

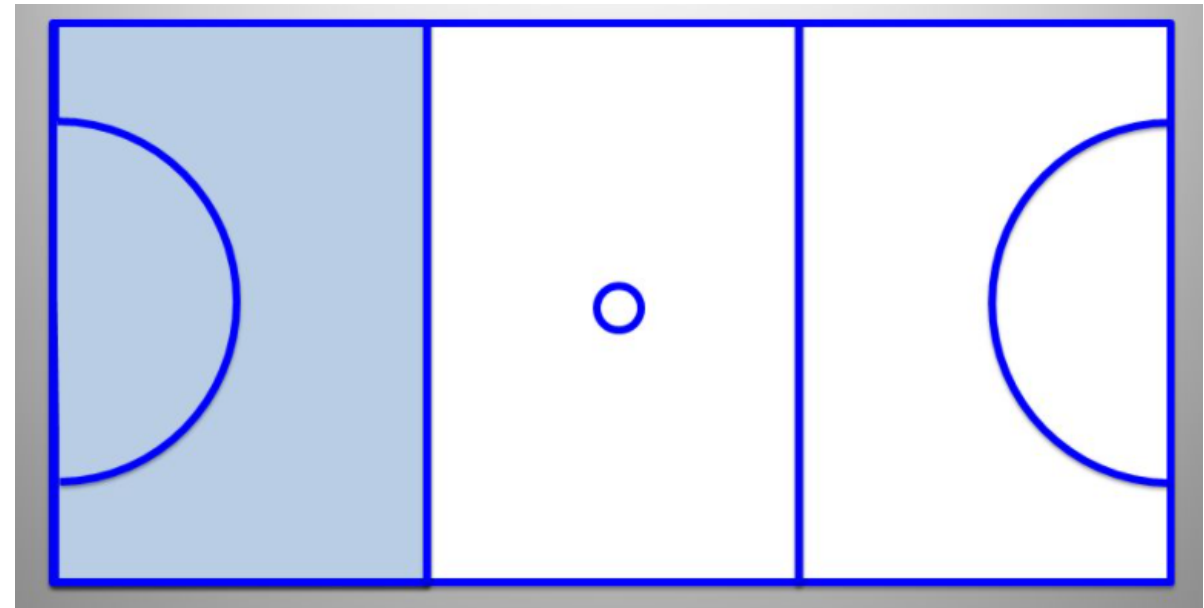


# Y6 PE Knowledge Check

## Netball

- 1** How many players on a netball team?
- 2** Who is the partner position to Goal Attack (GA)?
- 3** How many players are allowed in the middle third of the court? (Include both teams)
- 4** Which position is allowed in this area only?

Team is playing --->





# Y6 PE Knowledge

**5** How many passes with one hand were made before they score?





# Y6 PE Knowledge

PE@Chesswood

## Gymnastics

1

What body position is this?



2

How many points is this balance as a whole?





# Y6 PE Knowledge

## Gymnastics

3

What type of roll is this? (Be specific)





# Y6 PE Knowledge

PE@Chesswood

Gymnastics

4

**Inversion is when...**



# Y6 PE Knowledge

PE@Chesswood

## Gymnastics

**5** What type of gymnastics is this?





# Y6 PE Knowledge

PE@Chesswood

## Indoor Athletics



**How many speed bounces completed**





# Y6 PE Knowledge

## Indoor Athletics

2

Which of these is a foul jump?

A



B







# Y6 PE Knowledge

## Indoor Athletics

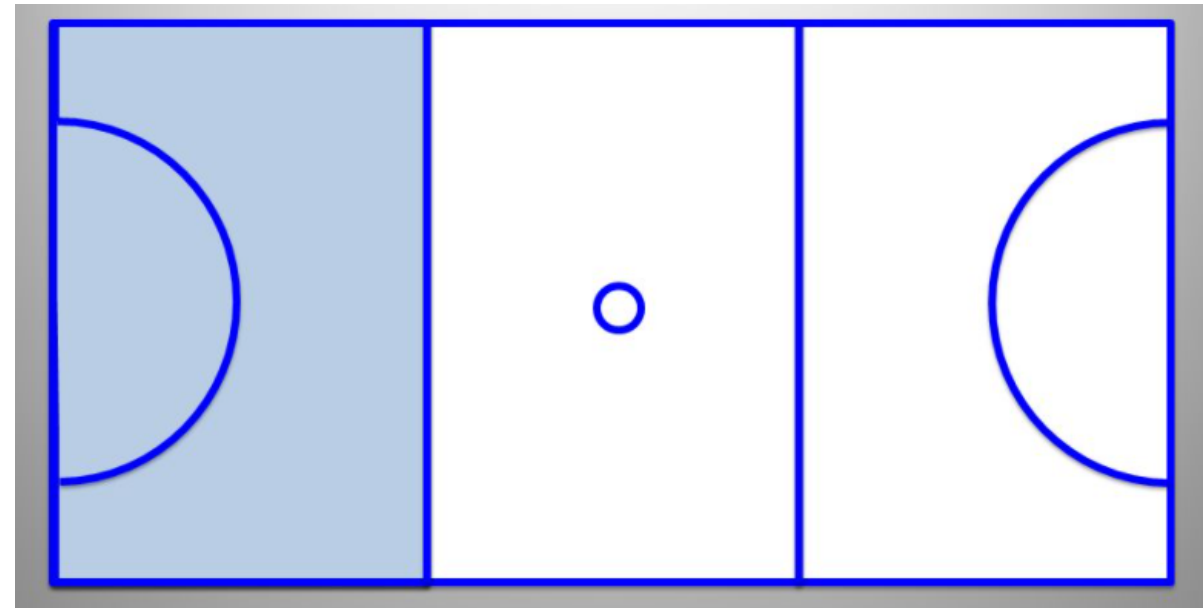
- 3** At roughly what angle should you release a chest push?
- a) 0 degrees
  - b) 45 degrees
  - c) 90 degrees
  - d) 180 degrees
- 4** What official is the finishing line for in sprinting? What should the athlete do at the finish line?
- 5** What type of power is needed for the standing long jump?
- a) Stamina
  - b) Acceleration
  - c) Explosive
  - d) Speed



# Y6 Answers

## Netball

- 1** How many players on a netball team? - **7**
- 2** Who is the partner position to Goal Attack (GA)? – **Goal Defence (GD)**
- 3** How many players are allowed in the middle third of the court? (Include both teams) - **10**
- 4** Which position is allowed in this area only? – **GK (Goal Keeper)**  
  
Team is playing --->
- 5** Video – one handed passes – **5 one handed passes**





# Y6 Answers

## Gymnastics

- 1** Position – **Pike or Seated Pike**
- 2** Points of contact – **4 (back, back, foot, foot)**
- 3** Roll is – **Pike to tuck forward roll**
- 4** Inversion is? – **Being upside down or head down**
- 5** Type of gymnastics – **Aerobic Gymnastics**



# Y6 Answers

## Indoor Athletics

- 1 Speed Bounces – 33
- 2 Foul Jump – B (foot fault standing foot moving first)
- 3 Angle – B 45 degrees
- 4 Finish line is for – The time keeper – sprinter should be going as fast as they can at the finish line
- 5 Type of power – C- Explosive