

Y3 PE Knowledge Check

Invasion

- How many hands do you use to dribble the ball in basketball?
- Which pass only uses one hand to send the ball?
 - a) Chest pass
 - b) Bounce pass
 - c) Shoulder pass
- Which sport must you only pass sideways or backwards?
- What letter shape should you make to receive a large ball?
- What sport would you play with this piece of equipment?







Dance

- What number is missing from the counts? 2, 4, ??, 16, 32
- Basic body actions which action is this a definition of? "Moving from point A to B using repeated actions"
- What is different about stillness to all the other actions?
 - a) It creates a pause in the movement
 - b) It uses your arms
 - c) It doesn't use counts





Dance



What basic body actions are used in this section of the dance?







Dance



This is an example of a...







What body position is this?



Gymnastics



How many points is this balance?



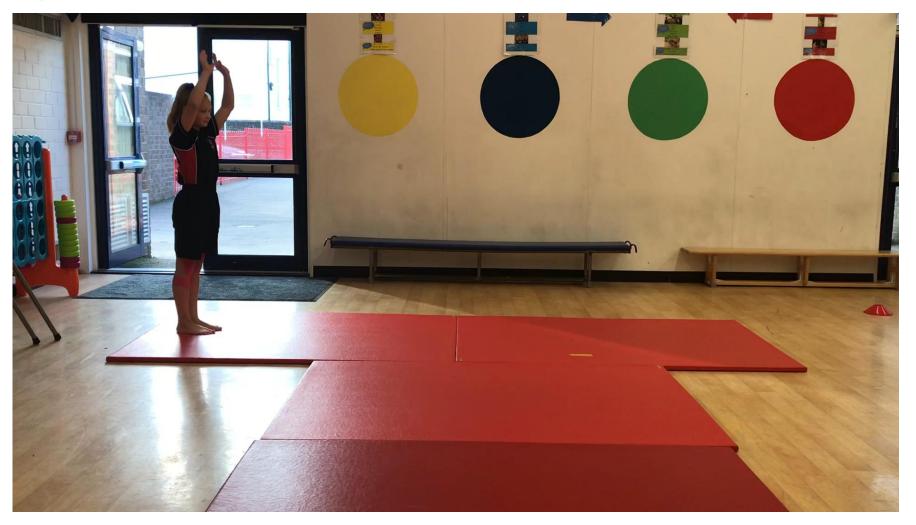




Gymnastics



What type of roll is this?



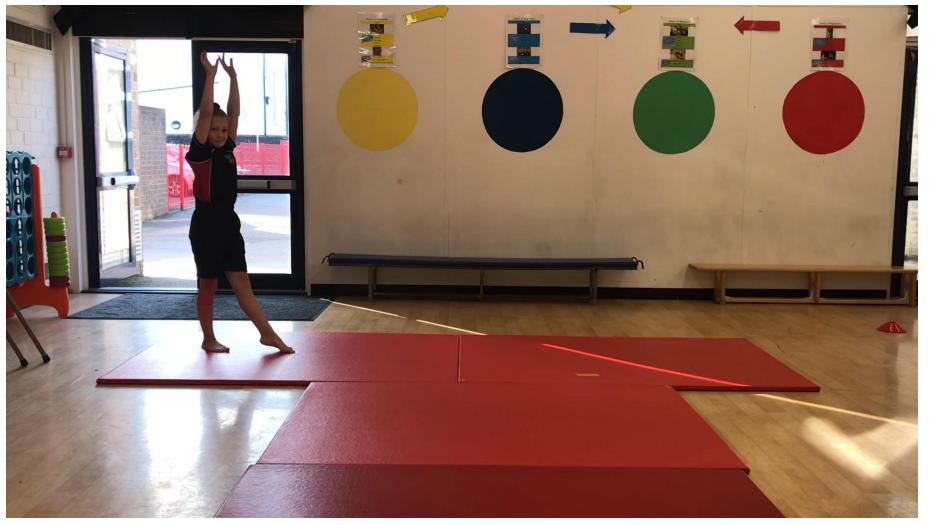




Gymnastics



What type of travel is this?







Gymnastics



What is this called?

