



CHESSWOOD JUNIOR SCHOOL *News*



Published – 06/10/2023

Important Please Note

Year 6 NCMP Measuring – 9th & 10th October

Worthing Schools Cross Country – 14th October

Parents Consultations – 16th & 18th October

Year 5 Pop Up Planetarium visit – 17th October

Year 4 Weald & Downland Trip – 17th & 20th October

Treat Day – 20th October

Wear Red Day – 20th October

Homework

Please [Click here](#) for information and guidance regarding your child's homework.

Do you have a concern?

We hope you and your child have a great school experience. However, if you hold a concern about an experience at Chesswood Junior School, please share it with us. We always try to provide the best school experience we can for all members of the school community and we are interested to know where we can make improvements, small or large. Please use this email to share a concern: concern@chesswood.w-sussex.sch.uk We will always respond within 5 working days and often much quicker than that. You may also tag specific individual professionals but we would ask that the concern@ email address is always used to ensure senior leaders are kept well informed of experiences for children and families.

Keeping up to speed

We are very aware, both professionally and personally, how hard it is to keep up with

communications from school and from everywhere else for that matter.

We hope the very clear links and organisation below will ensure you are able to find any school communication quickly and easily. You may find the current and all previous newsletters for this academic year for reference on our website – [Chesswood Junior School - Latest Correspondence](#)

Newsletter from previous academic years may be found at – [Chesswood Junior School - Previous Academic Year Newsletters](#)

You may find all current term correspondence for the whole school – [Chesswood Junior School - Current Academic Year Correspondence](#)

Current and previous correspondence for specific year groups

Year 3 - [Chesswood Junior School - Year 3](#)

Year 4 - [Chesswood Junior School - Year 4](#)

Year 5 - [Chesswood Junior School - Year 5](#)

Year 6 - [Chesswood Junior School - Year 6](#)

Assembly information - [click here](#)

Weekly Attendance

Bright Sparks – Turn up, Turn up on Time, Turn up Ready for Action!

The following classes have won the year group attendance trophies for Week beginning 25th September. Well done!!

Year 3	Year 4	Year 5	Year 6
3EL 100%	4CH,4LB 98%	5HM,5CR 94%	6AH 99%

Chesswood Calendar 9th October 2023 – 3rd November 2023



Chesswood Calendar 9th October – 3rd November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
9th October Year 6 NCMP Measuring	10th October Year 6 NCMP Measuring	11th October	12th October	13th October
16th October Parents Consultations	17th October Year 5 Pop Up Planetarium visit Year 4 Weald & Downland Trip 4HC/4LB	18th October Parents Consultations	19th October	20th October Treat Day Wear Red Day Year 4 Weald & Downland Trip 4PB/4UO
23rd October Half term	24th October Half term	25th October Half term	26th October Half term	27th October Half term
30th October	31st October	1st November	2nd November	3rd November



Parents, please note Saturday 14th October is Worthing Schools Cross Country 8:30-11:30 at The Gallops, Findon.

Pupils attending were individually sent communication from Mr Quick

Important

Pop-Up Planetarium

We are sorry to inform you that the Pop-Up Planetarium visit due to take place on Thursday 28th September has had to be re-scheduled to **Tuesday 17th October** due to circumstances outside our control.

If you have any queries, please contact finance@chesswood.w-sussex.sch.uk

Reading Book Amnesty

We are holding a reading book amnesty in school over the next 3 weeks ahead of the end of term. If you have any Chesswood reading books at home or at the bottom of a school bag that your child is no longer reading, please can these be returned to your child's class teacher as soon as possible. These can usually be identified by having a white label on the spine of the book which contains a reading level and points. They may also have a white label stating 'Reading for All Mr Gilbert'.

Why is this important?

As you will be aware, we use Accelerated Reader to help support and monitor reading within school – this is particularly useful in identifying books which are the right level of challenge for each child, through their zpd. For children in Years 3 and 4, these are typically between 0.5 and 4.0. We are finding a significant number of children in both year groups need to access books levelled between 0.5 and 2.5. We have made sizeable investment in books of these levels, however, are finding that these books are not routinely being returned to trays in school once they have been issued to or selected by children, meaning they aren't available to support children as hoped. Whilst we will continue to work on systems within school and support children in learning to and remembering to return these, we are asking if you could please carefully check at home in case any additional books can be returned.



Important

MEDICATION IN SCHOOL

This email is a reminder of the school's policy on the administration of prescribed and non-prescribed medication to pupils, based on guidance and regulations issued by Dept of Health.

FOR THE SAFETY OF ALL PUPILS, CHILDREN SHOULD NEVER CARRY MEDICATION (INCLUDING THROAT SWEETS) ON THEIR PERSON OR IN THEIR SCHOOL BAGS. ALL MEDICATION MUST BE HANDED IN TO THE SCHOOL OFFICE.

Prescribed medication

In most circumstances, medication (e.g. antibiotics) prescribed three times a day can be taken at home

- before school,
- after school
- before bedtime.

However, if your child is required to take prescribed medication four times a day or at set times (such as prior to a meal), clear written instructions must be provided, and the medicine must be kept in a properly labelled container.

The label must be clear and free from alterations or defacement and must show:

- The name of the medication
- The name of the student
- The dosage
- Specific directions for the medication (not simply "as directed" or "as required")
- The name of the dispensing pharmacist/doctor
- The expiry date and the date of issue

A parental agreement form for administering prescribed medication must be completed prior to the medication being administered. The form can be found on our website:

ABSENCE REPORTING

If your child is absent from school for any reason, (including medical appointments) please report their absent via our online Reporting Sickness Absence form. The absence reporting form can be accessed by clicking [HERE](#) or by visiting the school website:

HOME > PARENTS > ATTENDANCE & PUNCTUALITY > REPORTING SICKNESS ABSENCE

Their absence should be reported by 9.00am each day of their absence.

Your message should clearly state:

- Child's name
- Class
- Reason for absence (if illness please specify the nature of the illness)

If the school does not receive a reason for your child's absence, we will call home to confirm a reason. If we are unable to contact you for confirmation, we will log the absence as unauthorised.

If you repeatedly fail to inform the school, why your child is absent we will follow up as a child missing in education/safeguarding concern.

School Competition

To celebrate National Coding Week at Chesswood, we are running a 'make your own computer game' competition! The best entry from each year group will receive a prize to help them develop their coding skills.

All entries must be in by Friday 20th October.

Please use the below websites to start building your games:

[Microsoft MakeCode Arcade](#)

[Scratch - Imagine, Program, Share \(mit.edu\)](#)

[Kodu Game Lab | KoduGameLab](#)

Please send all entries to Mr Barnard and Sam Masters:

smasters@chesswood.w-sussex.sch.uk

pbarnard@chesswood.w-sussex.sch.uk

You may also enjoy visiting these websites to continue having more fun with coding!

