



# CHESSWOOD JUNIOR SCHOOL

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**Weekly Communication Roundup**  
**Extracurricular Clubs -**  
 From Monday 17<sup>th</sup> January  
**Parents Evening (Telephone Appointment) –** Tuesday 18<sup>th</sup> & Thursday 20<sup>th</sup> January  
**Class Photos –** Friday 4<sup>th</sup> February  
**Year 6 Michelham Priory Trip –** Tuesday 8<sup>th</sup> March & Thursday 11<sup>th</sup> March

## 1. Latest Correspondence – All – Information

<b>Keeping up to speed</b>	
We are very aware both professionally and personally how hard it is to keep up with communications from school and from everywhere else for that matter. And, nobody has the time to search for letters they think they might have missed and are experiencing understandable parent anxiety of the consequences of missing important communications. We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily.	
You may find the current and all previous newsletters for this academic year for reference on our website	<a href="#">Chesswood Junior School - Latest Correspondence</a>
Newsletter from previous academic years may be found at	<a href="#">Chesswood Junior School - Previous Academic Year Newsletters</a>
You may find all current term correspondence for the whole school	<a href="#">Chesswood Junior School - Current Academic Year Correspondence</a>
Current and previous correspondence for specific year groups	
Year 3	<a href="#">Chesswood Junior School - Year 3</a>
Year 4	<a href="#">Chesswood Junior School - Year 4</a>
Year 5	<a href="#">Chesswood Junior School - Year 5</a>
Year 6	<a href="#">Chesswood Junior School - Year 6</a>

## 2. Weekly Attendance – All – Information

### **Bright Sparks – Turn up, Turn up on Time, Turn up Ready for Action!**

The following classes have won the year group attendance trophies for Week beginning 10<sup>th</sup> January. Well done!!

Year 3	Year 4	Year 5	Year 6
3TH 98.2%	4MP 98.7%	5CL 98.6%	6RW 99.2%

## 3. Year Leader Interventions – All – Information

Please note that due to Parents' Evenings, the Year 3 and 5 Year Leader Writing Interventions scheduled for Tuesday 18th January 2022 and the Year 4 and 6 Year Leader Writing Interventions scheduled for Thursday 20th January 2022, are cancelled. The first Year 3 and 5 after-school sessions are on Monday 17th January and will then resume on Monday 24th January. The first Year 4 and 6 after-school sessions are on Friday 21st January. The before school Maths Interventions are unaffected and begin next week.

## 4. Parents Evening – All – Reminder

A reminder that parents evening appointments will be over the phone this term. Teachers will call the primary contact we have on record, so if you would like for them to call a different number please email the office on [office@chesswood.w-sussex.sch.uk](mailto:office@chesswood.w-sussex.sch.uk).

## 5. Non-prescribed Medication Consent – All - Information

In accordance with legislation regarding the giving of non-prescribed medicine to children, schools are now able to hold a small stock of standard paracetamol and anti-histamine on site to use if a child needs it for pain or allergy relief. These medications will only be administered under limited circumstances (if they develop a headache, mild allergic reaction or any other type of mild to moderate pain whilst in school). Obviously, if your child is very unwell, we will contact you to collect them. Should you wish your child to have paracetamol and anti-histamine administered during the school day, please complete the online Parental Agreement form – short term, non-prescribed 'ad-hoc' medication, which can be found by clicking on the link [HERE](#) or visiting the school website. [HOME > PASTORAL > MEDICAL INTERVENTION > AD HOC MEDICAL CONSENT](#)

## 6. Spring Term Clubs – All – Reminder

A reminder that extracurricular clubs and interventions will be starting from Monday 17<sup>th</sup> January. Please ensure you have paid the club fees by this date, either through SchoolsBuddy or through the external companies.

## 7. Sports News – All – Information



**Team:** Jamie, Zach, Sid, Theo, Benjamin, Mason, Stanley, Kaspian and Lenny

The 8 best school teams from across East and West Sussex and Brighton and Hove came together on Tuesday to decide who is the best in the county – this is part of the Danone Cup which is an international competition.

We were drawn against teams from Brighton Area (Balfour), Central Sussex (Heron Way) and Hasting and Rother (St Leonards) in our group. The team made a bright start with a 2-0 win over a very strong Heron Way team, then a 1-0 win over Balfour. The final game against St Leonard's was another comfortable 2-0 win.

