



CHESSWOOD JUNIOR SCHOOL

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Weekly Communication Roundup 28th January 2022

Class Photos – Postponed to 26th April

Pre-Loved Uniform Sale – 15th February

Half-term – starts Monday 21st February

Year 6 Michelham Priory Trip – 6PO, 6RW & 6NS Tuesday 8th March & 6SJ, 6NB, 6EW & 6AH Thursday 11th March

Inset Day – Wednesday 9th March

1. Latest Correspondence – All – Information

Keeping up to speed	
We are very aware both professionally and personally how hard it is to keep up with communications from school and from everywhere else for that matter. And, nobody has the time to search for letters they think they might have missed and are experiencing understandable parent anxiety of the consequences of missing important communications. We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily.	
You may find the current and all previous newsletters for this academic year for reference on our website	Chesswood Junior School - Latest Correspondence
Newsletter from previous academic years may be found at	Chesswood Junior School - Previous Academic Year Newsletters
You may find all current term correspondence for the whole school	Chesswood Junior School - Current Academic Year Correspondence
Current and previous correspondence for specific year groups	
Year 3	Chesswood Junior School - Year 3
Year 4	Chesswood Junior School - Year 4
Year 5	Chesswood Junior School - Year 5
Year 6	Chesswood Junior School - Year 6

2. Weekly Attendance – All – Information

Bright Sparks – Turn up, Turn up on Time, Turn up Ready for Action!

The following classes have won the year group attendance trophies for Week beginning 17th January. Well done!!

Year 3	Year 4	Year 5	Year 6
3HG 89.6%	4CR 88.7%	5CL 87.4%	6OP 89.4%

3. Non-prescribed Medication Consent – All - Information

In accordance with legislation regarding the giving of non-prescribed medicine to children, schools are now able to hold a small stock of standard paracetamol and anti-histamine on site to use if a child needs it for pain or allergy relief. These medications will only be administered under limited circumstances (if they develop a headache, mild allergic reaction or any other type of mild to moderate pain whilst in school). Obviously, if your child is very unwell, we will contact you to collect them. Should you wish your child to have paracetamol and anti-histamine administered during the school day, please complete the online Parental Agreement form – short term, non-prescribed ‘ad-hoc’ medication, which can be found by clicking on the link [HERE](#) or visiting the school website. [HOME > PASTORAL > MEDICAL INTERVENTION > AD HOC MEDICAL CONSENT](#)

4. Class Photographs

Due to a number of Staff and Pupils currently unwell, Class Photographs will now take place on Tuesday 26th April 2022.

5. Sports News – All – Information

Year 5 and 6 boys friendly football tournament at the TAB

Year 5

Chesswood had two teams playing against two teams from the TAB, One team were Chesswood Oranges and the other as Chesswood Reds.

Oranges played well as a team but could not take their goal scoring chances, and were unable to pick up any points, but spirits were high as they were still able to play.

Chesswood Reds played fantastically well throughout the tournament winning all three of their games and managed to score plenty of goals.

Year 6

Again, we had two teams of Chesswood Yellow and Chesswood Blue playing against the two teams from the TAB. Both teams played well as a team together. Team Yellow recorded two wins and a lose and team Blue won two games and played out a draw.

Wednesday 26th January

Year 3 and 4 boys took part in the WSSA football tournament at St Andrew's school on Wednesday, having two teams - Chesswood RED and Chesswood BLUE, playing four matches each in their groups. The blue team Played some good football but couldn't pick up a win and they finished 10th. However, they enjoyed playing and representing the school.

The Red team had more luck with drawing the first game again TAB 0-0 and then losing the next two games 1-0 against the teams who finished 1st and 2nd overall. They then found their goal scoring boots and won 3-0 against English Martyrs with goals from Freddie (2) and Leon. We made it into the 5th and 6th play off due to finishing 3rd in the group from the matches played against Downsbrook. At full time the score was 0-0 with both teams having plenty of chances, Alex was in goal all pulled off 3 fantastic saves. In the last 30 seconds of extra time, we received a free kick which Patrick took and found the far corner of the goal. so overall we finished 5th.

Teams were:

Chesswood RED	Chesswood BLUE
Freddie	Heath
Alex (GK)	Toby J
Thomas	Toby M
Lucas	Benjamin
Patrick	Mohammad (GK)
Harrison	Gilbert
Leon	Teddie
	Albert



If your daughter is interested in playing or trying out football there are still places available on a Monday afternoon at the club, email Mr Quick if your daughter is interested.

Mr Quick is still looking for Year 5 or 6 pupils to join the Dodgeball Club on Monday mornings in the Gym. Please contact Mr Quick via email if your child would like a place.

6. Support During the New Year – All – Information

[Your Mind Matters](#) is a county council led campaign which aims to ensure young people, parents and professionals across West Sussex know where to get help with their emotional wellbeing and mental health, both in general and in times of crisis. [Click here to visit the website](#), which has resources to help children who may struggle returning to school in the new year, or who feel uncertain about the year ahead.



