# Young Carers

# Does your child or a child you know help to look after a relative with a disability, special needs, illness, mental health condition, or drug or alcohol problem?

Young carers may undertake all sorts of help, support and care activities beyond normal expectations of a child in the same age group i.e. beyond keeping the bed room tidy and helping with some household chores.

Examples of help, support and care activities

- Practical tasks, like cooking, housework and shopping.
- Physical care, such as helping someone out of bed.

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- Emotional support, including talking to someone who is distressed.
- Personal care, such as helping someone dress.
- Managing the family budget and collecting prescriptions.
- Helping to give medicine.
- Helping someone communicate.
- Looking after brothers and sisters.

If you think your child could reasonably be considered a young carer please contact us by email

### pastoral@chesswood.w-sussex.sch.uk

No access to email? Please call 01903 204141 and ask for a member of the pastoral team

### Our pastoral team will be able to help secure access support for Young Carers

### Further Information:

Visit our Young Carers information page

HOME > PASTORAL > CHILD AND FAMILY SUPPORT > YOUNG CARERS

https://www.chesswood.w-sussex.sch.uk/page/?title=Young+Carers&pid=1651&action=saved

**Dream Aspire Achieve** 

**Children's Fiction Book Donations** Do you have children's fiction books at home that: are suitable for 5-11 year olds are unlikely to be read again, by your child need a great new home are in good+ condition If so, please send them into school. We are happy to accept one, a few or lots of fiction books (3) All good quality books will be put to good use in the school library

**Dream Aspire Achieve** 



# Information CHESSWOOD JUNIOR SCHOOL



### Published – 15/07/2022 Weekly Communication Roundup

School Calendar here – Don't miss out! Year 6 Leavers BBQ – Wednesday 20<sup>th</sup> July Year 6 Leavers Assembly – Thursday 21<sup>st</sup> July Mufti Day – Wednesday 20<sup>th</sup> & Thursday 21<sup>st</sup> July Last day of term – Thursday 21<sup>st</sup> July Inset Days – Thursday 1<sup>st</sup> & Friday 2<sup>nd</sup> September Back to School – Monday 5<sup>th</sup> September

#### Do you have a concern?

We hope you and your child have a great school experience. However, if you hold a concern about an experience at Chesswood Junior School, please share it with us. We always try to provide the best school experience we can for all members of the school community and we are interested to know where we can make improvements, small or large. Please use this email to share concern: concern@chesswood.wа sussex.sch.uk We will always respond within 5 working days and often much quicker than that. You may also tag specific individual professionals but we would ask that the concern@ email address is always used to ensure senior leaders are kept well informed of experiences for children and families.

### Keeping up to speed

We are very aware both professionally and personally how hard it is to keep up with communications from school and from everywhere else for that matter. And, nobody has the time to search for letters they think they might have missed and are experiencing understandable parent anxiety of the consequences of missing important communications. We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily.

You may find the current and all previous newsletters for this academic year for reference on our website – <u>Chesswood Junior School - Latest</u> <u>Correspondence</u>

Newsletter from previous academic years may be found at – <u>Chesswood Junior School - Previous Academic</u> <u>Year Newsletters</u>

You may find all current term correspondence for the whole school – <u>Chesswood Junior School - Current Academic</u> Year Correspondence

Current and previous correspondence for specific year groups

Year 3 - <u>Chesswood Junior School - Year 3</u> Year 4 - <u>Chesswood Junior School - Year 4</u> Year 5 - <u>Chesswood Junior School - Year 5</u> Year 6 - <u>Chesswood Junior School - Year 6</u> Assembly information - <u>click here</u>

#### Weekly Attendance

Bright Sparks – Turn up, Turn up on Time, Turn up Ready for Action!

The following classes have won the year group attendance trophies for Week beginning 4<sup>th</sup> July. Well done!!

Year 3	Year 4	Year 5	Year 6
3TH	4DG	5CL	6AH
98.3%	98.6%	99.3%	98.1%

### Summer Reading Challenge



## Introducing... Gadgeteers!



We're so excited to reveal the theme for the Summer Reading Challenge 2022!

Get ready for Gadgeteers, arriving online and in your local library this summer.

Science is all around you! What do you love doing? Are you a brilliant baker? Or a mega music fan? Are you the tech wizard amongst your friends? Join the Gadgeteers for the Summer Reading Challenge to discover the amazing science and innovation behind the world around you, including some of your favourite things!

Curious? Perfect! Your imagination can unlock endless possibilities... We're teaming up with Science Museum Group for a very special science-themed Challenge that will inspire you to use your imagination and creativity!

Gadgeteers will feature amazing books, awesome rewards, and plenty of ideas for cool experiments and activities to discover the science all around you. The Challenge will be brought to life by top children's writer and illustrator Julian Beresford.

