



## CHESSWOOD JUNIOR SCHOOL

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### Weekly Communication Roundup 4<sup>th</sup> February 2022

**Class Photos** – Postponed to 26<sup>th</sup> April

**Pre-Loved Uniform Sale** – 15<sup>th</sup> February

**Half-term** – starts Monday 21<sup>st</sup> February

**World Book Day** – Thursday 3<sup>rd</sup> March

**Year 6 Michelham Priory Trip** – 6PO, 6RW & 6NS Tuesday 8<sup>th</sup> March & 6SJ, 6NB, 6EW & 6AH Friday 11<sup>th</sup> March

**Inset Day** – Wednesday 9<sup>th</sup> March

## 1. Latest Correspondence – All – Information

| Keeping up to speed   |  |
|---|--|
| We are very aware both professionally and personally how hard it is to keep up with communications from school and from everywhere else for that matter. And, nobody has the time to search for letters they think they might have missed and are experiencing understandable parent anxiety of the consequences of missing important communications. We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily. |  |
| You may find the current and all previous newsletters for this academic year for reference on our website   | <a href="#">Chesswood Junior School - Latest Correspondence</a>                |
| Newsletter from previous academic years may be found at   | <a href="#">Chesswood Junior School - Previous Academic Year Newsletters</a>   |
| You may find all current term correspondence for the whole school   | <a href="#">Chesswood Junior School - Current Academic Year Correspondence</a> |
| Current and previous correspondence for specific year groups  |  |
| Year 3  | <a href="#">Chesswood Junior School - Year 3</a>                               |
| Year 4  | <a href="#">Chesswood Junior School - Year 4</a>                               |
| Year 5  | <a href="#">Chesswood Junior School - Year 5</a>                               |
| Year 6  | <a href="#">Chesswood Junior School - Year 6</a>                               |

## 2. Weekly Attendance – All – Information

### **Bright Sparks – Turn up, Turn up on Time, Turn up Ready for Action!**

**The following classes have won the year group attendance trophies for Week beginning 31st January. Well done!!**

| Year 3       | Year 4       | Year 5       | Year 6       |
|--------------|--------------|--------------|--------------|
| 3HG<br>88.4% | 4CR<br>87.9% | 5CL<br>87.7% | 6NB<br>87.1% |

## 3. Sweets in School – All - Information

Teachers across the school, especially in year 6, have recently noticed that a number of children are bringing sweets, such as Haribo and Toxic Waste, into school and are eating them on the journey here or in the playground - it might be that the children are buying them on the way into school. High levels of sugar affect mood, concentration, and other aspects of behaviour, which has been noticeable in the mornings in the children who have been eating sweets. Please can you remind your child that sweets are not allowed to be eaten in school and are not a good idea before school.

Through science and design technology, we teach children about healthy eating and diet; health is also a core message in our School Brochure:

**1.3.3. Child Health and Well-Being** Early health and well-being provides a firm foundation for later life. Allied to SMSC; securing child health and well-being ensures improved achievement for all in the widest sense. It is therefore, a core school responsibility. It is an integral part of the ethos, values and principles pervading children's school experience underpinned by a 'formal curriculum' that supports children's ability to stay healthy; enjoy a sense of well-being and hold a zest for life.

**11.1 Break Arrangements** Breaktime is staggered to allow children more space to play: year 3 & 5 from 10am – 10.15am and year 4 & 6 from 11am – 11.15am. Children are encouraged to have a healthy snack to eat and water during this break.

**12. Lunchtime Arrangements - Chartwells Hot Lunches** Healthy, balanced meals are created using top quality ingredients, sourced only from approved Compass Group suppliers who meet stringent standards of quality and safety.

**Packed Lunches** School meals are a great choice, but if you do make a packed lunch for your child, please consider the guidance on our 'Packed Lunches' web page, so your child fuels up, stays healthy and is ready to learn.

Thank you for supporting us with this important message.

Mr Yelling, Assistant Headteacher

## 4. Inset Day – All – information

If you would like to book a place for your child for Inset Day please see the information detailed below for booking arrangements. This facility is also open to Springfield children as they also have an Inset day on the same day.