Learn - <https://hourofcode.com/uk/learn>

Learn today, build a brighter tomorrow - <https://code.org/>

<https://www.barclayscodeplayground.co.uk/>

<https://codingweek.org/>

Computer Coding for Kids: A unique step-by-step visual guide, from binary code to building games : Vorderman, Carol:
Amazon.co.uk: Books




Important Year 6 Transition Information

To all year 6 parents

Please note that you have all been sent an email this week regarding the process around the Secondary Transfer process. Please note that the closing date for all applications is **Tuesday 31st October 2023**. Any applications received after this date will be counted as late applications.

Please refer to recent information sent out via Bromcom for further information.

Education and Skills: Children, Young People and Learning

<p>Pupil Admissions Team Dunington Bridge House, Floor 3 Barrington Road Worthing West Sussex BN12 4SE</p> <p>admissions.south@westsussex.gov.uk www.westsussex.gov.uk/admissions</p>	<p>Pupil Admissions Team County Hall North Chart Way Horsham West Sussex RH12 1XB</p> <p>admissions.north@westsussex.gov.uk Tel: 03330 142 903</p>	
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September 2023

**To the Parents of:
All Year 6 Pupils
in West Sussex schools**

Dear Parent

Transfer to Secondary School – September 2024

You have been sent this letter because your child needs to change school at the end of this academic year and it contains information about applying for a **secondary** school place for September 2024.

If your child has an Education Health Care Plan, or you are resident outside West Sussex, different arrangements apply. Please see overleaf.

This letter contains important information about applying online and the benefits of doing so. We strongly recommend that you keep the letter safe until after you have received confirmation of your child's school place for September 2024. We have also enclosed with this letter a checklist of actions parents need to consider before submitting your preferences, we hope you find it useful. To check the catchment school for your address please go to www.westsussex.gov.uk/admissions.

Apply online from Monday 4 September 2023

It is easy and safe to apply for a **secondary** school place online by logging on to www.westsussex.gov.uk/admissions. Please read the relevant pages on the website before you begin your application. Please be aware that the email address that you provide will be shared with the allocated and preference schools, as parents and schools increasingly communicate electronically.

If you do not have access to the internet, either at home or at work, free internet access to make school applications is available at all West Sussex libraries and Children and Family Centres.

Preparing to make an online application

To make an application using the online system you will need an email address, and to create a password if you do not already have an account on parent portal.

The username will be your email address.

The password must adhere to the following rules, it must be:

- At least 8 characters long

- At least one character UPPERCASE
- At least one character lowercase
- At least one special character (i.e. * ! \$ not a number or letter)
- At least one number

The deadline for receipt of all applications is Tuesday 31 October 2023.

If you have to apply using a paper form, please telephone 03330 142 903 to request one. It is your responsibility to ensure the form is received by your local primary school or the Pupil Admissions Team by 31st October 2023. If sending to the Pupil Admissions Team, the application should be sent using recorded delivery. Parents should note that schools are closed for half term between 23rd and 27th October and will be unable to take receipt of forms during this period. You may also wish to check if your local school will be closed for an INSET day before or after half term. Any application received after the deadline will be considered as out of time or late and will not be processed until after all on time applications. The Pupil Admissions Team will not acknowledge receipt of paper forms and you must ensure you provide a valid e-mail address with your application to receive the outcome of your school offer.


You can express up to three preferences for secondary schools. All your preferences will be considered against the oversubscription criteria of your preferred schools. If your child can be offered a place at more than one school listed on the application, they will be offered a place at the higher listed school. Please do not put down the same preference more than once as your child can only be ranked once for each preferred school. Please do not include independent schools, schools where you do not want a place for your child or Elective Home Education as preferences.

- Children with Education Health Care Plans:** parents should already have been contacted by the Special Educational Needs Assessment Team (SENAT). If you have not, please contact them using the details shown on our website or call the telephone number above.
- Children resident outside West Sussex:** parents are required to complete a transfer application through the local authority responsible for their address, even if the preference is for a school in another local authority's area. If you have any questions, please contact your local authority, or visit their website for information on how to apply.

If you wish your child to be considered for a place at their catchment school, you must include this as one of your three preferences.

We look forward to receiving your online application before the **national closing date of Tuesday 31 October 2023**. The national allocation date is Friday 01 March 2024 and parents who provide a valid e-mail address with their application will be sent an email advising of the school offered to their child on this day.

Yours sincerely



Natalie Bailey
Pupil Admissions Manager (South)



Linda Bubb
Pupil Admissions Manager (North)

Apply online at:
westsussex.gov.uk/admissions



Is your child due to transfer to secondary school in September 2024?

Apply online!

It's simple, convenient and time-saving. If your application is received after the deadline, your chance of securing a place at one of your preference schools could be seriously affected.

You can apply online from **Monday 4 September 2023**. If you would like further advice or information, phone: 03330 142 903.

Deadline: Tuesday 31 October 2023

Free Internet access to apply online is available at all West Sussex libraries.



WS110A/07/23

West Sussex SENDIAS Service

Is your child starting primary school or transferring to junior or secondary school in September 2024?

Do you think, for
• whatever reason, you
• may struggle with the
• Admissions process?

Secondary School

Online applications open:

Monday 04 September 2023.

Deadline for applying for a secondary school place for your child is: Tuesday 31 October 2023.

Primary School (inc. infant/junior)

Online applications open:

Monday 02 October 2023.

Deadline for applying for a school place for your child is:

Monday 15 January 2024.

For more information on the admissions process: www.westsussex.gov.uk/admissions

If so, the West Sussex SENDIAS Service can:

- explain the admissions process to you
- help you to make an informed decision about your child's schools of preference
- help you to fill in the online application form.

Please contact the SENDIAS Service:

Helpline: 0330 222 8555

Email: send.ias@westsussex.gov.uk

www.westsussexsendias.org



Admissions – key dates

Monday 4 September 2023

Information on how to apply online will be sent to all parents of children living in West Sussex whose child attends a West Sussex state-funded school.

Online applications open. You must provide an email address to apply.

Schools will have their prospectuses available and will have arranged open events.

Tuesday 31 October 2023

National closing date for secondary transfer applications.

You must submit your completed application by this date. Failure to do so will affect the priority attached to your application.

Friday 1 March 2024

Applicants will be notified which school their child is offered by e-mail, where an e-mail address is supplied.

Apply online at:

westsussex.gov.uk/admissions

Making an online application

To make an application using the online system you will need:

- an email address; and
- create an account on Parent Portal if you do not already have an account.

Your Username will be your email address.