Are you excited to join the #Gadgeteers this summer? Keep an eye on our blog for all the latest Summer Reading Challenge news.

Please take a photograph this summer of yourself reading in an unusual place and send this to your new teachers email address. You will receive 50 housepoints.



#### No Resource To Public Funds



Dear Parents/Carers,

### CHESSWOOD JUNIOR SCHOOL

Home of Bright Sparks bod Road Worthing West Sussex BN11 2AA Head Teacher: Mr Andrew Jolley



12<sup>th</sup> July 2022

office@chesswood.w-sussex.sch. Tel: Worthing (01903) 204141

The Department for Education has recently changed who is eligible for Free School Meals to include children from households with No Recourse to Public Funds (subject to income thresholds). Even if your child was not previously eligible, you may now be entitled to support so please read below.

#### Are you eligible for Free School Meals?

The following children are now eligible for support:

- · Children from families with No Recourse to Public Funds with a right to remain in the UK on the grounds
- Children from families with No Recourse to Public Funds with a right to remain in the UK on the groun of private and family life under Article 8 of the European Convention on Human Rights Children from families receiving support under Section 17 of the Children's Act 1989 who are also subject to a no recourse to public funds restriction Children of a subset of failed asylum seekers supported under Section 4 of the Immigration and Asylum Act 1999 Families holding a BN(O) passport

- Spousal visa holders, work visa holders, student visa holders
- Children of Zambrano and Chen carers
- Those with no immigration status / those who are undocumented

This is not a full list of children who may be eligible, so if you have No Recourse to Public Funds but the above does not apply to you please fill in the application form and contact Reception to discuss further.

If you are legally able to work, your maximum annual household income to qualify should be:

- E22,700 for families outside of London with 1 child
- 225,300 for families outside of London with 2 or more children £31,200 for families within London with 1 child £34,800 for families within London with 1 child
- w to cla

To start claiming Free School Meals for your child/children, please fill in the attached form and return it to the school office. If you are unable to fill it in, the school should be able to assist you.

If possible, please give proof of your immigration status and income. If you do not have proof of immigration status you can still access Free School Meals for your child through self-declaration to the school. Self-declaration could simply include written confirmation from you of your immigration status. An example of this is 7 (name), confirm that I have the following immigration status: (immigration status, e.g. undocumented or spousal viso)\*.

Families who do not have the legal right to work in the UK are not required to provide evidence of inc

How will your information be used?

It is not in the Department for Education's process to share information with the Home Office

As set out in the sample application form provided by the Department for Education, applicants agree to provide information for the purpose of it being shared with the Department for Education to assess eligibility for free school meals.

Your school's census returns to the Department for Education will include overall numbers of pupils eligible for Free School Meals so the school can receive the right funding, e.g. Pupil Premium, but will have no indication of pupils immigration status.

Should you require any further help please contact the school office for further information.

Thank you

Chesswood Junior School





#### Jumanji Performance

The Jumani production was a huge success and there have been such wonderful things said. The kids were utterly superb. Their dedication to rehearsal, their commitment to the show, the sheer energy they brought to the stage, the support they showed each other, their confidence - blew me away! I'm so proud of each and every one of them. I know that Mr Miller will be putting a recording of the production together and he will let you know how to view this in due course. Thank you for the support you have shown. Well done all!



#### Sport Events

#### St Andrews Sports Festival

Over 20 Y5 pupils went to St Andrews to try out some different sports.

William, Idahlia and Erin took part in a badminton event and played extremely well.

The boys from 5CL played a bit of cricket with massive enthusiasm and so pleased to win a game.

Others took part in various table tennis, tennis and climbing activities on the St Andrews wall. Lots of giving things a go and overcoming some fears as well as discovering some hidden talents.

Fun was had by all!









#### Year 3 Sports Day

The first Chesswood Sports Day for the children and they certainly didn't disappoint

We followed the multi-skills with all the sprints and as the relay finished the results we as follows:

- 1st Ashdown
- 2nd Epping
- 3rd Kielder
- 4th Sherwood



#### Dancemania XIII

For some it was their first performance for others their last on the Dancemania stage. 10 magnificent acts wowed the audience with their dance creations. Great to see more boys taking part too.









On a number of occasions in school we have dealt with issues arising from 'WhatsApp Groups', usually around unkind and inappropriate comments and language. These are dealt with in line with our behaviour policy and children are reminded regularly about both the consequences of online behaviour and how to keep safe online.

Dealing with online behaviour is one level of concern. However, through recently investigating a "WhatsApp Group" including a large number of Chesswood pupils, very significant safeguarding concerns for ALL CHILDREN USING WHATSAPP have arisen. All adults must be aware of the following concerns:-

### Any child with the WhatsApp App can be added to ANY group without their consent given

This happens when any member of a group has their number and invites them to join. They are instantly added to the group without consent. We have spoken to children who have been added to completely random groups.

