



Chesswood Junior School



# Current Respiratory Infection Guidance – Including Covid19

**The following information is from the government's latest guidance**

<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19>

## **Children who have symptoms of a respiratory infection, including COVID-19**

Respiratory infections are common in children and young people, particularly during the winter months. Symptoms can be caused by several respiratory infections including the common cold, COVID-19 and RSV. For most children and young people, these illnesses will not be serious, and they will soon recover following rest and plenty of fluids.

Very few children and young people with respiratory infections become seriously unwell. This is also true for children and young people with long-term conditions.

Attending education is hugely important for children and young people's health and their future.

## **When children and young people with symptoms should stay at home and when they can return to education**

Children with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.

Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school and resume normal activities when they no longer have a high temperature and they are well enough to attend.

All children with respiratory symptoms should be encouraged to cover their mouth and nose with a disposable tissue when coughing and/or sneezing and to wash their hands after using or disposing of tissues.

## **It is not recommended that children are tested for COVID-19 unless directed to by a health professional.**

If a child has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

Children and young people who usually go to school and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

Dream Aspire Achieve



# Information

## CHESSWOOD

### JUNIOR SCHOOL *News*



Published – 21/10/2022

### Important Please Note

Half Term – 24<sup>th</sup> October to 28<sup>th</sup> October

### Homework

Please [Click here](#) for information and guidance regarding your child's homework.

### Do you have a concern?

We hope you and your child have a great school experience. However, if you hold a concern about an experience at Chesswood Junior School, please share it with us. We always try to provide the best school experience we can for all members of the school community and we are interested to know where we can make improvements, small or large. Please use this email to share a concern: [concern@chesswood.w-sussex.sch.uk](mailto:concern@chesswood.w-sussex.sch.uk) We will always respond within 5 working days and often much quicker than that. You may also tag specific individual professionals but we would ask that the concern@ email address is always used to ensure senior leaders are kept well informed of experiences for children and families.

### Keeping up to speed

We are very aware both professionally and personally how hard it is to keep up with communications from school and from everywhere else for that matter. And nobody has the time to search for letters they think

We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily.

You may find the current and all previous newsletters for this academic year for reference on our website –

[Chesswood Junior School - Latest Correspondence](#)

Newsletter from previous academic years may be found at –

[Chesswood Junior School - Previous Academic Year Newsletters](#)

You may find all current term correspondence for the whole school –

[Chesswood Junior School - Current Academic Year Correspondence](#)

Current and previous correspondence for specific year groups

Year 3 - [Chesswood Junior School - Year 3](#)

Year 4 - [Chesswood Junior School - Year 4](#)

Year 5 - [Chesswood Junior School - Year 5](#)

Year 6 - [Chesswood Junior School - Year 6](#)

Assembly information - [click here](#)

### Weekly Attendance

Bright Sparks – Turn up, Turn up on Time, Turn up Ready for Action!

The following classes have won the year group attendance trophies for Week beginning 10<sup>th</sup> October. Well done!!

Year 3	Year 4	Year 5	Year 6
3DH 98%	4LH 97%	5AL 98%	6PO 96%

## Chesswood Calendar 24<sup>th</sup> October 2022 – 25<sup>th</sup> November 2022




For further information, click on the event link.



Monday	Tuesday	Wednesday	Thursday	Friday
<b>24<sup>th</sup> October</b> Half Term Holiday	<b>25<sup>th</sup> October</b> Half Term Holiday	<b>26<sup>th</sup> October</b> Half Term Holiday	<b>27<sup>th</sup> October</b> Half Term Holiday	<b>28<sup>th</sup> October</b> Half Term Holiday
<b>31<sup>st</sup> October</b> 	<b>1<sup>st</sup> November</b>	<b>2<sup>nd</sup> November</b>	<b>3<sup>rd</sup> November</b>	<b>4<sup>th</sup> November</b> Year 4 Weald and Downland museum trip 4CR/4EV/4LB <a href="#">Click here for letter</a>
<b>7<sup>th</sup> November</b> Governors meeting	<b>8<sup>th</sup> November</b> Year 4 Weald and Downland museum trip 4LH/4MP <a href="#">Click here for letter</a>	<b>9<sup>th</sup> November</b> Y2 Open Day	<b>10<sup>th</sup> November</b>	<b>11<sup>th</sup> November</b> Remembrance Day Observation
<b>14<sup>th</sup> November</b> Year 3 Museum Outreach visit	<b>15<sup>th</sup> November</b>	<b>16<sup>th</sup> November</b> Inset Day	<b>17<sup>th</sup> November</b> Year 3 Museum Outreach visit	<b>18<sup>th</sup> November</b> Children in Need Junior Governors Awareness Day
<b>21<sup>st</sup> November</b>	<b>22<sup>nd</sup> November</b>	<b>23<sup>rd</sup> November</b>	<b>24<sup>th</sup> November</b>	<b>25<sup>th</sup> November</b>

