group has their number and invites them to join. They are instantly added to the group without consent. We have spoken to children who have been added to completely random groups.

The group may contain children at Chesswood, other schools or any other unknown contacts including adults

The group identified today contained approximately 20 Chesswood pupils (all who had been added) alongside approximately 40 other unknown contacts, some of whom we know have accessed communication with children through other online means.

Once added, the child's number is displayed in the group and is accessible to anyone in that group

We have had it confirmed that this is a method used by adults grooming - collecting numbers, especially of those they see are open to talking to strangers.

WHAT CAN PARENTS DO?

- Recognise that any child on WhatsApp (regardless of their level of understanding of internet safety) are at risk of being added to groups including people that they don't know - thus exposing their personal details (number, name, photo) to strangers
- Remove the WhatsApp App - there are clear reasons it is for 16+
- Check child's phone and online activity at regular intervals
- Read: <https://oursaferschools.co.uk/2021/07/29/whats-up-with-whatsapp/>



Information

CHESSWOOD JUNIOR SCHOOL *News*



Published – 09/09/2022

Weekly Communication Roundup

[School Calendar here](#) – Don't miss out!

School Photographs – Monday 12th and Tuesday 13th September

Harvest Festival – Wednesday 21st September
Meet the teacher –

Year 3 – Monday 12th September

Year 4 - Tuesday 13th September

Year 5 – Friday 16th September

Year 6 – Thursday 15th September

Do you have a concern?

We hope you and your child have a great school experience. However, if you hold a concern about an experience at Chesswood Junior School, please share it with us. We always try to provide the best school experience we can for all members of the school community and we are interested to know where we can make improvements, small or large. Please use this email to share a concern: concern@chesswood.w-sussex.sch.uk We will always respond within 5 working days and often much quicker than that. You may also tag specific individual professionals but we would ask that the concern@ email address is always used to ensure senior leaders are kept well informed of experiences for children and families.

Keeping up to speed

We are very aware both professionally and personally how hard it is to keep up with communications from school and from everywhere else for that matter.

And, nobody has the time to search for letters they think they might have missed and are experiencing understandable parent anxiety of the consequences of missing important communications.

We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily.

You may find the current and all previous newsletters for this academic year for reference on our website –

[Chesswood Junior School - Latest Correspondence](#)

Newsletter from previous academic years may be found at –

[Chesswood Junior School - Previous Academic Year Newsletters](#)

You may find all current term correspondence for the whole school –

[Chesswood Junior School - Current Academic Year Correspondence](#)

Current and previous correspondence for specific year groups

Year 3 - [Chesswood Junior School - Year 3](#)

Year 4 - [Chesswood Junior School - Year 4](#)

Year 5 - [Chesswood Junior School - Year 5](#)

Year 6 - [Chesswood Junior School - Year 6](#)

Assembly information - [click here](#)



Empties Please

Congratulations to ...


Chesswood Junior School


For raising £217.25 and 218 green points
From their printer cartridge collecting 'to date'

The Empties Please Team
Nina Cruxton – Recycling Co-ordinator
1st September 2022
Date

Meet the Teacher

There will be an opportunity for parents to meet their child's new teacher again and learn more information about the year ahead. The meeting will begin shortly after the end of the school day, once children whose parents aren't attending have been collected. The session will last approximately 30 minutes including details regarding time tabling, the year group curriculum, homework and the opportunities to speak to your child's teacher should you have any questions or require further information. If you are unable to attend and would like a copy of the information shared at the meeting, please speak to your child's teacher and this will be sent to you next week. We look forward to seeing you.

School Photographs

Please note that individual school photographs for all children will be taking place on Monday 12th September. Sibling photographs will be on Tuesday 13th September. As a result of this, all children will need to wear their full school uniform on Monday. They will do PE in their school uniform and will not need to change into their PE kit for the session. Children who have a sibling in school should also wear their uniform on Tuesday. Should you have any questions, please speak with a member of the admin team either by visiting reception, calling 01903 204141 or emailing office@chesswood.w-sussex.sch.uk.



Pupils Birthdays

We will continue to celebrate pupils birthdays with a card from the whole school PLUS the added bonus of your child being able to wear their own choice of clothes on their special day. If your child's birthday falls on the weekend, or during the holiday period please choose the most appropriate day for them to have their non uniform day.

Sports News

PE Timetable

Day	Morning	Afternoon
Monday	All Y3 Classes 6AH	All Y4 Classes
Tuesday		All Y3 Classes
Wednesday	6SJ	6NS, 6NB, 6PO, 6RW
Thursday	All Y4 Classes	All Y5 Classes
Friday	All Y5 Classes	All Y6 Classes

A Reminder that on PE days all long hair (shoulder length or longer) must be tied up and away from the face. All jewellery (earrings/necklaces/watches) should be removed before lessons for safety reasons. If earring have been recently pierced (within the last 6 weeks) they must be covered by tape or plasters. If your child is unable to take earrings out independently, please remove them at home before school on PE days.