**CHESSWOOD JUNIOR SCHOOL**  
***Home of Bright Sparks***  
Chesswood Road Worthing West Sussex BN11 2AA  
**Head Teacher: Mr Andrew Jolley**

[www.chesswood.w-sussex.sch.uk](http://www.chesswood.w-sussex.sch.uk)  
[office@chesswood.w-sussex.sch.uk](mailto:office@chesswood.w-sussex.sch.uk)  
Tel: Worthing (01903) 204141/2



January 2022

Dear Parents

### **Inset Day – Wednesday 9<sup>th</sup> March 2022**

We will be holding an INSET day at Chesswood on Wednesday 9<sup>th</sup> March 2022 and plan to arrange childcare facilities, at school, for families who need it.

The details are as follows:

- Wednesday 9<sup>th</sup> March 2022 - 7:30am to 3:30pm to include breakfast.
- A range of activities will be provided throughout the day, such as art and craft, board and card games, sports, nature documentaries and general play.
- Children will need a packed lunch and a fruit snack. Breakfast will be supplied between 7:30am – 8:15am.
- The cost for the day will be £25.00 per child to be paid in full by Monday 28<sup>th</sup> February 2022.
- Numbers will be limited and based on a first come first served basis, for paid only bookings (non-refundable)

The children will be cared for throughout the day by members of our school support staff, all of whom are suitably qualified, DBS checked and hold first aid qualifications.

Should you wish your child to attend, please book online via ~~SchoolsBuddy~~. Where two or more siblings are attending we will offer a 50% reduction in fees for the second child - please contact Kate Brown to arrange this. All bookings must be made no later than **Monday 28<sup>th</sup> February 2022**, please.

Yours sincerely

Andrew Jolley

## 5. Non-prescribed Medication Consent – All - Information

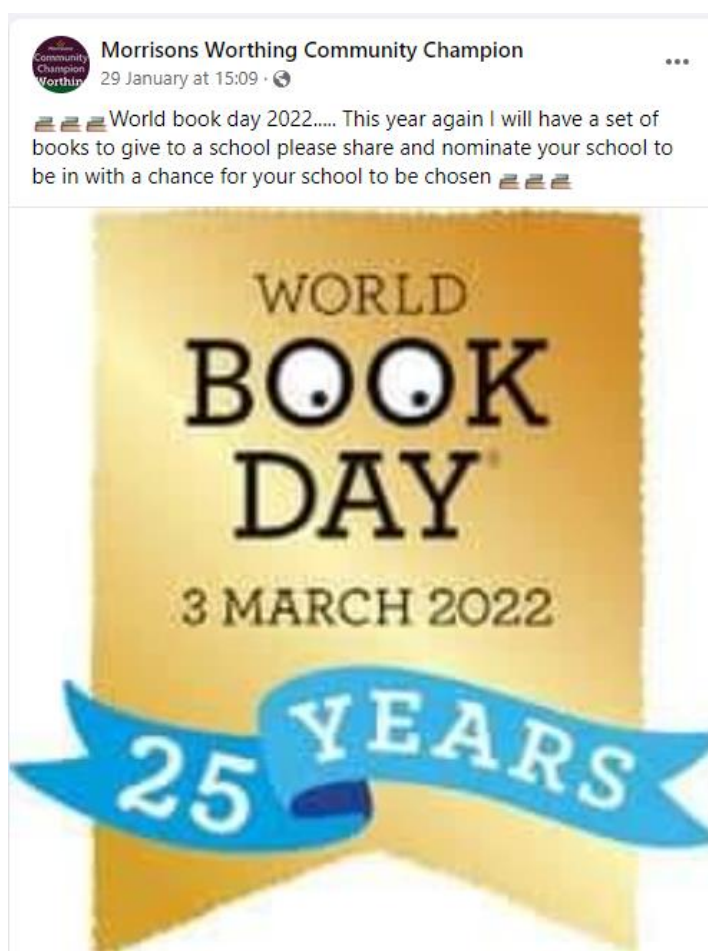
In accordance with legislation regarding the giving of non-prescribed medicine to children, schools are now able to hold a small stock of standard paracetamol and anti-histamine on site to use if a child needs it for pain or allergy relief. These medications will only be administered under limited circumstances (if they develop a headache, mild allergic reaction or any other type of mild to moderate pain whilst in school). Obviously, if your child is very unwell, we will contact you to collect them. Should you wish your child to have paracetamol and anti-histamine administered during the school day, please complete the online Parental Agreement form – short term, non-prescribed ‘ad-hoc’ medication, which can be found by clicking on the link [HERE](#) or visiting the school website. [HOME > PASTORAL > MEDICAL INTERVENTION > AD HOC MEDICAL CONSENT](#)

## 6. Class Photographs

Due to a number of Staff and Pupils currently unwell, Class Photographs will now take place on Tuesday 26<sup>th</sup> April 2022.