## Inset Day – Wednesday 16<sup>th</sup> November 2022

Please see below the letter regarding Inset Day childcare.



**CHESSWOOD JUNIOR SCHOOL**  
**Home of Bright Sparks**  
 Chesswood Road Worthing West Sussex BN11 2AA  
**Head Teacher: Mr Andrew Jolley**

[www.chesswood.w-sussex.sch.uk](http://www.chesswood.w-sussex.sch.uk)  
[office@chesswood.w-sussex.sch.uk](mailto:office@chesswood.w-sussex.sch.uk)  
 Tel: Worthing (01903) 204141/2



October 2022

Dear Parents

**Inset Day – Wednesday 16<sup>th</sup> November 2022**

We will be holding an INSET day at Chesswood on Wednesday 16<sup>th</sup> November 2022 and plan to arrange childcare facilities, at school, for families who need it.

The details are as follows:

- Wednesday 16<sup>th</sup> November 2022 - 7:30am to 3:30pm to include breakfast.
- A range of activities will be provided throughout the day, such as art and craft, board and card games, sports, nature documentaries and general play.
- Children will need a packed lunch and a fruit snack. Breakfast will be supplied between 7:30am – 8:15am.
- The cost for the day will be £25.00 per child to be paid in full by Monday 7<sup>th</sup> November 2022.
- Numbers will be limited and based on a first come first served basis, for paid only bookings (non-refundable)

The children will be cared for throughout the day by members of our school support staff, all of whom are suitably qualified, DBS checked and hold first aid qualifications. Should your children have any allergies or medical conditions, please indicate on the form included.

Should you wish your child to attend, please book online via MCAS (in Trips and Events) or on the slip provided. Where two or more siblings are attending, we will offer a 50% reduction in fees for the second child - please contact [finance@chesswood.w-sussex.sch.uk](mailto:finance@chesswood.w-sussex.sch.uk) to arrange this. All bookings must be made no later than **Monday 7<sup>th</sup> November 2022**, please.

Yours sincerely

Andrew Jolley

**DREAM – ASPIRE – ACHIEVE**

## Collection arrangements

Can we ask all parents to make sure any collection arrangements are reported to the school office.

We have had few cases where parents have arranged collections with their child without informing the school first.

For safety of your children, please report any collection changes to the school office.

## Study Bugs

Over the summer holidays the school migrated away from Schoolsuddy to a new system called Bromcom My Child At School (MCAS). From September this will now be used for all school communications, club booking, trips, payments and more.

Can we ask all parents to use only My Child At School communication as the Schoolsuddy is no longer monitored.

The facility used now can be found on the following page on the school website:

<https://www.chesswood.w-sussex.sch.uk/page/?title=Attendance+%26amp%3B+Punctuality&pid=203>

## Unlimited £5 donations for Friends of Chesswood School

### Unlimited £5 bonus donations

Raise **UNLIMITED £5 bonus donations\*** when you sign up new supporters to help Friends of Chesswood School.

Just think how much you could raise if you sign up people before they start their Christmas shopping!

Share your unique link below to get new supporters to sign up and when they raise their first £5 - we'll double it!