Music

List of music and instrumental teachers		
 <p>Claire Cossins Specialist Music Curriculum Teacher and Co-ordinator Leads all choir and music extra-curricular activity including the Performing Arts ccossins@chesswood.w-sussex.sch.uk</p>	 <p>Paul Whiteside Drum teacher E-mail: Pwhiteside9@msn.com</p>	
 <p>Joy White Brass teacher E-mail: joywhitebrass@gmail.com Phone: 07522 275221</p>	 <p>Erin Harte-Stovell Violin and strings teacher E-mail: Erinhartestovellviolin@gmail.com</p>	
 <p>Rocksteady Music School Learn to play an instrument in a rock band. Choose from electric guitar, bass guitar, keyboards, drums and vocals. For more details contact: info@rocksteadymusicschool.com Phone: 0330 113 9330</p>	 <p>Anne Whiteside Keyboard, piano and flute teacher E-mail: Annwhiteside@hotmail.com Phone: 07953855154</p>	
 <p>Peter Marchant Guitar teacher (Acoustic, Electric and Ukulele) E-mail: petermarchant19@hotmail.co.uk Phone: 07876597559</p>	 <p>Charley Bolton Singing Teacher E-mail: Charlotte.bolton@live.co.uk Phone: 07700 277116 Sign Up Here!</p>	

FRIENDS OF CHESSWOOD

We will be holding our Annual General Meeting for the Friends of Chesswood on **Friday 30th September at 9am.** **This is open to all** so please come along and join us in the Staff Room after dropping the children off.

We are obliged to hold our formal AGM meeting to commence the new year but will keep this as brief as possible and will then continue with an informal chat to discuss events and fundraising for this school year.

Everyone is welcome, whether you are able to come to meetings to help plan, help with preparation behind the scenes or help at an event. Please come and speak to our team.

There will be coffee and cake available prior to the meeting which will start at 9am. We are happy for pre-school children to join us.





Make Your Own Computer Game Competition!

Send all entries to Mr Harney and Mr Barnard.

Competition closes: October 14th

Visit 'Microsoft Make Code Arcade', 'Scratch' or 'Kodu' to start making your games!









Autumn Wish List

TURNING TIDES
ENDING LOCAL HOMELESSNESS
WWW.TURNING-TIDES.ORG.UK

Support us this Autumn!
Fresh. Quality. New. Pre-loved. Your donations will make all the difference.

All things breakfast

- Fresh bacon, sausages and eggs
- Mushrooms and tomatoes
- Coffee
- Long life milk
- Carton juice
- Sugar
- Ketchup and brown sauce

On the go snacks/light meals

- Spreads - peanut butter, sandwich paste, marmite, chocolate spread etc
- Small bottled and carton drinks/water
- Cereal bars
- Snack pots
- Tinned ham, corned beef and fish
- Tinned meals - meat and vegetarian
- Tinned pies - meat and vegetarian
- Pot noodles
- Tin custard and rice pudding
- Cooking sauces

All cleaned up

- Toilet rolls
- Kitchen towels
- Washing up liquid
- Anti-bac sprays
- Cleaning wipes
- Washing powder
- All purpose cleaner

Autumn & winter outside

- Small tents
- Roll mats
- Rucksacks
- Backpacks
- Sleeping bags

Keeping clean & healthy

- Shampoo and conditioner
- Shaving gels and razors
- Deodorants
- Bath towels
- Men's boxers
- Women's briefs
- Women & men's tees

Items can be taken to our Donations Service
Open Tuesday, Wednesday & Friday, 9am-12:30pm
Email: donations@turning-tides.org.uk
Phone: 01903 680740 Ext No: 248
Donations Service, Unit 1
The Siger Close, Worthing
BN11 2RN

THANK YOU

Family Information and Community Support



Girls Net – Rites for Girls

"For the past 6 weeks it was something I enjoyed doing and felt safe doing it with girls who were all individually unique and kind. When we finished tonight's session, I felt so loved and safe and accepted of who I was and nothing more, I stayed with that feeling for 5 minutes absorbing it and it was a feeling I want to go back to as many times as possible – and that is all thanks to you ...

www.ritesforgirls.com

Facilities Recruitment Day

NHS
University
Hospitals Sussex
NHS Foundation Trust

Drop in events taking place:

St Richard's Hospital
09.30 - 15.00
Thursday 8 September
Chichester Medical Education
Centre (CMEC)
Undergraduate Room

Worthing Hospital
09.00 - 15.00
Monday 12 September
Kaizen Suite
(next to Outpatients)

Permanent and part time roles with flexible shift patterns including options for weekends and evenings

Cleaners • Catering • Porters



Why join us?