In the semi-finals we played Crawley representatives - Milton Mount. For the first time in the competition the team went behind, but they did not give up. With time running out a quick corner led to a goal to make it 1-1, then deep into added time Jamie scored the winner! 2-1 to Chesswood, and into the final against West Sussex West members Westbourne Primary.

The boys were in a confident mood going into the final, and it showed two quick goals, a free kick from Stanley and a lovely finish from Lenny with us 2-0 up. Westbourne pushed hard to try to get back in the game but the boys defending with real passion and the game ended 2-0 to crown Chesswood the Sussex Champions!

Up next is the Southern Counties Finals in February – this is the first time that any Chesswood team has got this far in the competition!! Good luck boys!!

### **Upcoming Events:**

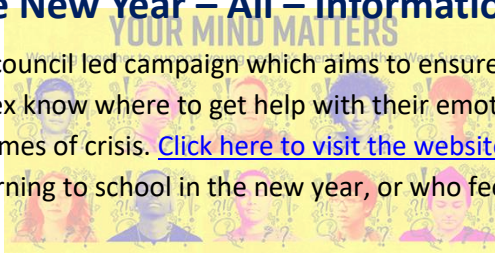
Wednesday 19<sup>th</sup> Jan – Y3/4 Girls Football Event

Tuesday 25<sup>th</sup> Jan – Y5/6 Football Festival with TAB

Wednesday 26<sup>th</sup> Jan – Y3/4 Boys Football Event

## 8. Support During the New Year – All – Information

[Your Mind Matters](#) is a county council led campaign which aims to ensure young people, parents and professionals across West Sussex know where to get help with their emotional wellbeing and mental health, both in general and in times of crisis. [Click here to visit the website](#), which has resources to help children who may struggle returning to school in the new year, or who feel uncertain about the year ahead.



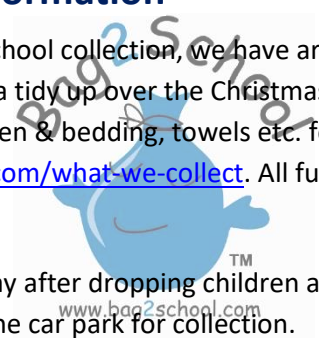
## 9. Fundraising – All – Information

Help us get 2022 off to a great start for Chesswood by signing up to support us for FREE on [Easyfundraising](#). You can raise donations whenever you shop online with over 6,000 retailers including John Lewis & Partners, eBay, Argos, ASOS, M&S and more. Plus, we will get a bonus £5 donation when you do! Sign up today - this will make a BIG difference to us this year.

## 10. Bag2School – All – Information

Following the success of the last Bag2School collection, we have arranged another collection for **Thursday 20<sup>th</sup> January 2022**. So if you are having a tidy up over the Christmas break please remember to put aside any clothing, shoes, bags, household linen & bedding, towels etc. for our collection. Please follow this link to see the full list - <https://bag2school.com/what-we-collect>. All funds raised will be put towards developing our outdoor environment.

If any parents are able to stay on this day after dropping children at school, we will need some help moving bags from the storage area to the car park for collection.

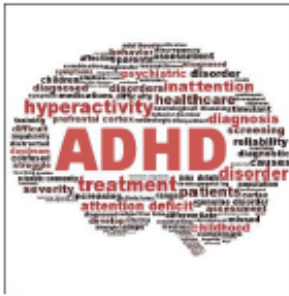


## 11. Staff Leaving – All – Information

Sadly, we say goodbye to Miss Abi Rawlings who is leaving Chesswood today. She started working at Chesswood in November 2019 and has been a great asset to the school office and is a very popular member of the School Community. She will be greatly missed and we send her every best wish for the future.



## 12. Find Out More About ADHD – All – Information



Are you interested in finding  
out more about **ADHD/ADD**?



Do you wonder if your child may have some ADHD or ADD traits?

If so, [sign up to this one-off opportunity](#) to come and find out more:

**Thursday January 27<sup>th</sup> 2022 from 2.30 – 3.15**

We are aware that many parents have expressed concern about possible ADHD/ADD and Vicki Lader, an advisory teacher from LBAT (Learning Behaviour Advisory Team), has offered a **one-off** Question and Answer session for parents who have concerns around ADHD.

We are lucky to have this opportunity, as this is not normally able to be on offer from LBAT. This is in response to the large numbers of parents currently expressing concern in this area.

