

Physical Education

Year 3 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
348:26	Discrete	00:00	Why are humans animals too?	00:00	Why are humans animals too?	00:00	Stones and bones	00:00	353:27	- 05:01	101%
Autumn	Total Time	10:00	Total Time	14:00	Total Time	01:00	Total Time	03:00	Planned	28:00	74:00
	Gymnastics 1	05:00	Invasion 1 - Football, Rugby, Basketball	13:00	Adventure - Where are we?	01:00	Personal Challenges	03:00	Allocated	27:52	75:12
	Intro to Dance	05:00	Athlete - Endurance Running	01:00					Difference	- 00:07	01:12
150:36	Discrete		Discrete		Discrete		Discrete		153:20	- 02:43	102%
Spring	Total Time	06:00	Total Time	06:00	Total Time		Total Time		Planned	12:00	74:00
	Athlete - Indoor Athletics 1	06:00	Gymnasitics 2	03:00					Allocated	12:02	75:12
			Animal Dance	03:00					Difference	00:02	01:12
269:50	Discrete	00:00	Discrete	00:00	Discover Europe	00:00	Raging Rivers	00:00	271:53	- 02:03	101%
Spring Summer	Total Time	08:00	Total Time	07:00	Total Time	06:00			Planned	21:00	74:00
	Invasion 2 - Netball, Hockey	08:00	Invasion 3 - Endball	04:00	S&F - Rolling, Stoppnig & Catching	03:00			Allocated	21:35	75:12
			Scooting	03:00	NAK	03:00			Difference	00:35	01:12
171:06	Discrete	00:00	What did the Romans do for us?	00:00	Discrete	00:00	Discrete	00:00	174:52	- 03:45	102%
Summer	Total Time	05:00	Total Time	08:00	Total Time		Total Time		Planned	13:00	74:00
	Athletics	03:00	S&F - Striking a Ball	04:00					Allocated	13:41	75:12
	Athlete - Sports Day	02:00	Target - Tennis Skills	04:00					Difference	00:41	01:12

Year 4 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
348:26	Batteries Included	00:00	Where does my food go?	00:00	Were the dark ages dark?	04:08			348:57	- 00:31	100%
Autumn	Total Time	12:00	Total Time	01:00	Total Time	04:00	Total Time	10:00	Planned	27:00	74:00
	Gymnastics 3	06:00	Athlete - Endurance Running	01:00	Tag Rugby	04:00	Football	05:00	Allocated	27:52	75:12
	Invasion 4 - Basketball	06:00					Hockey	05:00	Difference	00:52	01:12
150:36	Discrete	00:00	Discrete	00:00	Dragons - Fact or fiction?	-00:17			154:20	- 03:43	102%
Spring	Total Time	12:00	Total Time		Total Time		Total Time		Planned	12:00	74:00
	Story-Telling Dance	06:00							Allocated	12:02	75:12
	Indoor Athletics 2	06:00							Difference	00:02	01:12
269:50						00:44			272:43	- 02:53	101%
Spring Summer	Total Time	12:00	Total Time	09:00	Total Time				Planned	21:00	74:00
	Gymnastics 4	10:00	S&F - Cricket Skills	03:00					Allocated	21:35	75:12
	Invasion 5 - Netball	06:00	Target - Tri-Golf	06:00					Difference	00:35	01:12
171:06	Discrete	00:00	Discrete	00:00	Footprints	-00:23			272:43	- 02:53	101%
Summer	Total Time	05:00	Total Time	09:00	Total Time		Total Time		Planned	14:00	74:00
	Athletics	03:00	S&F - Rounders	05:00					Allocated	13:41	75:12
	Athlete - Sports Day	02:00	Target - Tennis	04:00					Difference	- 00:18	01:12

Year 5 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
348:26	Discrete	00:00	To the stars & Aspirations	00:00	The ancient Greeks	-00:30			352:41	- 04:14	101%
Autumn	Total Time	12:00	Total Time	09:00	Total Time	07:00	Total Time		Planned	28:00	74:00
	Gymnastics 5	06:00	Invasion 6 - Hockey & Football	08:00	Athlete - Indoor Athletics 3	05:00			Allocated	27:52	74:33
	Dance - James Bond	06:00	Athlete - Endurance Running	01:00	Team Challenge	02:00			Difference	- 00:07	00:33
150:36	Discrete	00:00	Rites and Rituals (Mayan)	00:00	Moving Stuff	-00:05			153:19	- 02:42	102%
Spring	Total Time	06:00	Total Time	06:00	Total Time		Total Time		Planned	12:00	74:00
	Invasion 7 - Netball, Basketball	06:00	Adventure - Problems, Problems	03:00					Allocated	12:02	74:33
			Gymnastics	03:00					Difference	00:02	00:33
269:50						05:08			269:07	- 02:17	101%
Spring Summer	Total Time	03:00	Total Time	08:00	Total Time	10:00	Total Time		Planned	21:00	74:00
	S&F - Stoolball	03:00	CJS PE - Becoming a First Aider	02:00	Handball	06:00			Allocated	21:20	74:33
			CJS PE - Swimming	06:00	???	04:00			Difference	00:20	00:33
166:06	Discrete	00:00	Materials their origin, use and trade	00:00	Discrete	-01:12			169:55	- 03:48	102%
Summer	Total Time	05:00	Total Time	08:00	Total Time		Total Time		Planned	13:00	74:00
	Athletics	03:00	Target - Tennis	04:00					Allocated	13:17	74:33
	Athlete - Sports Day	02:00	CJS PE - Swimming	04:00					Difference	00:17	00:33

Year 6 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
348:26	Voyage of Discovery	00:00	Voyage of Discovery	00:00	Who's the Mummy?	00:00	Discrete	00:00	354:11	- 05:44	102%
Autumn	Total Time	10:00	Total Time	06:00	Total Time	03:30	Total Time	08:00	Planned	27:30	69:30
	Gymnastics 6	05:00	Athlete - Endurance Running	01:00	Adventure - Bristol OAA	02:30	Football	04:00	Allocated	27:52	75:12
	Dance - The Hogwarts Ball	05:00	Athlete - Indoor Athletics	05:00	Sports Education	01:00	Netball	04:00	Difference	00:22	05:42
150:36	Discrete	00:00	Angry Earth	00:00	Discrete	-00:05			153:11	- 02:34	102%
Spring	Total Time	06:00	Total Time	06:00	Total Time		Total Time		Planned	12:00	69:30
	Target - Table Tennis	04:00	Basketball/Hockey	06:00					Allocated	12:02	75:12
	Adventure - This is a tricky one...	02:00							Difference	00:02	05:42
269:50						-00:52			271:48	- 01:58	101%
Spring Summer	Total Time	03:00	Total Time	09:00	Total Time	06:00	Total Time		Planned	18:00	69:30
			Athlete - Sports Day	02:00	Table Tennis	02:00			Allocated	21:35	75:12
	Athletics	03:00	S&F - Cricket/ Rounders/ Stoolball	07:00	This is a tricky one	04:00			Difference	03:35	05:42
171:06	Discrete	00:00	Race Day	00:00	Race Day	00:32			172:45	- 01:38	101%
Summer	Total Time	10:00	Total Time	02:00	Total Time		Total Time		Planned	12:00	69:30
	S&F - Rounders, Stoolball	06:00	Mini-Olympic Organiser	02:00					Allocated	13:41	75:12
	Target - Tennis	04:00							Difference	01:41	05:42