## 7. World Book Day – All – Information

World book day this year is on Thursday 3<sup>rd</sup> March and we will be asking all pupils and staff to dress up on this day as their favourite character from a book of their choice. Morrisons Worthing Community Champions have a Facebook page and are encouraging votes for local schools to win a set of books that they have to give away – so please vote for Chesswood on their page.



## 8. Community Hub – All – Information

Community Hub – Support for all families available for those children and families not eligible for FSM are able to access support for food, fuel, clothing, and essentials via the WSCC Community Hub. The Community Hub can be contacted on 0330 222 7980 and is open 08:00 – 20:00 Monday to Friday and 09:00 – 17:00 weekends and bank holidays. Further information can be found via West Sussex County Council website <https://www.westsussex.gov.uk/fire-emergencies-and-crime/coronavirus-covid-19-advice-and-information/request-advice-and-support/community-hub/>

## 9. Sports News – All – Information

### More Sussex Champions!



The Y6 Basketball Team played against 5 other schools from across Sussex on Tuesday afternoon to see who was the best in Sussex.

First up was St Francis Primary School from Crawley – a close opening game but the team took control winning 10-6. Next was Tufnell Primary from West Sussex West area – this was much more straightforward with a 24-0 victory. Funtington Primary was next although the team went 2-0 down easily came back to win 14-2. St Wilfird's from Mid Sussex were next, this ended in a 4-4 draw in a game we dominated but just couldn't find the net. Finally we played St Peter's from Shoreham again it was another comfortable win for the team 12-4.

The team showed a fantastic attitude through and work well together and for each other and there were lots of positive comments from the other schools about their play.

Overall – 64 points score in 5 games and only 16 points conceded, 4 wins and a draw = THE FIRST EVER SUSSEX BASKETBALL CHAMPIONS!

**Team:** Gabriel, Kaspian, Hayden, Ella and Sophia

#### Upcoming Events:

Tuesday 8<sup>th</sup> – Y4 Netball Festival

Thursday 10<sup>th</sup> – Y3/4 Netball Shootout

Tuesday 15<sup>th</sup> – Y5 Netball Festival

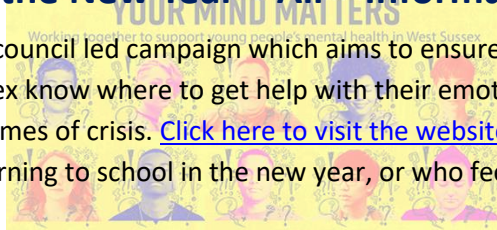
Wednesday 16<sup>th</sup> – Y5 Football Competition

If your daughter is interested in playing or trying out football there are still places available on a Monday afternoon at the club, email Mr Quick if your daughter is interested.

Mr Quick is still looking for Year 5 or 6 pupils to join the Dodgeball Club on Monday mornings in the Gym. Please contact Mr Quick via email if your child would like a place.

## 10. Support During the New Year – All – Information

[Your Mind Matters](#) is a county council led campaign which aims to ensure young people, parents and professionals across West Sussex know where to get help with their emotional wellbeing and mental health, both in general and in times of crisis. [Click here to visit the website](#), which has resources to help children who may struggle returning to school in the new year, or who feel uncertain about the year ahead.



## 11. Pre-Loved Uniform – All – Information

We are holding a Pre-Loved Uniform Sale on Tuesday 15<sup>th</sup> February, if parents would like to kindly donate any unwanted branded uniform to the school to help other parents reduce their costs of purchasing new uniform, this would be very much appreciated. Please bring washed items to reception.



## 12. Fundraising – All – Information

Help us get 2022 off to a great start for Chesswood by signing up to support us for FREE on [Easyfundraising](#). You can raise donations whenever you shop online with over 6,000 retailers including John Lewis & Partners, eBay, Argos, ASOS, M&S and more. Plus, we will get a bonus £5 donation when you do! Sign up today - this will make a BIG difference to us this year.

## 13. New staff – ALL – information

We are pleased to welcome a new member of staff to the School Admin Team. Mrs. Nicola Da Costa will be starting at Chesswood Junior School on Monday 7<sup>th</sup> February and we welcome her to the Chesswood family.