Your password must adhere to the following rules. It must:

- be at least 8 characters long;
- have at least one character that is UPPERCASE;
- have at least one character that is lowercase;
- have at least one special character (such as: * ! \$); and
- have at least one number.

To apply for a school place please visit westsussex.gov.uk/admissions or call 03330 142 903.

westsussex.gov.uk/admissions



Transferring to Secondary School

Deadline:
Tuesday 31 October 2023



Stay in touch

- West Sussex Matters
- @WSCCNews
- wscvvideo



WS110A/07/2023

Upcoming Trips and Events

Year 5 Pop-Up Planetarium visit – on Tuesday 17th October 2023 we will have the Pop-Up Planetarium in school. Please see the letter below for more information.

Year 4 Weald & Downland trip – Year 4 will be going to the Weald & Downland Open Air Museum. Tuesday 17th October 2023 – 4LB and 4CH and Friday 20th October 2023 – 4UO and 4PB



WEST SUSSEX COUNTY COUNCIL
CHESSWOOD JUNIOR SCHOOL
Chesswood Road Worthing West Sussex BN11 2AA
Head Teacher: Mr Andrew Jolley

www.chesswood.w-sussex.sch.uk
office@chesswood.w-sussex.sch.uk
Tel: Worthing (01903) 204141/2



September 2023

Dear Parents

Year 4 – Weald & Downland Museum trip - October 2023

As part of our History topic of 'Were the Dark Ages Dark?', we intend to take Y4 pupils to the Weald and Downland Museum in order to study how people lived in Anglo-Saxon times. During the visit children will attend two workshops:

At Home with the Anglo Saxons
Anglo Saxons artefacts

We will be leaving Chesswood at 9am and returning at approximately 3.30pm/3.45pm. The trip will take place over two days:

Tuesday 17th October 2023 – 4LB and 4CH
Friday 20th October 2023 – 4UO and 4PB

The children will need to wear old clothes for the visit and depending on the weather, they may require waterproof clothing. The children will need to wear comfortable shoes or trainers for walking on uneven ground. They will need to bring a packed lunch and a drink in a carton or bottle; no glass please for the trip. No spending money will be needed for this visit.

The cost of the visit to the school is **£23.00** per pupil. We are asking parents/carers to make a voluntary contribution of £23.00 to cover our expenses and ensure that the trip can proceed. If you are not able to provide the donation of the full amount please contact our Finance Team on finance@chesswood.w-sussex.sch.uk to give consent for your child to attend the trip.

Payment may be made online via MyChildAtSchool or by cash or cheque. If paying by cash or cheque please complete and return the attached slip with your payment to the school office.

Consent **MUST** be received for your child to take part in the trip – either through MCAS or the attached reply slip.

We also need parent helpers on this trip – if you are able to help please let your child's class teacher know. Please note, you may be allocated to your child's class but not directly to their group on the day.

If your child suffers from travel sickness, please would you give them medication before they come to school.

Yours sincerely,

Chris Yelling
Assistant Head

DREAM – ASPIRE - ACHIEVE



WEST SUSSEX COUNTY COUNCIL
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Chesswood Road Worthing West Sussex BN11 2AA
Head Teacher: Mr Andrew Jolley

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office@chesswood.w-sussex.sch.uk
Tel: Worthing (01903) 204141/2



July 2023

Dear Parent

Year 5 Pop-Up Planetarium visit – 17th October 2023



clear, fun and inspiring for all.

This visit will take place on **Tuesday 17th October 2023**.

The cost of the visit is **£5.00** per pupil. We are asking parents/carers to make a voluntary contribution of £5.00 to cover our expenses and ensure that the visit can proceed. If you are not able to provide the donation of the full amount please contact our Finance Administrator, Hannah Carter on finance@chesswood.w-sussex.sch.uk.

Payment may be made from the **Tuesday 5th September 2023** online via MyChildAtSchool or by cash or cheque. If paying by cash or cheque, please complete the attached slip and return it with your payment to the school office. **If paying online you do not need to return the form.** Please ensure all payments reach us by **Friday 15th September 2023**.

Yours sincerely

Chesswood Year 5 Team

In order to enhance our "To the Stars" topic, Year 5 pupils will have the opportunity to visit a pop-up planetarium. It will be erected in the school hall for the day and classes will view the presentations and be able to discuss and ask questions about the information on show.

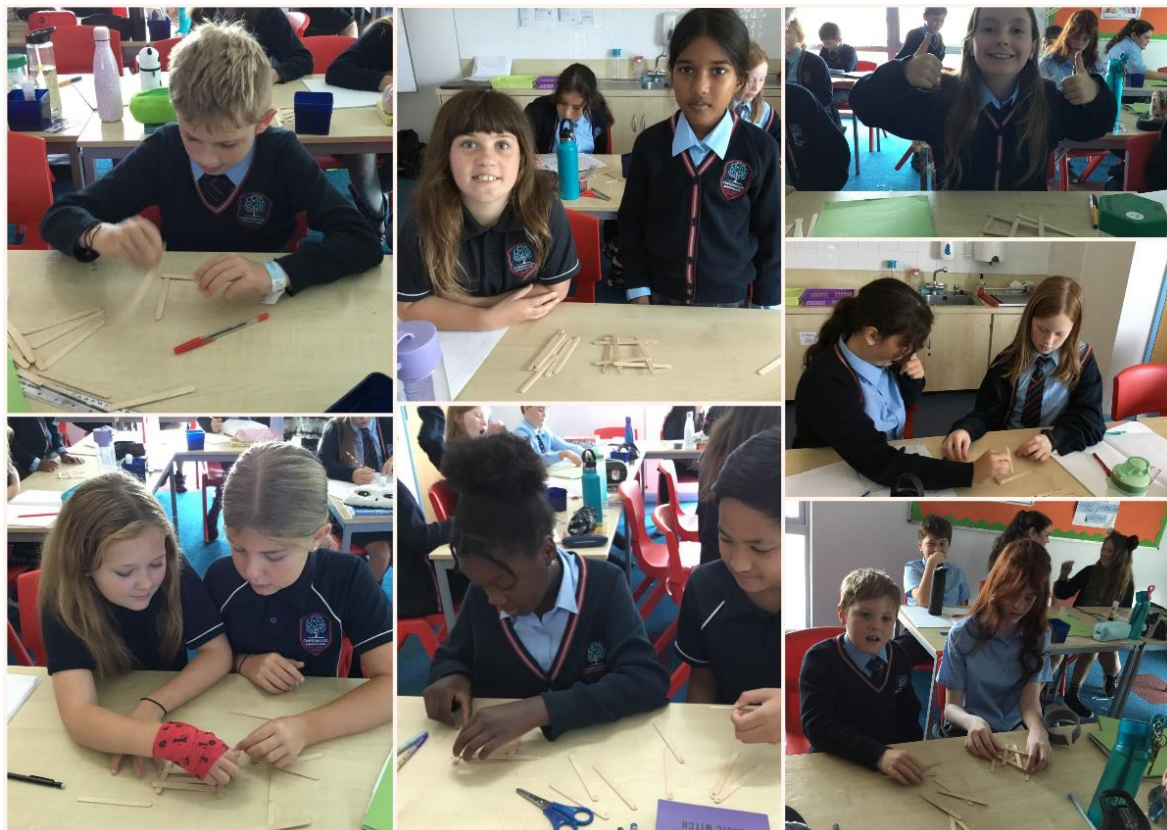
The inflatable dome runs state-of-the-art professional planetarium software delivering bespoke sky tours and short films about the formation of the universe and space exploration tailored to meet the year 5 learning outcomes. The presenters are professional and aim to make science