**Sign up new supporters today!**

Facebook
 Twitter
 WhatsApp

Copy, paste and share

Please support Friends of Chesswood School on #easyfundraising, you'll raise FREE donations with your everyday shopping. It's quick and easy to sign up! Plus, once you've raised your first £5, easyfundraising will double it! Sign up now:

[https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?invite=U16253&char=197584&referral-campaign=c2&utm\\_campaign=refsharebox](https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?invite=U16253&char=197584&referral-campaign=c2&utm_campaign=refsharebox)

£42 million Raised
 2.4 million Users
 180,000 Causes



## WhatsApp Groups Reminder

Recently there have been several incidents related to the misuse of WhatsApp groups. WhatsApp is a chat application which can be used on a mobile phone or tablet - it lets you send messages, images and videos to friends. You can have one to one and group conversations. We would like to remind you that the minimum age for using WhatsApp is 16 or over and highly recommend that any child under 16 does not have access to this and any other apps used are age appropriate for your child.

I'm sure you would agree that keeping our children safe online is of upmost importance and parents/carers need to ensure their children are using any online platforms safely and appropriately. Apart from the issues online chat groups can cause for children, there are significant safeguarding concerns around the WhatsApp App – see the attached poster 'WhatsApp Safeguarding Risk'. As a school we strongly advise parents not to allow their children to use WhatsApp.



## Significant Safeguarding Risk



On a number of occasions in school we have dealt with issues arising from 'WhatsApp Groups', usually around unkind and inappropriate comments and language. These are dealt with in line with our behaviour policy and children are reminded regularly about both the consequences of online behaviour and how to keep safe online.

Dealing with online behaviour is one level of concern. However, through recently investigating a 'WhatsApp Group' including a large number of Chesswood pupils, very significant safeguarding concerns for ALL CHILDREN USING WHATSAPP have arisen. All adults must be aware of the following concerns:-

**Any child with the WhatsApp App can be added to ANY group without their consent given**

*This happens when any member of a group has their number and invites them to join. They are instantly added to the group without consent. We have spoken to children who have been added to completely random groups.*

**The group may contain children at Chesswood, other schools or any other unknown contacts including adults**

*The group identified today contained approximately 20 Chesswood pupils (all who had been added) alongside approximately 40 other unknown contacts, some of whom we know have accessed communication with children through other online means.*

**Once added, the child's number is displayed in the group and is accessible to anyone in that group**

*We have had it confirmed that this is a method used by adults grooming - collecting numbers, especially of those they see are open to talking to strangers.*

## WHAT CAN PARENTS DO?

- **Recognise that any child on WhatsApp (regardless of their level of understanding of internet safety) are at risk of being added to groups including people that they don't know - thus exposing their personal details (number, name, photo) to strangers**
- **Remove the WhatsApp App - there are clear reasons it is for 16+**
  - **Check child's phone and online activity at regular intervals**
- **Read: <https://oursaferschools.co.uk/2021/07/29/whats-up-with-whatsapp/>**

## Chesswood Open Day & Evening



**CHESSWOOD JUNIOR SCHOOL**  
*Home of Bright Sparks*  
 Chesswood Road Worthing West Sussex BN11 2AA  
 Head Teacher: Mr Andrew Jolley  
[admissions@chesswood.w-sussex.sch.uk](mailto:admissions@chesswood.w-sussex.sch.uk)  
[info@chesswood.w-sussex.sch.uk](mailto:info@chesswood.w-sussex.sch.uk)  
 Tel: Worthing (01903) 204141



Friday, 21 October 2022

### 2022 Open Day & Evening

Dear parents,

On behalf of the Chesswood School community I would like to extend a warm invitation to our 'Open School' events for Year 2 families. On Wednesday 9<sup>th</sup> November, we will host the following:

- Open Morning - 9.30 a.m. - 12.00 p.m.
- Open Afternoon - 1.45 p.m. - 3.00 p.m.
- Open Evening - 5.00 p.m. - 7.15 p.m.

#### Open Morning and Afternoon

Parents are invited to take a tour of the school whilst it is in full swing! There are no special activities organised during these times, it is for you and your child to observe the good learning children experience every day at Chesswood. Tours will be led by our School Ambassadors (eloquent chatty children!) from a range of year groups – they are far more entertaining than those led by the adult!