## 14. Supporting a Child with Anxiety Leaflet

Please click the link [HERE](#) to be directed to the school website for more detailed information for parents.

Alternatively, please follow the link to the website here:

HOME > PASTORAL > CHILD AND FAMILY SUPPORT > MANAGING ANXIETY

## 15. E-Scooters – All – Information from WSCC Road Safety Team

*In recent months, it has been brought to our attention that there is an increasing number of individuals riding e-scooters on the public highway, pavements and in public open spaces, often causing a nuisance to other road and pavement users.*

*E-scooters are a relatively new mode of transport and as such the Government is trialling various schemes and developing the guidance around their safe use. However, (at the time of writing this letter) many are still unaware e-scooters are classed as 'Personal Light Electric Vehicles' (PLEVs), which means they are treated as motor vehicles and subject to the same legal requirements such as:*

- *Driving licence*
- *Insurance*
- *Number plates*
- *Lighting*
- *Brakes*
- *Type approval*
- *Road tax*
- *Crash helmets etc.*

***Without these, e-scooters cannot be used legally on the road and certainly not until legislation has been put in place. In no circumstances is it legal to ride on an e-scooter with a passenger(s) and is considered extremely dangerous. The illegal use of an e-scooter, on the public highway or pavement, is considered a criminal offence and can potentially bring about criminal proceedings.*** The Government is currently trialling the use of approved rental e-scooters as environmentally friendly modes of transport in some specific locations in the UK (find out more here: <https://www.gov.uk/guidance/e-scooter-trials-guidance-for-users>).

***Only approved rental e-scooters may be used in the Government-led trial areas, in line with specific terms of use. For the rest of the country, under current law, e-scooters can only be used on private land.*** The police are obliged to take action against anyone who is caught repeatedly using an e-scooter illegally or in a way that causes a nuisance to others. In these circumstances, the police have the power to seize the e-scooter under Section 59 of the Police Reform Act/165 of the Road Traffic Act. There will be more and more police presence in the coming weeks and months specifically targeting e-scooter users in West Sussex.

For further detailed information regarding e-scooters please visit GOV.UK:

<https://www.gov.uk/government/publications/powered-transporters/information-sheet-guidance-on-powered-transporters>

County Road Safety Team

West Sussex County Council

## 16. Local club information – ALL – Worthing Sea Cadets

The Sea Cadets uses a nautical theme, based on the customs of the Royal Navy, to teach skills from cookery to engineering, first aid, sailing, navigation and the art of seamanship, both on land and on the water. Today, 14,000 young people based in 400 units in towns, cities and ports across the UK are challenging themselves and developing new skills, supported by 9,000 volunteers.



**AGED 10-18? COME AND JOIN US AT WORTHING SEA CADETS**

Looking to take part in a range of exciting and adventurous activities?

It's what we do. Find us at [www.sea-cadets.org/worthing](http://www.sea-cadets.org/worthing)

FB: [seacadetsworthing](#) E: [adminworthing@btinternet.com](mailto:adminworthing@btinternet.com)



## 17. Online Safety – All – Information

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps that we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about REPLIKA

Replika is an artificial intelligence (AI) chatbot companion that its developers claim users can form an actual emotional connection with. Once users have created an account and chosen a 3D avatar, they select the type of relationship they want with the chatbot: friend, mentor or romantic partner. Using a neural network to hold an ongoing one-on-one conversation, Replika gradually becomes more like the user as it gathers data from their responses. It isn't the only AI chatbot app available, but Replika pushes the boundaries of the concept to offer a highly realistic conversational experience.

AGE RATING  
UK & EUROPE: RATED 'MATURE'  
**17+**

### WHAT ARE THE RISKS?

#### INAPPROPRIATE CONTENT

As its age rating suggests, Replika includes content that isn't suitable for children, such as flirtatious messaging and sexual role-play. While the developer has recently updated the app to ensure this can only be accessed by adults who select 'romantic relationship', there are numerous accounts online of sexual content being seen by younger users of the app.

18  
CENSORED

#### NO SELF-AWARENESS

Replika is designed to seem very human, but it's important to remember that it's still an AI-powered chatbot that has no self-awareness. This means (as numerous users have highlighted online) that the chatbot sometimes fails to filter out inappropriate content: one user reports, for example, that Replika shared upsetting videos of vicious dogs.