DREAM – ASPIRE - ACHIEVE

This week at Chesswood



This week at Chesswood



EAL Lunch Club



Bristol Residential



Sports News

Netball Festival

A chance to play some netball matches with other schools on Tuesday – the team gelled well together winning half of their matches. The players voted Leon as their player of the tournament.

Team: Leo, Leon, Jess, Rachel, Scarlett, Lydia and Hridishtitha.



Inclusion Sports festival!

On Wednesday a group of children went to TLA to take part in the biggest inclusion sports festival the area has ever seen.

The group was joined by over 150 other pupils from the local area – all had a fantastic time and they even met a para-athlete.



Sports News/Upcoming Events

Upcoming Events:

- Tuesday 10th – Y4/5 Inter-House Benchball and Football
- Thursday 12th – Y3/4 Netball Skills Workshop – Worthing College
- Saturday 14th – Cross Country Championships – invite letters sent out

Out of School Achievements

Congratulations to Esther for a magnificent performance in the Gymnastics competition at the weekend – 6th overall and 2nd place on the floor.



Music

Davidson Worthing Youth Concert Band










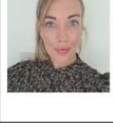
Join us for an evenings rehearsal!

Tuesday 26th September

We are a concert band for young people in the Worthing area, rehearsing every Tuesday evening.

A great way to develop your musical skills and make friends, the band is open to all levels. Pop in, say hello and join us for a listen or a play!

List of music and instrumental teachers

 <p>Claire Cossins Specialist Music Curriculum Teacher and Co-ordinator Leads all choirs and music extra-curricular activity including the Performing Arts ccossins@cheshamwood.w-sussex.sch.uk</p>	 <p>Paul Whiteside Drum teacher E-mail: Pwhiteside9@msn.com</p>
 <p>Joy White Brass teacher E-mail: joywhitebrass@gmail.com Phone: 07522 275221</p>	 <p>Erin Harte-Stovell Violin and strings teacher E-mail: Erinharte@stovellviolin@gmail.com</p>
 <p>Rocksteady Music School Learn to play an instrument in a rock band. Choose from electric guitar, bass guitar, keyboards, drums and vocals. For more details contact: info@rocksteadymusicschool.com 0330 113 0330</p>	 <p>Anne Whiteside Keyboard, piano and flute teacher E-mail: Annewhiteside@hotmail.com Phone: 07853855154</p>
 <p>Peter Marchant Guitar teacher (Acoustic, Electric and Ukulele) E-mail: petermarchant19@hotmail.co.uk Phone: 07876597559</p>	 <p>Charley Bolton Singing Teacher E-mail: Charlotte.bolton@live.co.uk Phone: 07768 277116 Sign Up Here!</p>

Opportunity for parents and carers



Opportunity for parents and carers



Parenting your child in anxious times – a five-week course for parents and carers of primary children.

Dear parent/carer,

We are contacting you from Thought-Full, the West Sussex Mental Health Support Team in Schools, to offer you the opportunity to attend our parent support group focussing on supporting children with fears and worries.

The sessions are suitable for any parents who would like some guidance and ideas about how best to support their child's emotional wellbeing but would be particularly suitable for those whose children experience fears and worries.

The five sessions will take place at school and will be led by mental health professionals who are experienced in supporting children and families with emotional wellbeing and mental health.

Thursday 22nd February @ 9am

Thursday 29th February @ 9am

Thursday 7th March @ 9am

Thursday 14th March @ 9am

Thursday 21st March @ 9am

The five sessions will consist of:

1. Understanding anxiety - an introduction to the biological function of anxiety.
2. Supporting your child with anxiety and worries: 1 – this session explores what keeps anxiety going and the strategies you can use to support your child.
3. Supporting your child with anxiety and worries: 2 – further discussion of approaches to support an anxious child including our use of language and the PACE approach (playfulness, acceptance, curiosity and empathy).
4. An introduction to emotion coaching – a step by step approach to helping your child to learn about emotions and how to deal with them.
5. Encouraging resilience – exploring how we can support anxious children to build their resilience and grow into adults who can cope with life's ups and downs.

The sessions will be informal with plenty of opportunity for discussion, asking questions, and sharing your ideas and experiences with other parents. There may be different strategies you would like to try out at home after the sessions, but there is no set homework and we would just ask that parents and carers come with an open mind and a willingness to look at things from new perspectives.

If you would be interested in attending the course, please contact Sally Harvey for details of how to secure your place.

sharvey@chesswood.w-sussex.sch.uk

Best wishes,

Lorraine Osmend – Mental Health Advisory Teacher.

What do other parents say about the course?

"That it really opens your eyes to what can cause it and the things that surround anxiety."

"Attend! It was so useful & informative."

"Informative and learnt a lot about how to use various techniques to help children"

"Open, honest, straightforward communication. Good practical advice – friendly, knowledgeable trainers."

"Very worthwhile"

Easyfundraising and Tax-Free Childcare Information

Donations:		Supporters:	
£0.00	£629.25	0	53
Raised this month	Raised in total	New Supporters this month	Total Supporters

WIN £500!
Plus, earn **DOUBLE** entries when you use your QR code

Not only is September the perfect time to sign up new supporters ready for the busiest shopping period, but in our new Big September Sign-up giveaway, you'll also get an entry to **WIN one of four £500 donation prizes*** when you do.

Plus, get **DOUBLE** entries for Friends of Chesswood School when supporters scan and sign up using your **new cause page QR code!**

[Enter today](#)

Also this week...

To enter our Fashion Giveaway, visit our [competition page](#) and click through to any selected brand for your chance to win a donation prize*. Encourage your supporters to enter too using your new toolkit!

[Visit toolkit](#)

Share to invite supporters and enter the Big September Sign-up!

Support Friends of Chesswood School on easyfundraising and we could **WIN a £500 donation prize!**

[Sign up today](#)

BIG September Sign-up Join before the end of the month to give us a **FREE** entry into the giveaway.