### The group may contain children at Chesswood, other schools or <u>any other</u> <u>unknown contacts including adults</u>

The group identified today contained approximately 20 Chesswood pupils (all who had been added) alongside approximately 40 other unknown contacts, some of whom we know have accessed communication with children through other online means.

### Once added, the child's number is displayed in the group and is accessible to anyone in that group

We have had it confirmed that this is a method used by adults grooming - collecting numbers, especially of those they see are open to talking to strangers.

# WHAT CAN PARENTS DO?

- Recognise that any child on WhatsApp (regardless of their level of understanding of internet safety) are at risk of being added to groups including people that they don't know - thus exposing their personal details (number, name, photo) to strangers
- Remove the WhatsApp App there are clear reasons it is for 16+
  - Check child's phone and online activity at regular intervals
- Read: <u>https://oursaferschools.co.uk/2021/07/29/whats-up-with-whatsapp/</u>

### Family Information and Community

#### <u>Support</u>



## Free summer holiday clubs and food

Eligible families can sign up for free summer holiday clubs near them to help keep children entertained over the school break. Families can now search and book places near them on our <u>Family Information Service</u> webpages.

West Sussex County Council has again teamed up with over 40 clubs across the county to offer an exciting range of sports, kids camps, swimming, crafts and more all with a nutritious hot meal provided.

Places are free-of-charge for West Sussex children aged 4 to 16 who receive benefitsrelated free school meals, subject to availability.

#### **Community Hub support**

The <u>West Sussex Community Hub</u> continues to operate seven days a week, providing food and essentials to people who need support, including those not eligible for free school meals.

The Community Hub can be contacted on 0330 222 7980 and is open 9am to 5pm, seven days a week.



#### July 2022

#### Support over the summer

The end of school term, the summer holidays and exam results days are approaching. Now is a good time to talk about our children's wellbeing and mental health.

Here's an information sheet, to <u>download</u> and share with families to ensure they know where to find advice and support, including careers advice for those leaving education.

It highlights that whilst we hope the summer holidays will be a time to relax. Some young people may find the holidays more difficult. If anyone needs extra help, support is available and there are people you can talk with.

We've provided the download in a word document as a suggestion allowing you to pair it with any other local supporting information.

#### Download info sheet

https://www.eventbrite.co.uk/e/understanding-young-peoples-mental-health-for-parents-and-carers-tickets-265065366647?aff-ebdsoporgprofile



Understanding Young People's Mental Health - for parents and carers

Virtual learning event for parents, carers and families

www.eventbrite.co.uk

The session will include practical strategies and approaches that parents, carers and family members can use when talking with their child about mental health, and strategies to learn to build wellbeing and resilience. Children can eat for just £1 at Asda Cafés across England and Wales this Summer – with no minimum adult spend.

#### Click here to read more



July/ August 2022 | newsletter in association with our <u>Local</u> <u>Offer</u> Having trouble viewing this email? <u>View it as a Web page</u>.

Important: Not all of the services and events listed here are quality assured by the County Council or Local Offer. Some of the services may be provided by or on behalf of West Sussex County Council, to find out more contact the service and see our <u>terms page</u>. Please note, if you are viewing this newsletter on a smart phone, it appears best when holding your phone horizontally.

#### **New Services Upcoming Events**

- <u>Re:Sight Day Centre</u>
- Benefits Advice Service
- Arun Dolphins Swimming
   <u>Club</u>
- Adur `Open to All` Carers
   Group, 19th July, 16th Aug
- <u>Rail Gala at Amberley</u>
   <u>Museum, 23rd, 24th July</u>
- Rainbow Drops Dance Movement Psychotherapy, <u>Bosham Sessions</u>, <u>Bognor</u> Sessions

#### Fun Things to do

- <u>Extratime Family Fun Day,</u> <u>16th July</u>
- <u>Classic Car Show at</u> <u>Amberley Museum, 17th</u> <u>July</u>
- Family Art and Music Fun
  Day! 23rd July
- <u>Summer Holiday Fun at</u> <u>Amberley Museum, 23rd</u> July until 24th August
- Sensory Active Play and Bounce at the Triangle Leisure Centre, 26th July and 30th August

Mid Sussex Play Days on Tour!, Tuesdays & Thursdays

- <u>Short Breaks Family Beach</u> <u>Craft Days, 29th July, 2nd &</u> <u>16th August</u>
- Short Breaks Fishing Days
   2022 Children/Young People
   Only, 1st, 9th, 17th, 25th
   August
- Short Breaks Family Fishing Days 2022 - Various Summer Dates and Locations
- <u>Retro Wheels at Amberley</u> <u>Museum, 6th & 7th August</u>

