



Y3 PE Knowledge Check

Athletics

1 What should you do at the finish line/tap in a race?

2 What is this piece of equipment called?

3 If you have good stamina it means you can xxxxxx?

4 What is this the symbol for?





Y3 PE Knowledge

PE@Chesswood

Athletics

- 5** Which of these are short term effects of exercise? – write all the letters that you think are correct
- a) Red face
 - b) Heart beats faster
 - c) Heart beats slower
 - d) Breathing rate increases
 - e) Start to sweat
 - f) Makes you feel good
 - g) You grow taller



Y3 PE Knowledge

PE@Chesswood

Tennis

1

Is this shot a forehand or backhand?

2

When serving – is the ball allowed to bounce on your side of the net first?

3

If you win the first point in tennis – what is it worth?





Y3 PE Knowledge

Tennis

4 How is the score 40-40 better known?

5 How many shots in this rally?





Y3 PE Knowledge Check

Striking & Fielding

- 1** How many times is a bowled ball allowed to bounce before getting to the batter in cricket?
- 2** Match the wicket/post to the game?

a)



Cricket

b)



Stoolball

c)



Rounders



Y3 PE Knowledge Check

Striking & fielding

3

How many fingers should you hold the ball with to bowl?

4

What 2 animals do we not like to see playing catching games?

5

When stopping a rolling ball – what part of your hand should face the ball?



Y3 Answers

Athletics

1 What should you do at the finish line/tap in a race?

Don't stop / run straight through

2 What is this piece of equipment called?

Howler

3 If you have good stamina it means you can xxxxxx?

Keep running for a long time

4 What is this the symbol for?

Olympics





Y3 Answers

Athletics

5 Which of these are short term effects of exercise? – write all the letters that you think are correct

- a) Red face
- b) Heart beats faster
- c) Heart beats slower
- d) Breathing rate increases
- e) Start to sweat
- f) Makes you feel good
- g) You grow taller

A
B
D
E
F



Y3 Answers

Tennis

1

Is this shot a forehand or backhand?

Forehand

2

When serving – is the ball allowed to bounce on your side of the net first?

No

3

If you win the first point in tennis – what is it worth?

15





Y3 Answers

Tennis

- 4 How is the score 40-40 better known?

Deuce

- 5 How many shots in this rally?

30





Y3 Answers

Striking & Fielding

- 1 How many times is a bowled ball allowed to bounce before getting to the batter in cricket? **Once (one)**
- 2 Match the wicket/post to the game?

a)



Rounders

b)



Cricket

c)



Stoolball



Y3 PE Knowledge Check

Striking & fielding

3 How many fingers should you hold the ball with to bowl?

3

4 What 2 animals do we not like to see playing catching games?

Crocodiles and Frogs

5 When stopping a rolling ball – what part of your hand should face the ball?

Palms

