



Y3 PE Knowledge Check

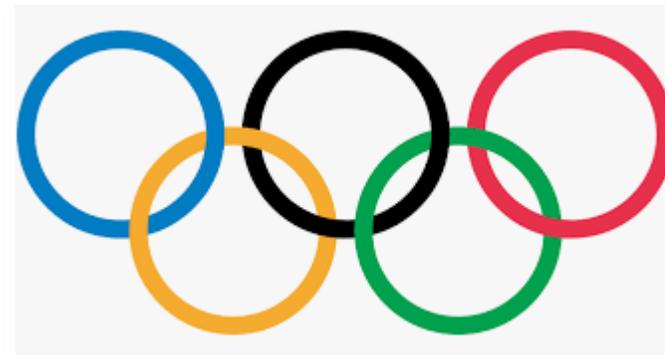
Athletics

1 What should you do at the finish line/tap in a race?

2 What is this piece of equipment called?

3 If you have good stamina it means you can xxxxxx?

4 What is this the symbol for?





Y3 PE Knowledge

Athletics

- 5** Which of these are short term effects of exercise? – write all the letters that you think are correct
- a) Red face
 - b) Heart beats faster
 - c) Heart beats slower
 - d) Breathing rate increases
 - e) Start to sweat
 - f) Makes you feel good
 - g) You grow taller



Y3 PE Knowledge

Tennis

- 1** Is this shot a forehand or backhand?
- 2** When serving – is the ball allowed to bounce on your side of the net first?
- 3** If you win the first point in tennis – what is it worth?





Y3 PE Knowledge

PE@Chesswood

Tennis

4 How is the score 40-40 better known?

5 How many shots in this rally?



Y3 PE Knowledge Check

Striking & Fielding

- 1** How many times is a bowled ball allowed to bounce before getting to the batter in cricket?
- 2** Match the wicket/post to the game?

a)



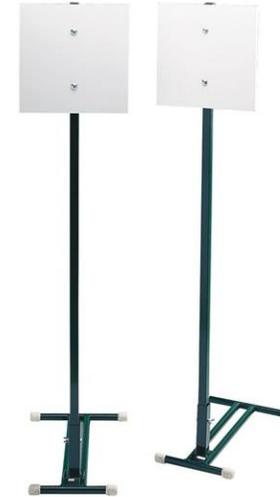
Cricket

b)



Stoolball

c)



Rounders



Y3 PE Knowledge Check

Striking & fielding

- 3** How many fingers should you hold the ball with to bowl?
- 4** What 2 animals do we not like to see playing catching games?
- 5** When stopping a rolling ball – what part of your hand should face the ball?



Y3 Answers

Athletics

1 What should you do at the finish line/tap in a race?

Don't stop / run straight through

2 What is this piece of equipment called?

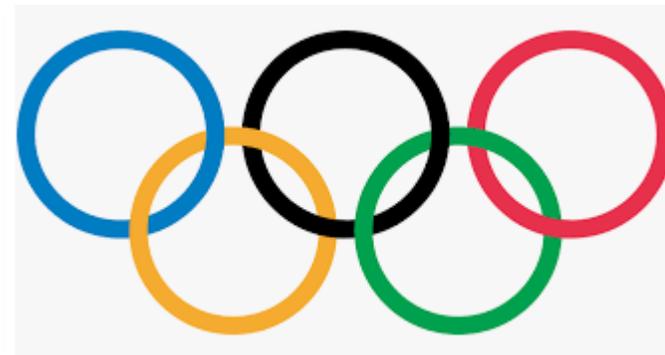
Howler

3 If you have good stamina it means you can xxxxxx?

Keep running for a long time

4 What is this the symbol for?

Olympics





Y3 Answers

Athletics

5 Which of these are short term effects of exercise? – write all the letters that you think are correct

a) Red face

b) Heart beats faster

c) Heart beats slower

d) Breathing rate increases

e) Start to sweat

f) Makes you feel good

g) You grow taller

A
B
D
E
F



Y3 Answers

Tennis

1 Is this shot a forehand or backhand?

Forehand

2 When serving – is the ball allowed to bounce on your side of the net first?

No

3 If you win the first point in tennis – what is it worth?

15





Y3 Answers

Tennis

4 How is the score 40-40 better known?

Deuce

5 How many shots in this rally?

30





Y3 Answers

Striking & Fielding

- 1 How many times is a bowled ball allowed to bounce before getting to the batter in cricket? **Once (one)**
- 2 Match the wicket/post to the game?

a)



Rounders

b)



Cricket

c)



Stoolball



Y3 PE Knowledge Check

Striking & fielding

3 How many fingers should you hold the ball with to bowl?

3

4 What 2 animals do we not like to see playing catching games?

Crocodiles and Frogs

5 When stopping a rolling ball – what part of your hand should face the ball?

Palms