If you intend to bring your child to Chesswood during the school day, please follow the guidance below:

- Children must register at their own school before attending Chesswood, in the morning.
- Parents should email [admissions@chesswood.w-sussex.sch.uk](mailto:admissions@chesswood.w-sussex.sch.uk) to confirm their name; the name of their child and whether they intend to visit in the morning or the afternoon. We will then collate and forward that information to your child's school, so that attendance records are accurate.
- On the open day parents and children will sign in with their child and this will be confirmed with your child's school so that the correct attendance code (V) may be used, this will then not affect their attendance rate. If you are intending to bring your child with you during the school day, we would ask that you first register your child at their infant school before bringing them to us. If this in the morning, please notify your child's school whether you intend your child to return before lunch so that they can ensure lunch is prepared for your child if necessary.

#### Open Evening

**5:00 – 6:00 p.m. - School Tours and Learning Demonstrations:** Although we recognise you will have many competing demands it is important that you seek to attend the evening session as a priority. You are welcome and encouraged to come to both. However, the presentation and opportunities for questions will provide you with the key information to help support your decision making. Parents and children will have the opportunity to experience different aspects of the Chesswood Junior Curriculum and Life in Year 3. There will be drop-in sessions for learning in all curriculum subjects. In addition, children's work, photos and videos from all year groups will be on display. Refreshments will be available throughout this session in the school reception area. This session is designed for children and parents together. We will provide a guide for parents on the evening upon arrival. Please enter the school via the Chesswood Road entrance and head to the main reception.

**6:00 – 6:15 p.m. Refreshments School Hall – Start of Crèche and Film arrangements** At the conclusion of our learning presentations, parents should take their children to two of our Year 3 classrooms and head to the school hall for a formal presentation. Refreshments are available throughout the evening and will also be available in the hall. The guide you receive on the evening will show you which rooms Year 2 children are being based in.

available in the hall. The guide you receive on the evening will show you which rooms Year 2 children are being based in.

**6:15 – 7:15 p.m. Formal Presentation:** The Head Teacher will share key information about the ethos; achievement; learning and teaching; the curriculum; behaviour; outcomes for children; and what children and parents think of the school. There will be an opportunity for parents to ask general questions to the head teacher before the open evening closes at 7.15 p.m.

#### Child Care

The school tours and learning demonstrations are designed for families, however the presentation (see below) at 6:15 p.m. is designed for parents only. As such, a children's movie (U) will be shown to Year 2 children attending whilst parents listen to the formal presentation. Year 2 children will be based in current Year 3 classrooms during the adult presentation and will be collected from these rooms at the conclusion of the presentation.

We are able to provide a crèche facility for children aged 4+ - there is a nominal £2 charge for this service if the child is not currently Y2. Children younger than 4 will need to remain with their parents during the presentation. Wherever possible, we ask that parents to make alternative care arrangements for a child less than 4 years old. Please let us know if you will be attending with your child in the evening and whether you will also need to make use of the crèche facility for younger children (E2) by Wednesday 2<sup>nd</sup> November - this will help us make appropriate staffing and childcare arrangements for the evening - please register your interest in use of this facility by completing the form on the Chesswood website - see the link below.



#### Before you visit

We are asking all parents at our local schools to register their interest in our open event on our website. Parents may do this by clicking the link below:  
<https://forms.office.com/Pages/ResponsePage.aspx?id=bF6F0yNtWtA1T1nJfJx9325SL1UVNChORmP7vFN3pJ0dYU0Z00U2AR0Q3N1U0RKS1Z1K1U054u>

The form also enables for families to ask or share up to three adult questions, queries or concerns. In addition, there is space to add up to three child led questions, queries or concerns. The form will close on Wednesday 2<sup>nd</sup> November at midday. We will then create a booklet for adult questions, queries and concerns we have received and one for children (this will need to be read in partnership with their parents).

#### Further Information:

Visit the Autumn Open Event page on the Chesswood website to view the current School Brochure and a wide range of other information. These documents and wider information tell you a great deal about life at Chesswood! Please note some of the details on the website will be updated for this open event the week beginning Monday 31<sup>st</sup> October.