- Sessions
- <u>Steampunk at Amberley</u>
   <u>Museum, 13th &14th August</u>
- <u>Communications &</u> <u>Commercials at Amberley</u> <u>Museum, 21st August</u>

Other things to look at:

- <u>THINK 18 have a range of</u> activities for those over the age of 18
- <u>Springboard Stay and Play</u>
   <u>Summer Offer</u>
- <u>Chichester College Summer</u> <u>Holiday Club</u>
- Holiday Activity and Food <u>Programme</u>, Please make sure to contact the organiser to ensure they can meet you child's needs.
- Local Offer information page on Short Breaks contains information on providers the County Council commissions to provide activities for people with additional needs.

#### Worthing United Youth Football Club

Current **Girls** U8's (Yr 3) are looking for players to strengthen their U9's team for the 22 – 23 season starting in August/Sept 22

Players who will be starting Yr 4 in Sept 22 may apply

Outfield players: Some prior experience required Goalkeeper position requires no experience

Regular training on Saturday Mornings 09.00 – 10.15 Regular games on Sundays

> Please contact the Head Coach Mark Quinn 07590 326331

# GETTING READY FOR SCHOOL



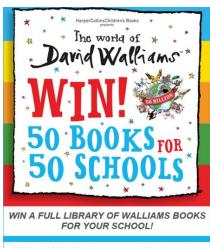
(FEO01CC22) Starts Wednesday 3rd August 2022 10:30am - 11:30am, Hope Hive - Worthing

This is a free, short course, which aims to help you explore how you can support your child in being 'school ready', for September 2022 school starters.

Our sessions are not interventions, and the tutor will not tell parents 'How it's done', rather they are discussion-based with time to share experiences, ideas, concerns, and practical solutions.

Enrol online at www.aspiresussex.org.uk/course/getting-ready-for-school/ or call us on 0345 6010161 to enrol

Ispire Sussex Limited, Adult Education Centre, Marle Place, Leylands Road, Burgess Hill, West Sussex RH15 8HZ Company Ltd by Guarantee No: 08109768 and a Registered Charity in England and Wales No: 1149439



ICYMI, David hit 50 MILLION worldwide sales across all of his children's books this week, and to celebrate we are giving a whopping 50 schools the chance to WIN a full Walliams library of books to enjoy! If you haven't entered your school yet, click below to find out more!

















#### COAST Ed. Cultural Learning in Arun, Adur & Worthing

CoastEd Worthing Museum & Art Gallery Chapel Road, Worthing BN11 1HP 01903 947508

Hi

This is a hello from Anna, your local Worthing Museum Education Officer, to update you on our Schools offer for museum visits this Autumn 2022. I would also like to take the opportunity to let you know what is on in the Galleries and of course the fun creative workshops we deliver during the school holidays.

#### Museum workshops for Schools

At the Museum from September we are offering a selection of workshops and guided walks for both KS1 and KS2 which will remain at 2021/22 prices. Museum learning is a fum way to engage pupils and offers a different learning environment that will enhance the school's teaching and animate your subject with an experience for

students to remember. The Museum has an incredible store of resources and stories to share. Workshops at the Museum offer the opportunity for children to handle real artefacts from our collection and

Itisen to the stories, explore their topic through role play and a chance to express their individual creativity. Your visit to the museum will offer the opportunity to explore and expand your curiosity through the wider range of artefacts on display in the galleries. All workshops can be tailor made to fit your topic. If there is a particular area you wish to focus on or a significant person in Worthing's history or an artefact to see please do ask We are now taking bookings for Autumn Term 2022, <u>anna.twinam-cauchi@wtm.uk</u> For more information check out our website. wtm.uk/learning/

#### Museum Exhibition this summer

This summer we have an exciting exhibition from our collection telling the story of Teddy Bears. TEDDY BEARS & FRIENDS 2nd July - 6th November (in particular Rupert Bear, Winnie the Pooh and Paddington Bear)

Holiday workshops have a Teddy Bear theme Bear Puppets 4th August, Bear Extravaganza 13th August, Animal Masks 18th August, Bear Necessities 20th August ages 7 - 11

We look forward to seeing you, Yours sincerely

Anna Twinam-Cauchi MUSEUM EDUCATION OFFICER





nmunity Officer, Steph, for a FREE, fun family workshop to riour around dogs and being responsible around our four-To book or ask any questions please contact steph.butler@dogstrust.org.uk billy of the accompanying adult and must be s Learnwithdogstrust.org.uk





Join us for our Easter and Summer intensives and Term Time Swimming courses Classes available for all abilities Expert teachers, beautiful facilities RENGUIN E info@penguinswimlessons.co.uk www.penguinswimlessons.co.uk





a space