[Facebook](#)
[Twitter](#)
[Whatsapp](#)

Copy, paste and share

Promoting Tax Free Childcare to parents

Tax-Free Childcare (TFC) is a childcare top-up for working parents. It can be used to help pay for accredited holiday clubs, childminders, or sports activities. This enables parents and carers to access childcare during the school holidays, also saving them money. It is estimated that there are 1.3 million working families who are eligible for TFC in the UK however only a small percentage are making use of the scheme. Around 75% of families are losing out on this support.

TFC is available for children aged up to 11, or 17 if the child has a disability. You can signpost families to Childcare Choices so they can see if they are eligible. You can find out more about the scheme by visiting www.gov.uk/tax-free-childcare.

Many parents don't realise that TFC can be saved up on their accounts. Even if childcare is not required throughout the school terms, there is still the option to save up funds which could be used for holiday clubs or out of school care. As the new term commences, it is a good opportunity to remind families of these schemes so they can plan for the upcoming half terms and holidays.

Please check out Childcare Choices and their catalogue of [guidance and promotional resources](#), so that you can display in your school to promote this scheme.

Useful links and additional information:

- [Tax Free Childcare can help towards the cost of children's summer holiday activities | GOV.UK](#)
- [Childcare Choices | 30 Hours Free Childcare, Tax-Free Childcare and More | Help with Costs | GOV.UK](#)
- [Get Tax-Free Childcare: step by step - GOV.UK](#)
- www.westsussex.gov.uk/FIS - to help parents search for childcare.

What Parents & Carers Need to Know about

AMONG US

A multiplayer 'social deduction' game set in outer space, Among Us enjoyed a surge in popularity in 2020, and has since maintained a dedicated fan-base (globally, around 60 million regular players each month) thanks to its unique nature, simple premise and ease of access across numerous platforms. The game's on-screen action revolves around danger, disguise and deception – and there are certain parallels to be drawn with some of the real-life risks that parents and carers of young Among Us players need to be aware of.



WHAT ARE THE RISKS?

SENSITIVE PREMISE

In Among Us, up to three players are secretly assigned to be alien imposters, tasked with murdering their colleagues while the survivors try to unmask them. While the concept's not far removed from traditional games like Wink Murder or TV shows such as The Traitors, some parents may feel uncomfortable about their child playing a video game in which deception and killing are prioritised.

VIRTUAL VIOLENCE

The on-screen death of characters may be fundamental to the gameplay of Among Us, but the majority of the animations depicting this are deliberately cartoonish and only appear very briefly. However, it is worth bearing in mind that the game has a PEGI age rating of 7 – meaning that certain elements (however heavily stylised they may be) could still upset some younger players.

CHAT BETWEEN PLAYERS

With up to 15 people participating in each game online, a large part of Among Us' appeal is speculating with fellow players who the imposters might be and making accusations. This dialogue through the in-game text chat can occasionally become heated – and could, of course, involve your child being put into contact with people (including adults) who they don't know in real life.

GOING OFF PLATFORM

While Among Us provides basic ways to communicate, many gamers prefer to use external services such as Discord: a popular app which offers voice and video chat functions. These undeniably make cooperation easier, but also create a potential route for children to hear inappropriate language – or for strangers to message them privately in an environment which isn't regulated by the game itself.

IN-GAME PURCHASES

Among Us is free to download on mobile devices, and costs less than £5 to obtain on console and PC. A related longer-term pitfall, though, is that the game also includes options to pay for upgrades such as removing ads on the mobile version or adding cosmetic touches to characters (such as different costumes). It's certainly possible that a child could spend a significant sum without realising it.

Advice for Parents & Carers

CONSIDER SOFTER ALTERNATIVES

Although Among Us is hugely popular with young gamers, it's possible that some children might find the murder themes unsettling. If so, plenty of similar social deduction games are available (in both digital and traditional board game formats) which downplay the potentially grislier elements: some centre around undercover spies, for instance, and there's even a Marvel superhero-themed variant.

CHAT ABOUT CHATTING

You might feel it's prudent to talk to your child about the risks associated with voice chat while gaming, explaining in particular that strangers online aren't always who they claim to be. Keeping the conversation relaxed will reinforce your child's confidence that they can always come to you with any online concerns – not just about Among Us, but any potential future issues as well.

DISCUSS DISCORD

In general, Discord is an excellent app for keeping online communities together because of its use of dedicated individual servers, which allow comprehensive control over who can join – and who can't. Once you're familiar with the platform, you could set up a secure server for your child and their friends to communicate during games of Among Us, with no access for people they don't know.

AMONG US, AMONG FRIENDS

When your child and their friends get together, they can enjoy a private game of Among Us by choosing a 'local' lobby – that is, only people connected to the same Wi-Fi (your home network, for example) can enter. This prevents any random online users – who may be total strangers – from joining and removes the need for voice chat, as the players are all physically in the same location.

STOP SURPRISE SPENDING

If you're concerned about the possibility of your child racking up an unexpected bill on Among Us' microtransactions, you could consider using a prepaid card with a set limit. Likewise, you could specify in the game's options that adult authorisation is required for every purchase – or you could make sure that no payment methods are enabled on the device that your child plays the game on.

Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site theGamer.com and has worked in the gaming media for around four years. A regular visitor to the App Store today and new books, he's also a parent. Who understands the risks of online safety. Writing mostly about tech and fitness, his articles have been published on influential sites including theGuardian.com and theNewYorkTimes.com.



National
Online
Safety®

#WakeUpWednesday

[@natonlinesafety](https://twitter.com/natonlinesafety)

[/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

[@national_online_safety](https://tiktok.com/@national_online_safety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.10.2023

Early Help and Thought-Full

Introduction

We all know life has its ups and downs and isn't always easy, at times being a parent can be challenging, trying to help and understand our children can be difficult and confusing. Early help recognises the important role schools play in supporting families and each school has a link worker to help provide support and advice for children and families when needed. By working together, we are stronger and often there is a lot of support in the community which people may not be aware of. In my role I can offer help with a whole array of worries and difficulties which you may have for yourself, child or for your family and can help connect you to the right support at the right time. This maybe through direct work with me or by offering guidance, Information, advice, signposting and crisis support. Areas of support we cover are - Anxiety around school, feelings and emotions, mental health, SEN and support with ASD. Parenting support with - finances – cost of living crisis, routines and boundaries, behaviour, anger, attachment as well as being able to offer short intervention work with children, young people and parent/carers.



Please contact the pastoral team in your school if you would like to contact me or come along for a chat at my next drop-in at Chesswood on November 8th at 2:15pm-3:00pm.