<https://www.chesswood.w-sussex.sch.uk/page/?title=Autumn+Open+Event+%2D+Organisation&pid=1161>

- You may also follow us on Twitter - @chesswoodschool or Facebook.

#### West Sussex Admissions Information

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-places/apply/junior-school-places/>



#### West Sussex: Important Junior School Admission Dates

Date	Event
Monday 3 <sup>rd</sup> October 2022	<ul style="list-style-type: none"> <li>Starting school and junior school applications open for September 2023.</li> <li>Opportunity for parents/carers to start visiting schools.</li> </ul>
Sunday 15 <sup>th</sup> January 2023 – 11.59pm	<ul style="list-style-type: none"> <li>Closing date for all primary, infant and junior school applications at 11.59pm.</li> </ul>
Friday 10 <sup>th</sup> February 2023	<ul style="list-style-type: none"> <li>Closing date for out of time applications.</li> </ul>
Monday 17 <sup>th</sup> April 2023	<ul style="list-style-type: none"> <li>Offer day – You will be notified of the outcome of application by email or letter, depending on how you applied.</li> </ul>
Tuesday 16 <sup>th</sup> May 2023 onwards	<ul style="list-style-type: none"> <li>Applications received on or after 11<sup>th</sup> February 2023 will be processed after this date. You will be notified of the outcomes of this application after Tuesday 16<sup>th</sup> May.</li> </ul>
September 2023	<ul style="list-style-type: none"> <li>New term starts</li> </ul>

We very much look forward to welcoming your family to Chesswood on Wednesday 9<sup>th</sup> November.

Yours sincerely

*Andrew Jolley*

## Community Hub – All Information

Community Hub – Support for all families available for those children and families not eligible for FSM are able to access support for food, fuel, clothing, and essentials via the WSCC Community Hub. The Community Hub can be contacted on 0330 222 7980 and is open 08:00 – 20:00 Monday to Friday and 09:00 – 17:00 weekends and bank holidays. Further information can be found via West Sussex County Council website <https://www.westsussex.gov.uk/fire-emergencies-and-crime/coronavirus-covid-19-advice-and-information/request-advice-and-support/community-hub/>



## Sports News

Another busy week with 3 events again = with around 75 pupils involved in activities!

### WSSA Cross Country

It was a beauty autumn morning up on the Gallops for the annual cross-country event. Pupils from across all year groups took part, running between 800 and 2000m in different races. Each race had around 80 pupils in competing in it. We had two 5th placed runners – Ezgi from Y4 and Lydia from Y5 and also 2 boys (Mason and Harley) who not only ran for Y4 but also in the Y6 race!!! Congratulations to all.

Results:

Place	Girls	Boys	Place
11	Esther G – 3DH	Myles M – 3DH	15
13	Anina G – 3DH	Tristan B – 3DH	25
28	Pearl W – 3HC	Aleesio S – 3PB	27
39	Eva P – 3DH	Zak K – 3PB	45
44	Immy W – 3HC	Elliot C – 3HC	49
49	Emily C – 3PB	Arthur T – 3CH	52
50	Laura H – 3PB	Roman T – 3HC	64
		Oscar S – 3DH	

Position	Girls	Boys	Position
5	Ezgi O – 4MP	Mason K-V – 4LB	15
10	Poppy O – 4LB	Harley B – 4CR	34
11	Rose McV – 4LB	Eli C – 4CR	36
46	Erica C – 4LB	Victor W – 4CR	41
69	Poppy B – 4LH	Dylan T – 4EV	45
74	Sila O – 4CR	Oscar K-V – 4CR	54
75	Ana K – 4CR	Lucas D – 4CR	62
		Reuben C – 4MP	64

Position	Girls	Boys	Position
5	Lydia S – 5AL	Emlyn E – 5CL	13
19	Rachel B – 5CL	Leon K – 5CL	26
32	Amelie W – 5AL	Samuel M – 5AL	29
38	Amy M – 5CL	Oscar T – 5JS	31
54	Edith P – 5HM	Buddy H – 5JS	32
		Toby M – 5HM	48

Position	Girls	Boys	Position
45	Betsy B – 6PO	Mason K-V – Y4	37
52	Isla D – 6PO	Harley B – Y4	44
56	Jasmine L – 6R	Jakub M – 6RW	47
57	Rosa V – 6SJ	Laurentiu L – 6NS	54
69	Tia J – 6AH	Casper F – 6NB	57
	Franky B – 6AH	Jake S – 6RW	61
		Bara I – 6RW	65
		Ricards G – 6PO	71



### Y4 Netball Skills Festival

8 pupils wanted to improve their netball skills so went along to the skills festival run by Netball Academy students at Worthing College. The pupils were shown different activities to practice passing, shooting, defending as well as teamwork skills and games. Jessica won the medal for most improved player of the afternoon.