#### NOT MEDICALLY CERTIFIED

Replika claims to be able to improve users' emotional wellbeing by easing feelings of anxiety and loneliness. However, its disclaimer states "we are not a healthcare or medical device provider ... nor should our services be considered medical care, mental health services or other professional help services." There is no guarantee that Replika can help with mental health issues – it could, in fact, have the opposite effect.

#### POTENTIAL ADDICTION

Like many apps, Replika is addictive by nature. It encourages the user to provide more information so it can learn about them and become better at conversation. Not only does this mean your child could end up spending a long time on an app where they might share sensitive information, but also that they could find themselves forming an emotional attachment to the human-like chatbot.

#### IN-APP PURCHASES

Replika is free to download, but its developers do offer in-app purchases. Users can pay to upgrade to a 'Pro' version of the app, which unlocks extra content such as additional activities, conversation topics and the ability to hold voice calls with their AI 'companion'. Users can also spend real-world money on the 'gems' used to buy new outfits or different personality traits for their avatar.

## Advice for Parents & Carers

#### SET UP PARENTAL CONTROLS

Replika doesn't feature its own in-game parental controls, but most mobile devices come with these controls built in. On iOS devices, for instance, you can set content and privacy restrictions – so if you don't want your child to be using 17+ rated apps like Replika, you can adjust the settings to prevent these from being downloaded.

#### TALK ABOUT THE DANGERS

If your child is determined to use Replika and you're happy for them to download it, then it's vital you talk to them first about the possible dangers of this type of app. For example, it's key that they understand not to give out any information which is personal or could be used to identify them – and it would be prudent to warn them about the potential of being exposed to mature content on the app.

#### WATCH FOR WARNING SIGNS

If you're concerned that your child is spending too much time on Replika and might be forming an unhealthy emotional connection with their chatbot, it's important to look out for the warning signs. They may be giving increasing priority to the app ahead of more important everyday activities (such as doing homework or eating meals) or could be showing signs of irritability and a lack of concentration.

#### SEEK PROFESSIONAL HELP

If your child is suggesting that they should use Replika for mental health reasons – because they're lonely or having feelings of anxiety, for example – it would be sensible to recommend other options to them. Replika's developers freely admit that they are not a certified mental health service, so if your child needs help it would unquestionably be best to consult a qualified professional instead.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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Online  
Safety®

#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.01.2022

## 18. Additional information – All - Information



**Health for Kids!** NHS Sussex Community NHS Foundation Trust

Staying Healthy Illness Feelings Getting Help

A fun and interactive resource for learning about health

Games Activities Quizzes

**Parents and Carers!**  
As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

**www.healthforkids.co.uk**

Follow us: [@SussexCommunityNHS](#) [@NHS\\_SCFT](#)

**Parentline:**  
Text a school nurse for confidential advice and support

**07312 277011**

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. Texts will only be seen Monday to Friday from 9 am - 4.30 pm (excluding bank holidays and weekends). If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking/mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.



**Aspire**  
sussex | learn | enjoy | achieve

**SING, PLAY, STORY AND CRAFT  
TASTER - HOPE HIVE**

Try this free taster session with your children (recommended age 2- to 4-years old)  
(F1409CD21)

**Thursday 17th February 2022  
1:30pm - 2:30pm  
Hope Hive, Worthing**

This is a one-hour long taster session for families who would like to find out about Aspire Family Learning and what we offer to families.

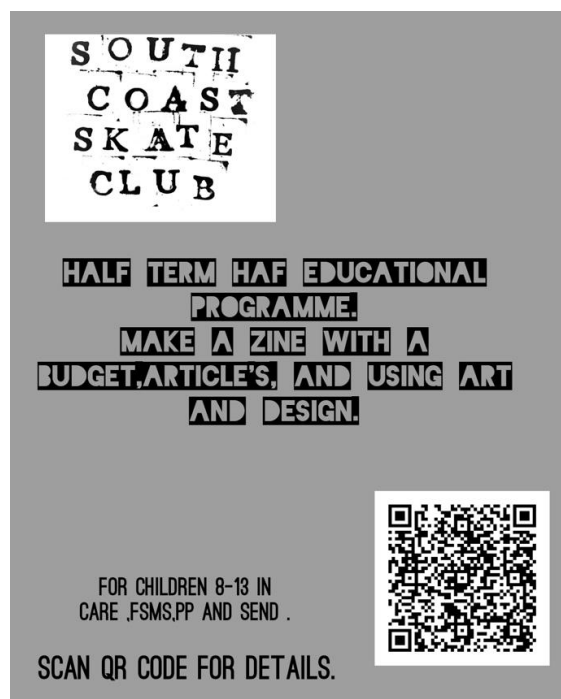
**ENROL TODAY ONLINE AT [WWW.ASPIRESUSSEX.ORG.UK](http://WWW.ASPIRESUSSEX.ORG.UK)  
OR CALL US ON 0345 601 0161**