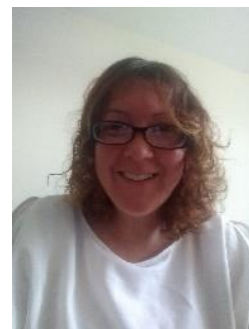


Hello, I'm Agnes – I am one of the Education Mental Health Practitioners (EMHP) with Thought-full (Mental health Support Teams in scholols). I will be based at Chesswood every Wednesday. Our service

offers 6-10 1-hour one to one sessions, where we support young people with mild to moderate wellbeing/mental health difficulties. Typically, I will be able to deliver one to one sessions with a maximum of three children over a 6-10 week period.

The Team are aware of the waitlist currently at the school, and hopefully either myself or another EMHP will be contacting parents of children who are waiting for support soon.

Hi, I'm Jo Kambalami. I've been working in school on Mondays since January. My job title is 'Trainee Education Mental Health Practitioner' with the Thought-Full Team, the Mental Health Support Team for West Sussex.



It's normal for children to feel a level of anxiety and overcome different fears at different ages. Sometimes, though, they can get stuck in a pattern of avoiding their fears and/or their anxious feelings impact on their everyday life. In this case, many children can be helped by weekly interventions based on Cognitive Behaviour Therapy (CBT). It's been developed for mild to moderate mental health difficulties, which includes anxiety and low mood. If CBT isn't appropriate for your child, our Team can advise on better alternatives. You can find more information on our Thought-Full website and on our Youtube channel



Information-Participation-Support-Training

The West Sussex Parent Carer Forum (WSPCF) is a charity for parent carers of children and young people with special educational needs and/or disabilities (SEND).

We support parent carers by providing information, support and training that equips them in their lifelong caring role and empowers them to participate in shaping services for their child or young person.

Become a West Sussex Parent Carer Forum member, it's FREE!

Only our members can access our popular events. By signing up you will automatically receive booking forms for events as soon as they are released. You will also receive key updates/information, important surveys and our regular newsletter.

Becoming a member is easy, simply click on the blue 'sign-up' button at the top of our website and complete the short form. You can unsubscribe at any time.



Phone 07341 183449



Email office@wspcf.org.uk



Facebook www.facebook.com/WestSussexParentCarerForum



www.wspcf.org.uk

Charity No. 1156360



Autism and Social Communication Advisory Team

Exploring Autism for Parents and Carers

**A new and updated programme
offering up to date thinking and links
to research-based evidence for parent
carers of autistic children
and young people.**



**Sessions to explore Autism and strategies to support
acceptance, empowerment, and relationships in family
life.**

**Are you a parent/carer of a child or young person, aged 8-16
years, who is autistic or on the social communication
pathway and have not attended this course before?**

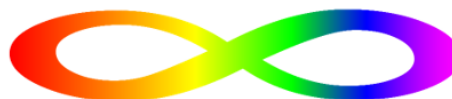
This NEW programme has been redeveloped to ensure that it is current and up to date. The course is an excellent source of information for those new to Autism or for those requiring a little more in-depth knowledge. Parent carers and the facilitators will learn and collaborate together. The programme is free of charge to families of children in West Sussex maintained schools and academies, at this time.

Course aims:

- to give a broad and balanced and positive view of how autism and social communication difficulties may impact on the child/young person's life and that of the family
- to explore key practical strategies that can support autistic children
- to provide a forum for families to share their experiences and expertise together

Course outline:

The six recorded sessions will be focused on both theoretical and practical aspects of autism and the resulting strengths and challenges. There will be opportunities to participate in discussions and ask questions in group sessions on a weekly basis, that will be delivered via an online platform. We ask that parents attend each of these weekly online discussion groups.



~~In order for~~ participants to fully benefit from this course we ask that they attend **all** sessions.

Topics covered by session:

Session 1: Autism Acceptance

Develop understanding of autism, discuss experiences of getting a diagnosis and identify how autism can affect families.

Session 2: Communication

Develop understanding of communication difficulties and strategies to improve communication and interaction skills for the autistic child/young person.

Session 3: Sensory Needs

Consider how sensory information and experiences may be processed differently by those who are autistic, share strategies to help with sensory differences.

Session 4: Anxiety

Improve understanding of the signs of distress that autistic young people may display and consider approaches to support self-regulation.

Session 5: Social Thinking and Masking

Explore the differences autistic young people may have with socialising and developing relationships. Look at ways to develop social thinking, explore the idea and impact of masking.

Session 6: Adolescence and Independence

Consider ways to encourage independence and manage adolescence challenges including puberty, sensory impact and social differences.

Dates: TBC

The programme is delivered over six weeks. The six recorded sessions can be watched during the week when convenient; each session is followed by a one-hour online Q&A and discussion group.

For further details please contact:

Email: carina.reid@westsussex.gov.uk

Tel: 0330 222 7125

Please note there are a limited number of places on this course.

Young Carers

A Young Carer is a young person under the age of 18 whose life is **affected** by the care needs of another person, who may have any disability or long-term illness. This could be anybody with a physical or learning disability, mental health problem, someone who misuses drugs or alcohol, or is elderly and frail.

The person they care for is usually someone they live with and could be a parent, sibling, grandparent or other relative.

If you think that your child could be considered a Young Carer please contact by email pastoral@chesswood.w-sussex.sch.uk or call 01903 204141 and ask for the pastoral team.



Sharon Main is the key contact for Young Carers at Chesswood.

Young Carers

Does your child or a child you know help to look after a relative with a disability, special needs, illness, mental health condition, or drug or alcohol problem?

Young carers may undertake all sorts of help, support and care activities beyond normal expectations of a child in the same age group i.e. beyond keeping the bed room tidy and helping with some household chores.

Examples of help, support and care activities

- Practical tasks, like cooking, housework and shopping.
- Physical care, such as helping someone out of bed.
- Emotional support, including talking to someone who is distressed.
- Personal care, such as helping someone dress.
- Managing the family budget and collecting prescriptions.
- Helping to give medicine.
- Helping someone communicate.
- Looking after brothers and sisters.

If you think your child could reasonably be considered a young carer please contact us by email pastoral@chesswood.w-sussex.sch.uk

No access to email? Please call 01903 204141 and ask for a member of the pastoral team

Our pastoral team will be able to help secure access support for Young Carers

Further Information:

Visit our Young Carers information page

HOME > PASTORAL > CHILD AND FAMILY SUPPORT > YOUNG CARERS

<https://www.chesswood.w-sussex.sch.uk/page/?title=Young+Carers&pid=1651&action=saved>

Dream Aspire Achieve

**WEST SUSSEX
YOUNG
CARERS**

LOADS OF YOUNG PEOPLE LIVE IN FAMILIES WHERE SOMEONE IS DISABLED OR HAS A LONG-TERM ILLNESS

Did you know there is a team dedicated to supporting YOUNG CARERS?