The session will include:

- a brief summary of how ADHD can present itself;
- an explanation of the diagnostic pathway for those that it could be applicable for;
- a discussion in response to **questions sent in prior to the 27<sup>th</sup>**. This discussion will be anonymous, and no individual child discussed, as it is a group session and we will respect your confidentiality. Many of your concerns and questions are likely to be similar and we can discuss strategies that can be used at school to support children with difficulties with their focus and impulsivity and also how home can support these strategies.

This is an event, open to any parent with questions, regardless of their child's level of need – you may just have a few concerns around level of focus and some impulsive behaviours, or you may already be on the diagnostic pathway.

*If you would like to attend, you **must** book stating:*

- your name,
- your child's name and class,
- any questions or issues you'd like addressed.

Please do this either by:

- calling Reception to confirm attendance and questions to be raised **OR**
- send email confirmation to [vradcliffe@chesswood.w-sussex.sch.uk](mailto:vradcliffe@chesswood.w-sussex.sch.uk)

**Attendance is only through prior booking.** We are looking forward to seeing you.

Ness Radcliffe (SENCo)

# 13. Online Safety – All – Information

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps that we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about

# REPLIKA

AGE RATING  
UK & EUROPE: RATED 'MATURE'  
**17+**

Replika is an artificial intelligence (AI) chatbot companion that its developers claim users can form an actual emotional connection with. Once users have created an account and chosen a 3D avatar, they select the type of relationship they want with the chatbot: friend, mentor or romantic partner. Using a neural network to hold an ongoing one-on-one conversation, Replika gradually becomes more like the user as it gathers data from their responses. It isn't the only AI chatbot app available, but Replika pushes the boundaries of the concept to offer a highly realistic conversational experience.

### WHAT ARE THE RISKS?

#### INAPPROPRIATE CONTENT

As its age rating suggests, Replika includes content that isn't suitable for children, such as flirtatious messaging and sexual role-play. While the developer has recently updated the app to ensure this can only be accessed by adults who select 'romantic relationship', there are numerous accounts online of sexual content being seen by younger users of the app.

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CENSORED

#### NO SELF-AWARENESS

Replika is designed to seem very human, but it's important to remember that it's still an AI-powered chatbot that has no self-awareness. This means (as numerous users have highlighted online) that the chatbot sometimes fails to filter out inappropriate content: one user reports, for example, that Replika shared upsetting videos of vicious dogs.

#### NOT MEDICALLY CERTIFIED

Replika claims to be able to improve users' emotional wellbeing by easing feelings of anxiety and loneliness. However, its disclaimer states "we are not a healthcare or medical device provider ... nor should our services be considered medical care, mental health services or other professional help services." There is no guarantee that Replika can help with mental health issues – it could, in fact, have the opposite effect.

#### POTENTIAL ADDICTION

Like many apps, Replika is addictive by nature. It encourages the user to provide more information so it can learn about them and become better at conversation. Not only does this mean your child could end up spending a long time on an app where they might share sensitive information, but also that they could find themselves forming an emotional attachment to the human-like chatbot.

#### IN-APP PURCHASES

Replika is free to download, but its developers do offer in-app purchases. Users can pay to upgrade to a 'Pro' version of the app, which unlocks extra content such as additional activities, conversation topics and the ability to hold voice calls with their AI 'companion'. Users can also spend real-world money on the 'gems' used to buy new outfits or different personality traits for their avatar.

## Advice for Parents & Carers

#### SET UP PARENTAL CONTROLS

Replika doesn't feature its own in-game parental controls, but most mobile devices come with these controls built in. On iOS devices, for instance, you can set content and privacy restrictions – so if you don't want your child to be using 17+ rated apps like Replika, you can adjust the settings to prevent these from being downloaded.

#### TALK ABOUT THE DANGERS

If your child is determined to use Replika and you're happy for them to download it, then it's vital you talk to them first about the possible dangers of this type of app. For example, it's key that they understand not to give out any information which is personal or could be used to identify them – and it would be prudent to warn them about the potential of being exposed to mature content on the app.

#### WATCH FOR WARNING SIGNS

If you're concerned that your child is spending too much time on Replika and might be forming an unhealthy emotional connection with their chatbot, it's important to look out for the warning signs. They may be giving increasing priority to the app ahead of more important everyday activities (such as doing homework or eating meals) or could be showing signs of irritability and a lack of concentration.

#### SEEK PROFESSIONAL HELP

If your child is suggesting that they should use Replika for mental health reasons – because they're lonely or having feelings of anxiety, for example – it would be sensible to recommend other options to them. Replika's developers freely admit that they are not a certified mental health service, so if your child needs help it would unquestionably be best to consult a qualified professional instead.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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