- Competitive pay - weekend and evening enhancements
- Permanent roles with career stability
- 27 days annual leave plus bank holidays
- Excellent company pension
- Host of other benefits and discounts!



For more information and to apply please contact:
uhsussex.facilitiesrecruitment@nhs.net or telephone 01273 664433
or <https://www.uhsussex.nhs.uk/join-us/facilities-estates-jobs/>

Summer Reading Challenge

Please be aware that the Summer Reading Challenge closes on Saturday 10th September



Introducing... Gadgeteers!



Charity Fund Raising

Over the summer holidays Lola raised money for the Princess Trust by having her hair cut and donating her hair. Lola raised £267.00, well done Lola.



Lyndhurst Infant School



Open Day & Evening Sessions for
Parents/Carers of Children starting school
in September 2023

Thursday 6th October at 9:15am
Thursday 6th October at 10:30am
Wednesday 12th October at 5:00pm
Thursday 13th October at 9:15am
Thursday 13th October at 10:30am
Tuesday 18th October at 9:30am
Tuesday 8th November at 9:15am
Tuesday 8th November at 10:30am
Thursday 24th November at 9:30am

Places at each session are limited, so please only book 1 session. Please contact the school office if you would like to book onto one of these sessions:

Tel: 01903 235390

Email: office@lyndhurst-school.co.uk

Open days will include a tour of the whole school and an opportunity to meet the Head Teacher.

Open evenings will also involve a tour of the school, but there will be no children 'at work'. The tour will be divided into two groups, one led by the Head Teacher and one by the Deputy Head Teacher.

** These are information sessions for parents/carers only. Please book a session at a time that you can attend without children.



"The Lord's Prayer 1!"
Monday 12th September
3.30-5.30pm

St George's Church
St George's Road BN11 2DS
Come & join us for crafts, games,
celebration & a meal

No charge, no need to book
Donations appreciated.

For further details contact
Kathryn 07594608590
www.stgw.org.uk



DEVELOPMENT THROUGH
DRAMA

AGES 4 -18!
2 X WEEK TRIAL
NOW!

CONTACT

07980 607139
sussex@helenogrady.co.uk
www.helenogrady.sussex.co.uk

BRIGHTON - HOVE - HASSOCKS
DITCHLING - SHOREHAM -
WORTHING - HAYWARDS HEATH

HELEN O'GRADY DRAMA ACADEMY, SUSSEX

DEAR PARENT OR GUARDIAN,

Our drama and acting clubs promote **confidence, clarity and creativity** in your child's **communication and language** skills. All of this is taught via a carefully crafted, termly curriculum with the special ingredient of **MASSES OF FUN!**
Our relevant drama programme draws on current arts education thinking and has great benefits for life:

- Public speaking and performance skills
- Meeting and making new friends
- Mindfulness, self-esteem & renewed resilience
- Discipline through listening, movement, and teamwork
- Presentations, performances, and rewards

We are proud of our track record promoting confidence, encouraging clear speech, and nurturing young people's creative talents through 'theatre-thinking' in a healthy and positive environment.

Our mantra is 'work hard and be nice to each other' 🌟

What our Sussex Parents + Carers say:

'Your academy has had such a positive effect on our son. He loves going to class and loves his teacher. The difference in him has really been noticed during school, but also on a wider level. His confidence has changed significantly. Fantastic!!'

'The classes my daughter attended are wonderful. She was struggling with her speech and language development and has come on leaps and bounds under her teacher's tuition'

Call for a chat or email me about your child to book in your **2 x week trial now** and join the #HOGDAfam this term!

My warmest wishes, Gareth Corke (Principal)

WWW.HELENOGRADYSUSSEX.CO.UK



'THE BEST CLUB SHE'S BEEN TO ... IT'S JUST EAT, SLEEP & DRAMA NOW!'
Sussex Parents

WEEKLY DRAMA CLASSES ★

CLASSES START FROM 12 SEPTEMBER

NEAR YOU!

TRIAL CLASSES★

voice confidence

ENROL FOR AUTUMN TERM NOW!
email: sussex@helenogrady.co.uk
visit our website: www.helenogradysussex.co.uk

approved activity providers

or call Gareth: 07980 607139

Adur & Worthing Council
Brighton & Hove City Council

* Ts & Cs apply

Non-stop party entertainment!

GIGS 4 KIDZ

FRIDAY 9th September
From 5.30 - 8pm
at the HARBOUR CLUB, SHOREHAM BEACH

Open to all and free entry!

Celebrate the first week back to school with a party!
Live music, singing & dancing fun
for the whole family!

Free Entry
www.gigs4kidz.co.uk