To find out more call 01903 270300

Email youngcarers@westsussex.gcsx.gov.uk

Web www.westsussex.gov.uk/youngcarers

west sussex county council

Young Carers

What help is available?

Help and support is provided by our Young Carers Family Service. They may provide:

- a whole family assessment, looking at the strengths, challenges and areas for support for each person in your family
- activities during school holidays for 8-11 year olds
- a weekly Young Carers' group during school term for 11-16 year olds, held in: Crawley, Worthing, Bognor Regis and Chichester
- a place at the annual Young Carers Festival for 14-16 year olds
- someone to talk to about your caring role
- support to talk to key people at school and maybe to your friends
- help to understand the illness or disability which the person you are helping to look after may have
- a volunteer mentor to spend time with you once a week for up to 6 months who can set personal goals and provide encouragement and motivation.



West Sussex Mind, Families in Mind: Support in Adur, Arun and Worthing

Families in Mind is a service aimed to support parents who have young children (0-4 years old) and need help with their mental health and well-being.

We have various events going on in the local area including:

Weekly play and chat groups, walks/meet ups in local parks and the Enjoy your Baby course.

Our service is completely free of charge and is open to all members of the community.

We know how hard it can be to get out of the house and get some support when you're feeling low, anxious or overwhelmed - we can help you with this by providing:

- A safe and non-judgemental space to share your situation and difficulties and get support
- Trained staff, many of whom have lived experience of mental health (and are also parents)
- Venues across the area which are easy to access by foot, car or public transport.

How parents we've supported said they've benefited:

- Learning new strategies to help improve how they feel
- Meeting new people whilst trying something difficult
- Get some routine into their week
- Push themselves out of their comfort zone.

To contact us for support:

Call our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652

or email helppoint@westsussexmind.org





PUPIL PREMIUM

ARE YOU ELIGIBLE?

Could you and your child be ENTITLED to help with costs towards clubs/trips/receive food vouchers/free holiday activity clubs during school holidays and free school meals?

If you meet any of the following criteria, then you could be entitled:

- **Income Support**
- **Income-based Jobseeker's Allowance**
- **Income-related Employment and Support Allowance**
- **Support under Part VI of the Immigration and Asylum Act 1999**
- **Child Tax Credit (with no Working Tax Credit and have an annual gross income of no more than £16,190)**
- **Working Tax Credit run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit**
- **Universal Credit – if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)**

If so, please contact Tracey Rainford, Family Liaison at Reception or email: trainford@chesswood.w-sussex.sch.uk

Upcoming School Open Days

Lyndhurst Infant School



Open Day & Evening Sessions for Parents/Carers of Children starting school in September 2024

Thursday 5th October at 4:30pm

Wednesday 11th October at 4:30pm

Thursday 2nd November at 9:30am & 11:00am

Tuesday 7th November at 9:30am & 11:00am

Tuesday 21st November at 9:30am & 11:00am

Please be aware that Lyndhurst Infant and Chesswood Junior schools are merging at the end of this academic year. The initial tours will be held at Lyndhurst with a follow-up tour of Chesswood Junior School (the site of the "new" primary school) being held at a later date in December. You will be able to sign-up to these sessions at your visits to Lyndhurst.

Places at each session are limited, so please only book 1 session. Please contact the school office if you would like to book onto one of these sessions:

Tel: 01903 235390

Email: office@lyndhurst-school.co.uk

Open evenings will also involve a tour of the school, but there will be no children 'at work'. The tour will be divided into two groups, one led by the Head Teacher and one by the Deputy Head Teacher.

**** These are information sessions for parents/carers only. ****

**** Please book a session at a time that you can attend without children. ****

Local Community Support Information

Community Food Hubs

West Sussex County Council is working in partnership with Biffa and UKHarvest, a food rescue charity, to reduce food waste and provide access to affordable food using rescued produce.

How it works?

The Community Food Hubs are open to everyone and are designed to reduce food waste. Simply bring a shopping bag and fill it from a selection of mixed groceries for a suggested donation of £3.50.

Our friendly volunteers will be on hand to help you make the most of your weekly shop by sharing recipes, healthy options, and tips to reduce your household food waste.



Dates and Location

Sidney Walter Centre
Sussex Road, Worthing, BN11 1DS

10 – 11 am

Dates:

2023
Thursday 25th May
Thursday 22nd June
Thursday 20th July
Thursday 31st August
Thursday 28th September
Thursday 26th October
Thursday 23rd November
Thursday 21st December
2024
Thursday 25th January
Thursday 29th February
Thursday 28th March
Thursday 25th April

*Confirmed to run until April 2024

For more information please visit:
westsussex.gov.uk/ukharvest or ukharvest.org.uk/community



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*Confirmed to run until April 2024



time out FOSTERING

Putting the heart into Fostering



Do something incredible.
Join us and change a child's life
Take the first step today, call
01903 259900



Time out Fostering is committed to safeguarding young people

www.timeoutfostering.co.uk

Early Help Service

Every Thursday

2pm – 4pm

Find us in Worthing Library Hub Meeting Room 1

The Early Help Service provides a family focused service for children, young people, and their families.

Pop in to see Early Help staff if you have any questions. We can offer information, advice, and guidance on a range of issues including emotional wellbeing, finances, education, and information about local services.

You can also scan the QR code for support for a Young Person



Volunteer with us

'I enjoy it so much. The girls are lovely and I feel I'm doing something worthwhile. It's amazing!' (Tayba, Leader)



Do something amazing - help us give girls in your local community more opportunities for fun, friendship, challenge and adventure.

Come and join the adventure!

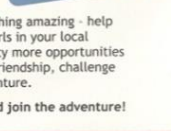
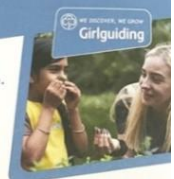
Be part of it

For more information please contact
girlguidingworthing@gmail.com

Girlguiding is the leading charity for girls and young women in the UK. You can help us create amazing opportunities for girls in your local area. Our volunteers run projects, events and activities that give girls the chance to discover their potential and learn new skills that set them up for life.

There are lots of ways you can volunteer with Girlguiding - it's flexible and can fit around busy lifestyles. You can even learn new skills and receive training while making a real difference.

Be part of it at www.girlguiding.org.uk/interested, or call 0800 169 5901.



Sometimes, talking to people who share similar experiences to yours means you're more likely to feel understood and get the support you need.

Autism Central is here to help!

Sometimes, talking to people who share similar experiences to yours means you're more likely to feel understood and get the support you need.
Autism Central is here to help!

The Autism Central Peer Education programme is for parents, carers and personal assistants of autistic people.

Support is provided by parents and carers of autistic people who are happy to share their knowledge and experience with others.