Team: Siya, Dieter, Jessica, Lola, Rebeka, Georgia, Angeline and Oscar.

### Y6 WSSA Netball Match play Festival

Netball was the theme of the week with the Y6 team going to Davison to practice matches against many other local schools.

The team played 5 games – winning two and drawing two whilst giving the players chance to play in different positions.



Team: Ricards, Jason, Alexia, Matilda, Rosa, Lucy, Emily and Betsy.

## Upcoming Events:

- Tuesday 1<sup>st</sup> November – Y4 Football – 2 teams – St Andrews High
- Thursday 3<sup>rd</sup> – Southern Area Netball Finals – Angmering School
- Tuesday 8<sup>th</sup> – Y3 Football – St Andrews High

As with all our events we do need specific numbers to take part so if your child has been invited and they are unable to attend please email [pe@chesswood.w-sussex.sch.uk](mailto:pe@chesswood.w-sussex.sch.uk) to inform Mr Quick so he can invite another pupil.

## Out of school Opportunities:

If you are in Y3 or 4 and want to try netball, give this free session a go!



## Computer competition

### Update

Make Your Own Computer Game Competition closes 31<sup>st</sup> October.



## Wider curriculum learning

This is what has been happening this week at school.

### Year 3



### Year 4



## Assembly



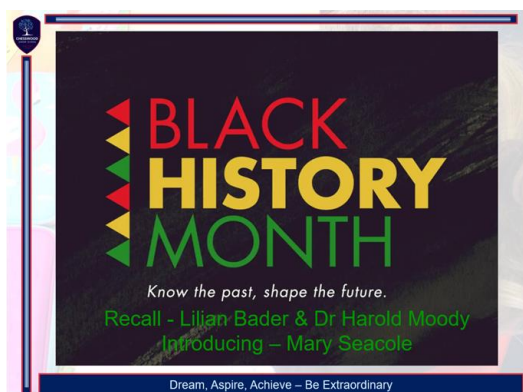


## Black History Month

In October we celebrate Black History Month by having a focus on the amazing stories of black people who have contributed in incredible ways to British history – often in the face of appalling racism and discrimination.

This year, we have looked at the stories of Lilian Bader, Dr Harold Moody and Mary Seacole. Ask your children what they remember of these remarkable people and dip into the resources on our Black History Month page at:

Chesswood Home > Learning >  
Assemblies > People, Places and Events  
Assemblies > Black History Month



## 'Talk PANTS'



## Internet Safety – BE SMART

The Internet and online communication is an ever-changing world. It is impossible to keep up with all the latest trends, apps and sites. However, the principles of online safety at Chesswood are consistent and address the key risks children face when engaging with the online world. We use the SMART resources in assemblies and linked to all e-safety lessons.

We would recommend all parents to speak to their children about the content of SMART, using the poster and video links below.

Poster: <https://www.childnet.com/wp-content/uploads/2020/07/SMART-rules-poster-A3-Free.pdf>

Videos:

<https://www.childnet.com/resources/video-lessons/>



## World Mental Health Day: Your Mind Matters - Working together to support young people's mental health in West Sussex

For more details, please click the link below:

<https://www.westsussex.gov.uk/education-children-and-families/find-a-family-hub/worthing-east-family-hub-lyndhurst-road/>



October 2022



### World Mental Health Day 2022 reminder of support available

World Mental Health Day on 10 October is just around the corner. It's a chance to talk about mental health in general, how we need to look after ourselves and each other, and how important it is to talk about things and get help if you are struggling.

This year's theme is 'Make mental health and wellbeing for all a global priority.'