7. Pre-Loved Uniform – All – Information

We are holding a Pre-Loved Uniform Sale on Tuesday 15th February, if parents would like to kindly donate any unwanted branded uniform to the school to help other parents reduce their costs of purchasing new uniform, this would be very much appreciated. Please bring washed items to reception.



8. Fundraising – All – Information

Help us get 2022 off to a great start for Chesswood by signing up to support us for FREE on [Easyfundraising](https://www.easyfundraising.com). You can raise donations whenever you shop online with over 6,000 retailers including John Lewis & Partners, eBay, Argos, ASOS, M&S and more. Plus, we will get a bonus £5 donation when you do! Sign up today - this will make a BIG difference to us this year.

9. New staff – ALL – information

We are pleased to welcome a new Teaching Assistant who will be joining us. Ms Vicki Scales will be working across the lower end of the school supporting a variety of children. We hope that she will be enjoy being part of the Chesswood family.



10. Supporting a Child with Anxiety Leaflet

Please click the link [HERE](#) to be directed to the school website for more detailed information for parents.

Alternatively, please follow the link to the website here:

HOME > PASTORAL > CHILD AND FAMILY SUPPORT > MANAGING ANXIETY

11. E-Scooters – All – Information from WSCC Road Safety Team

In recent months, it has been brought to our attention that there is an increasing number of individuals riding e-scooters on the public highway, pavements and in public open spaces, often causing a nuisance to other road and pavement users.

E-scooters are a relatively new mode of transport and as such the Government is trialling various schemes and developing the guidance around their safe use. However, (at the time of writing this letter) many are still unaware e-scooters are classed as 'Personal Light Electric Vehicles' (PLEVs), which means they are treated as motor vehicles and subject to the same legal requirements such as:

- *Driving licence*
- *Insurance*
- *Number plates*
- *Lighting*
- *Brakes*
- *Type approval*
- *Road tax*
- *Crash helmets etc.*

Without these, e-scooters cannot be used legally on the road and certainly not until legislation has been put in place. In no circumstances is it legal to ride on an e-scooter with a passenger(s) and is considered extremely dangerous. The illegal use of an e-scooter, on the public highway or pavement, is considered a criminal offence and can potentially bring about criminal proceedings.

The Government is currently trialling the use of approved rental e-scooters as environmentally friendly modes of transport in some specific locations in the UK (find out more here: <https://www.gov.uk/guidance/e-scooter-trials-guidance-for-users>).

Only approved rental e-scooters may be used in the Government-led trial areas, in line with specific terms of use. For the rest of the country, under current law, e-scooters can only be used on private land.

The police are obliged to take action against anyone who is caught repeatedly using an e-scooter illegally or in a way that causes a nuisance to others. In these circumstances, the police have the power to seize the e-scooter under Section 59 of the Police Reform Act/165 of the Road Traffic Act. There will be more and more police presence in the coming weeks and months specifically targeting e-scooter users in West Sussex.

For further detailed information regarding e-scooters please visit GOV.UK:

<https://www.gov.uk/government/publications/powered-transporters/information-sheet-guidance-on-powered-transporters>

County Road Safety Team

West Sussex County Council

12. Local club information – ALL – Worthing Sea Cadets

What we do:

The Sea Cadets uses a nautical theme, based on the customs of the Royal Navy, to teach skills from cookery to engineering, first aid, sailing, navigation and the art of seamanship, both on land and on the water. Today, 14,000 young people based in 400 units in towns, cities and ports across the UK are challenging themselves and developing new skills, supported by 9,000 volunteers.



AGED 10-18? COME AND JOIN US AT WORTHING SEA CADETS

Looking to take part in a range of exciting and adventurous activities?

It's what we do. Find us at www.sea-cadets.org/worthing

FB: [seacadetsworthing](https://www.facebook.com/seacadetsworthing) E: adminworthing@btinternet.com



13. Online Safety – All – Information

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps that we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about REPLIKA

Replika is an artificial intelligence (AI) chatbot companion that its developers claim users can form an actual emotional connection with. Once users have created an account and chosen a 3D avatar, they select the type of relationship they want with the chatbot: friend, mentor or romantic partner. Using a neural network to hold an ongoing one-on-one conversation, Replika gradually becomes more like the user as it gathers data from their responses. It isn't the only AI chatbot app available, but Replika pushes the boundaries of the concept to offer a highly realistic conversational experience.

AGE RATING

17+

UK & EUROPE: RATED 'MATURE'

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

As its age rating suggests, Replika includes content that isn't suitable for children, such as flirtatious messaging and sexual role-play. While the developer has recently updated the app to ensure this can only be accessed by adults who select 'romantic relationship', there are numerous accounts online of sexual content being seen by younger users of the app.

