



# Y3 PE Knowledge Organiser—Striking a Ball



## Key Knowledge

Learn these key facts—key points in red

### Body Position /Stance

Batter needs to be **sideways** on to the ball (if right handed—left foot and shoulder should be closer to the direction of the ball).

Weight slightly leaning forward to the ball.

**Eyes watching** the ball at all times



### Cricket Bat

Using both hands—if right handed—**right hand needs to be lower down the grip below left hand** and vice versa..



### One Handed

Using preferred hand—head of the **bat to be pointing up**.





### Two Handed

Using both hands—if right handed—**right hand needs to be higher up the grip below left hand** and vice versa. Bat pointed up.



## Key Vocabulary

Understand these key words

Word	Definition
<b>Bat</b>	Implement for striking a ball can be held in
<b>Tee</b>	Holds the ball still to be struck 
<b>Grip</b>	How to hold the bat—this changes as to
<b>Body Position / Stance</b>	Sideways on to the ball (or where the ball is coming from)
<b>Back lift</b>	Moving the bat Backwards before striking the ball. 
<b>Follow Through</b>	Keep the bat moving in The direction you want the ball to go. 
<b>Strike</b>	The moment the bat hits the ball.
<b>Aim</b>	Where you want the ball to go

## Focus Sports

### Cricket

A bat and ball game played on a wicket between two teams of 11 players .



- Played since Medieval times
- Matches played in various forms: 20Twenty, 1-day and Test Match (5-days)

### Rounders



- Players try to hit the ball and run around the bases.
- Played since Tudor times

### Stoolball



- Combination of cricket and rounders.
- Originated in Sussex from the 15th century .



## Knowledge Web

- What do seeds need to grow?—Science link.
- Measuring capacity and volume and weight in grams —Maths link.

## Assessment

- What foods groups do these foods belong to? (Eatwell plate and range of foods: bread, milk, chicken, chocolate and banana.)