Aspire Sussex Limited, Adult Education Centre, Marle Place, Laylands Road, Burgess Hill, West Sussex RH15 9HZ  
Website: [www.aspiresussex.org.uk](http://www.aspiresussex.org.uk) Email: [enquiries@aspresussex.org.uk](mailto:enquiries@aspresussex.org.uk)  
Company Ltd by Guarantee No: 08209768 and a Registered Charity in England and Wales No: 1149439

A half term programme for children who are SEND, FSM, PP and children in care to come along and get involved in producing a skate magazine about their experience on the half term project using basic Maths, English, Creative writing and Art and Design skills, as well as providing them with a free meal at lunch time and Skateboard coaching from a qualified Skateboard GB coach.

We have designed a poster, with a QR code that will send the parent/guardian to Eventbrite where all the details they will need will be available.

Children that fit the criteria needed are from the age of 8-13 years of age.



## 19. Childcare Club – February Half-term 2022

Jonathon Cleaver (Area Manager) from the Childcare Club will be offering sessions during the February Half-term week at Thomas A Becket school. If you are interested please contact the club directly.





# FEBRUARY 1/2 TERM HOLIDAY CLUBS

CLUBS RUN AT 4 LOCATIONS: **THREE BRIDGES PRIMARY SCHOOL,**  
**GORING C E PRIMARY SCHOOL, THE GLOBE PRIMARY ACADEMY, ST NICOLAS AND ST MARY'S CE**

| Monday 21  | Tuesday 22  | Wednesday 23   | Thursday 24   | Friday 25   |
|--|---|--|---|---|
| THREE BRIDGES -<br>STICK CHAMPIONSHIPS<br>GORING - STICK CHAMPIONSHIPS<br>GLOBE -<br>NERF WINTER WASTELAND<br>STNICS - NATURE NINJAS | THREE BRIDGES -<br>APACHE SKILLS CAMP<br>GORING - APACHE SKILLS CAMP<br>GLOBE - NATURE NINJAS<br>STNICS - STICK CHAMPIONSHIPS | THREE BRIDGES -<br>SURVIVAL TRIBAL CASTAWAY<br>GORING -<br>SURVIVAL TRIBAL CASTAWAY<br>GLOBE -<br>STICK CHAMPIONSHIPS<br>STNICS -<br>NERF WINTER WASTELAND | THREE BRIDGES - NATURE NINJAS<br>GORING - NATURE NINJAS<br>GLOBE -<br>SURVIVAL TRIBAL CASTAWAY<br>STNICS - APACHE SKILLS CAMP | THREE BRIDGES -<br>NERF WINTER WASTELAND<br>GORING -<br>NERF WINTER WASTELAND<br>GLOBE - APACHE SKILLS CAMP<br>STNICS -<br>SURVIVAL TRIBAL CASTAWAY |

To book and for more info on activities and how the holiday clubs run [www.theoutdoorsproject.co.uk/west-sussex](http://www.theoutdoorsproject.co.uk/west-sussex)

## FEBRUARY 1/2 TERM HOLIDAY CLUBS

NATURE  
NINJA

NERF WINTER  
WASTELAND

SUPER STICK  
CHAMPIONSHIPS

SURVIVAL  
TRIBAL  
CASTAWAY

APACHE  
SKILLS  
CAMP

"THIS IS OUR GO-TO HOLIDAY CLUB. NO SCREENS, JUST GOOD FUN IN NATURE"

Chartwells Catering  
have a variety of  
vacancies in and around  
Worthing

Are you interested in school catering that fits around your family life? If so, why not join our friendly, professional team!

Positions are term time only over 5 days a week.

Appropriate training will be given, smart uniform will be provided and staff discounts are available.

For more information please contact  
Sarah on 07917326817



 **Chartwells**  
So much more than fantastic food