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CENSORED

NO SELF-AWARENESS

Replika is designed to seem very human, but it's important to remember that it's still an AI-powered chatbot that has no self-awareness. This means (as numerous users have highlighted online) that the chatbot sometimes fails to filter out inappropriate content: one user reports, for example, that Replika shared upsetting videos of vicious dogs.

NOT MEDICALLY CERTIFIED

Replika claims to be able to improve users' emotional wellbeing by easing feelings of anxiety and loneliness. However, its disclaimer states "we are not a healthcare or medical device provider ... nor should our services be considered medical care, mental health services or other professional help services." There is no guarantee that Replika can help with mental health issues – it could, in fact, have the opposite effect.

POTENTIAL ADDICTION

Like many apps, Replika is addictive by nature. It encourages the user to provide more information so it can learn about them and become better at conversation. Not only does this mean your child could end up spending a long time on an app where they might share sensitive information, but also that they could find themselves forming an emotional attachment to the human-like chatbot.

IN-APP PURCHASES

Replika is free to download, but its developers do offer in-app purchases. Users can pay to upgrade to a 'Pro' version of the app, which unlocks extra content such as additional activities, conversation topics and the ability to hold voice calls with their AI 'companion'. Users can also spend real-world money on the 'gems' used to buy new outfits or different personality traits for their avatar.

Advice for Parents & Carers

SET UP PARENTAL CONTROLS

Replika doesn't feature its own in-game parental controls, but most mobile devices come with these controls built in. On iOS devices, for instance, you can set content and privacy restrictions – so if you don't want your child to be using 17+ rated apps like Replika, you can adjust the settings to prevent these from being downloaded.

TALK ABOUT THE DANGERS

If your child is determined to use Replika and you're happy for them to download it, then it's vital you talk to them first about the possible dangers of this type of app. For example, it's key that they understand not to give out any information which is personal or could be used to identify them – and it would be prudent to warn them about the potential of being exposed to mature content on the app.

WATCH FOR WARNING SIGNS

If you're concerned that your child is spending too much time on Replika and might be forming an unhealthy emotional connection with their chatbot, it's important to look out for the warning signs. They may be giving increasing priority to the app ahead of more important everyday activities (such as doing homework or eating meals) or could be showing signs of irritability and a lack of concentration.

SEEK PROFESSIONAL HELP

If your child is suggesting that they should use Replika for mental health reasons – because they're lonely or having feelings of anxiety, for example – it would be sensible to reconsider other options to them. Replika's developers freely admit that they are not a certified mental health service, so if your child needs help it would unquestionably be best to consult a qualified professional instead.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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14. Additional information – All - Information



HELPING YOUR YEAR 6 CHILD WITH MATHS



(F1408CA21)

**Starts Monday 28th February 2022
10:30am - 12:30pm, Online Course**

This course is aimed at parents and carers of children in Year 6 who wish to find out more about how their child is taught Maths in primary school and how they can provide further support at home.

**EMAIL US AT FAMILYLEARNING@ASPIRESUSSEX.ORG.UK
OR CALL US ON 0345 601 0161**

Aspire Sussex Limited, Adult Education Centre, Marle Place, Leylands Road, Burgess Hill, West Sussex RH15 8HZ
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HELPING YOUR YEAR 6 CHILD WITH ENGLISH



(F1407CB21)

**Starts Tuesday 2nd February 2022
10:30am - 12:30pm, Online Course**

This course is aimed at parents and carers of children in Year 6 who wish to find out more about how their child is taught English in primary school and how they can provide further support at home.

**EMAIL US AT FAMILYLEARNING@ASPIRESUSSEX.ORG.UK
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Staying Healthy

Illness

Feelings

Getting Help

A fun and interactive resource for learning about health



Games

Activities

Quizzes

Parents and Carers!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk

Follow us:  @SussexCommunityNHS  @NHS_SCFT

Parentline:

Text a school nurse for confidential advice and support

07312 277011

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. Texts will only be seen Monday to Friday from 9 am - 4.30 pm (excluding bank holidays and weekends). If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps). To opt-out of receiving messages from a healthcare professional, please text STOP to our number. Messages are charged at your usual rates.

15. Childcare Club – February Half-term 2022

Jonathon Cleaver (Area Manager) from the Childcare Club will be offering sessions during the February Half-term week at Thomas A Becket school. If you are interested please contact the club directly.



The Childcare Club
February Half Term 2022

Come along For a week of Fun and laughter during the February Half Term at Thomas A Becket Infant school.

There will be cooking, games, Forest school crafts, competitions, Low ropes, sport challenges cooking and so much more. Book now to avoid disappointment.

Please supply your child with a mid morning nut Free snack, a drink and a packed lunch if they are staying all day.

Completed booking Form should be returned to thecccworthing@gmail.com
07833 632264

Thomas A Becket Infant School
Belview Road Entrance
www.thechildcareclubworthing.com
Full Covid Terms, Conditions and important Information are available on our website.