The day also marks a year since we launched our Your Mind Matters campaign and we'd like to take this opportunity to thank everyone who continues to help us share essential information with young people.

Keep reading for details of the campaign and important reminders of where schools, young people and families can go for support and advice.

Your Mind Matters website

## West Sussex Mind | Mental Elf 5k Fun Run and Walk 2022

West Sussex Mind is delighted to launch its first ever Mental Elf 5k Fun Run and Walk along the prom at Worthing on Sunday November 27<sup>th</sup>.

Mental Elf will be a fantastic festive fun event, open for people of all ages and abilities - runners, walkers, families, teams, wheelchairs and pushchairs. You can even bring the dog.

For more details please visit:

<https://www.westsussexmind.org/get-involved/fundraising/mental-elf-5k-fun-run-and-walk-2022>



## Family Information and Community Support



### Girls Net – Rites for Girls

"For the past 6 weeks it was something I enjoyed doing and felt safe doing it with girls who were all individually unique and kind. When we finished tonight's session, I felt so loved and safe and accepted of who I was and nothing more, I stayed with that feeling for 5 minutes absorbing it and it was a feeling I want to go back to as many times as possible – and that is all thanks to you ..."

[www.ritesforgirls.com](http://www.ritesforgirls.com)

Please see the link below which is very useful to check if a website or link is a scam, phishing or legit

<https://check.getsafeonline.org/>

## Single Point of Access

For more details, please click the link below:

<https://www.westsussex.gov.uk/education-children-and-families/find-a-family-hub/worthing-east-family-hub-lyndhurst-road/>





## Lyndhurst Infant School

Open Day & Evening Sessions for  
Parents/Carers of Children starting school  
in September 2023

Thursday 6<sup>th</sup> October at 9:15am  
Thursday 6<sup>th</sup> October at 10:30am  
Wednesday 12<sup>th</sup> October at 5:00pm  
Thursday 13<sup>th</sup> October at 9:15am  
Thursday 13<sup>th</sup> October at 10:30am  
Tuesday 18<sup>th</sup> October at 9:30am  
Tuesday 8<sup>th</sup> November at 9:15am  
Tuesday 8<sup>th</sup> November at 10:30am  
Thursday 24<sup>th</sup> November at 9:30am

Places at each session are limited, so please only book 1 session. Please contact the school office if you would like to book onto one of these sessions:

Tel: 01903 235990

Email: [office@lyndhurst-school.co.uk](mailto:office@lyndhurst-school.co.uk)

Open days will include a tour of the whole school and an opportunity to meet the Head Teacher.

Open evenings will also involve a tour of the school, but there will be no children 'at work'. The tour will be divided into two groups, one led by the Head Teacher and one by the Deputy Head Teacher.

\*\* These are information sessions for parents/carers only. Please book a session at a time that you can attend without children.

**GIGS 4 KIDZ**  
Spooky fun for all the family!  
**SATURDAY 29<sup>th</sup> OCTOBER**  
From 3pm - 5:30pm  
at THE SWISS COTTAGE PUB, SHOREHAM  
Live music, singing & dancing fun  
Get your scary outfits on and come along for a freak out!

**WORTHING TOWN FOOTBALL CLUB**  
**HALLOWEEN PARTY**  
Saturday 29<sup>th</sup> October  
Under 8s | 4:30pm to 6:30pm  
Under 13s | 7pm to 9pm  
WTFC Club House  
Palatine Park  
Tickets on sale at WTFC Club House

**HALLOWEEN PARTY!**  
Ages 4-10  
Halloween Craft  
Fancy Dress  
Crazy Competitions  
Cool street dance  
And a super cool disco with live DJs: 'GET IT TOGETHER'  
**COME AND PARTY WITH US HALLOWEEN!**  
Email to book, LIMITED SPACES!  
[kerry@wannadostreetdance.com](mailto:kerry@wannadostreetdance.com)

**PREMIER HOLIDAY CAMPS**  
OCTOBER HALF-TERM  
Premier Education INSPIRING ACTIVITY  
SCAN HERE FOR MORE INFORMATION  
or visit [premier-education.co.uk/holiday-camps](http://premier-education.co.uk/holiday-camps)

**PREMIER CAMPS NEAR YOU**  
Worthing: West Park Primary School  
Angmering: The Angmering School  
Bognor Regis: Barnham Community Hall  
Pulborough: Chandrabury Leisure Centre  
...and many more locations.  
PLEASE BRING: A packed lunch, Plenty of water, Suitable clothing, Loads of energy!

**MXT SWIM SCHOOL**  
...seize the opportunity and learn to swim!  
**One-to-One Lessons**  
Available throughout the week for children of all ages and abilities at our Storrington and Steyning venues.  
**Group Classes**  
Our weekly classes held at our Storrington and Steyning Venues are 30 minutes long and are separated into different grades to allow your child to learn effectively.  
**Intensive Courses**  
Our popular five day courses of intensive lessons are available again during all upcoming school holidays.

**MXT SWIMMING SCHOOL**  
**Intensive Courses**  
Our popular five day courses of swimming lessons are available again during the upcoming school holidays:  
Monday 24<sup>th</sup> to Friday 28<sup>th</sup> October  
Monday 19<sup>th</sup> to Friday 23<sup>rd</sup> December  
Monday 13<sup>th</sup> to Friday 17<sup>th</sup> February  
These courses are expertly suited for first time swimmers, as well as those who are looking for extra training, to develop invaluable life skills, confidence and water safety.

**OCTOBER HALF TERM 2022**  
"Childcare during the holidays they want to go to"  
Fresh air. Fresh activities. Fresh attitude.  
Activities include: CREEPY CRAFTS & CAMPFIRE COOKOUT, EDIBLE BLOOD, SNOT & ZOMBIE GAMES, HARRY POTTER DAY, BUSHCRAFT & CAMPFIRE DAY, MINECRAFT MEETS WILDCRAFT, NERF - WINTER WASTELAND, KENSUKE'S KINGDOM - WILDERNESS ADVENTURE.

**OCTOBER 1/2 TERM HOLIDAY CLUBS**  
CLUBS RUN AT 4 LOCATIONS: LP - LANCING PREP WORTHING // GC - GORING CE PRIMARY SCHOOL  
ST - ST NICOLAS AND ST MARY CE PRIMARY SCHOOL // 3B - THREE BRIDGES PRIMARY SCHOOL, CRAWLEY  
Monday 17: LP - BUSHCRAFT & CAMPFIRE DAY  
Tuesday 18: LP - NERF WINTER WASTELAND  
Wednesday 19: LP - KENSUKE'S KINGDOM WILDERNESS ADVENTURE  
Thursday 20: LP - MINECRAFT MEETS WILDCRAFT  
Friday 21: LP - CREEPY CRAFTS & CAMPFIRE COOKOUT  
...and more activities for each day.

**LIGHT PARTY**  
SATURDAY 29<sup>th</sup> OCT 4-6pm  
FREE FAMILY EVENT  
FANCY DRESS  
GAMES & CRAFTS  
MUSIC & FOOD  
PRE-SCHOOL TO PRIMARY

**HOLIDAY CLUB @THE ART HOUSE**  
FOR KIDS 6+  
OCTOBER ART CLUB  
£15 PER CHILD  
10AM-1PM  
MONDAY 24/10 - HALLOWEEN I  
TUESDAY 25/10 - HALLOWEEN II  
WEDNESDAY 26/10 - COLLAGE  
THURSDAY 27/10 - SWEET TREATS  
FRIDAY 28/10 - AUTUMN  
WWW.ARTHOUSEWORTHING.CO.UK

**TT KIDZ**  
TT Kidz gives 7-11 year old boys and girls a great first experience in table tennis.  
TT Kidz is happening here: Worthing TTC  
Worthing High School, South Farm Road, Worthing, BN14 7AR  
Starts: Saturday 8<sup>th</sup> October, 10:30  
Contact: Pedro Santos [worthingttc@gmail.com](mailto:worthingttc@gmail.com)

**WELCOME BACK EVERYONE!**  
DID YOU KNOW...  
FLIGHT OF THE BUMBLEBEE  
FOOD FOR THOUGHT