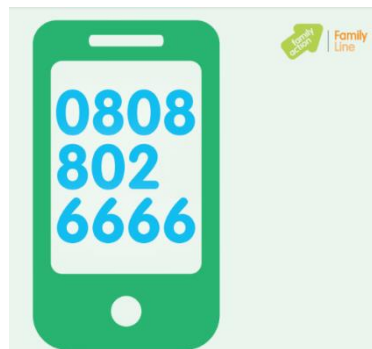
- We are here to listen, offer guidance and tell you about services that are available in your local area
- Navigate you to services that can make a difference and empower you
- Increase your knowledge, understanding and provide you with skills to last

Request for Support



Charity number: 1076440

aspens.org.uk



If you need support contact FamilyLine today.

A free helpline that offers emotional support and practical guidance via telephone, text, email and live chat for all family members over the age of 18.*

Call 0808 802 6666

Text 07537 404 282

Live Chat familyline.org.uk/familyline

Email familyline@family-action.org.uk



*You will only receive support under the age of 18 if you are a registered user of the service.
Registered users of FamilyLine are eligible for support. Registered users of FamilyLine are eligible for support. Registered users of FamilyLine are eligible for support.

Community Events

brim BUILDING RESILIENCE IN YOUNG MINDS

DOES YOUR CHILD NEED SUPPORT WITH THEIR MENTAL HEALTH?

IS YOUR CHILD STRUGGLING WITH SELF-ESTEEM?

IS YOUR CHILD OFTEN ANGRY OR FRUSTRATED?

ARE YOU WAITING FOR A CAMHS APPOINTMENT?

BRIYM are a group of highly qualified therapists that have all previously worked in schools; they are a mix of Assistant Headteachers, Heads of Year, Teachers and Support Staff who have joined together to help support the mental health crisis that young people are suffering.

www.briym.co.uk info@briym.co.uk

[@briym.uk](https://www.instagram.com/briym.uk) [BriymUK](https://www.facebook.com/BriymUK) [07793372829](tel:07793372829)

DO YOU KNOW A CHILD WITH A **PASSION FOR FASHION?**

DO THEY HAVE STAND-OUT STYLE?

Would they like to show off their creative design skills to celebrities + showcase their ideas to the fashion world?

lion tv MEDIA

THE MAKERS OF "HORRIBLE HISTORIES" ARE LOOKING FOR 10 TO 14 YEAR OLDS FOR A BRAND NEW STYLING CHALLENGE SHOW FOR

CBBC + iPLAYER

For more details, parents/guardians should contact:

Fashion@liontv.co.uk

OTHER TERMS AND CONDITIONS MAY APPLY. WE WILL PROCESS YOUR PERSONAL DATA BY NECESSITY IN ACCORDANCE WITH OUR PRIVACY POLICY AVAILABLE AT www.liontv.co.uk/privacy-policy. ALL APPLICANTS MUST HAVE PERMISSION FROM THEIR PARENTS OR LEGAL GUARDIAN TO PARTICIPATE. CHILDREN MUST BE AT LEAST 11 YEARS OLD AND NO MORE THAN 14 YEARS OLD ON 1st SEPTEMBER 2023.

Starting in Autumn 23

Can't cook - wanna cook?

IF IT FITS IN A TOASTER, I CAN COOK IT

If this sounds like you, then why not put your name forward for our new cooking sessions. Initially, we would ask you to commit to attending 3 morning sessions on a Tuesday from 10am until midday. We are targeting people who have little, or no cooking skills and would like to learn to create easy, nutritious, delicious food.

Contact Alison on 01903 215 799 to register your interest.

Worthing Homes

TOY BOX UK

PRE-LOVED TOYS

Toybox UK is a Family-run business based in West Sussex Selling pre-loved good quality toys.

PLEASE VISIT OR FOLLOW US ON THE LINKS BELOW

www.TOYBOXUK.INFO

[TOYBOXUK](https://www.facebook.com/TOYBOXUK)

Info@toyboxuk.info



www.westsussex.gov.uk/libraries West Sussex Libraries @WSCCLibraries

Construction Club

Get creative. Get imaginative. Get building!

Suitable for children aged 6+ years
FREE weekly drop-in sessions

Parents and carers are asked to remain with their child during this activity



Every Saturday
2.15pm - 3.45pm

West Sussex County Council

Worthing Library
Richardson Road, Worthing BN11 2AD
01903 704809



Petworth Festival Literary Week Family Events 2023

Petworth Festival Literary Week brings family events to this year's West Sussex Literary Festival line-up



Joseph Coelho - Poetry Prompt
11:00am, Saturday 28 October at Leconfield Hall, Petworth

We are thrilled to welcome the Waterstones Children's Laureate for 2022-2024 Joseph Coelho to the festival, his Sunday morning interactive session being fully family-orientated and for children of 6 and upwards. A 100% must for anyone who has taken part in the festival's in-school poetry sessions of recent years.

[Click for tickets](#) - Adults £8 / 18 & under £5



Andrew Pettie - The What on Earth! Family Quiz
2:00pm, Saturday 28 October at Leconfield Hall, Petworth

How many planets in our solar system would fit between Earth and the Moon? How many cups of snot does your body make in a day? And how many people are flying up in the sky at this very moment? All of these questions and more will be answered during this fun and fascinating family quiz. Your host is Andrew Pettie, editor of What on Earth! Magazine, the UK's fastest-growing children's magazine. [Click for tickets](#) - Adults £8 / 18 & under £5



Lucy Reynolds - We are Family (Children's event)
10:30am, Thursday 2 November at Leconfield Hall, Petworth

There are billions of creatures on this earth, but there is only one YOU! Join children's author, Lucy Reynolds, for a fun, interactive workshop celebrating the many ways young grow up on this wild, wonderful planet. Perfect for ages 4+ but all very welcome.

[Click for tickets](#) - Adults £6 / 18 & under £5

Petworth Festival Literary Week - 25 October to 5 November 2023

[Full line up here](#)
www.petworthfestival.org.uk
Tel: 01798 344576

BLUEBELL RAILWAY

October 13th - 29th

ICE SKATING AT THE BLUEBELL RAILWAY



COME ICE SKATING ON REAL ICE AT SHEFFIELD PARK STATION IN THE UNIQUE AND AMAZING LOCATION OF THE LOCOMOTIVE SHED

www.bluebell-railway.com/ice-skating/



External Clubs Information

Please note STEM Club start next week beginning 11th September. If you haven't yet booked your child's space, please contact Ali Khan on 07951287236

S.T.E.M CLUB

Chesswood Junior School
Date: Every Wednesday starting 13 Sep
ends 13 Dec
Price: £90

For Booking Details Contact: - Ali Khan
Email: STEMInnovation@outlook.com
Tel: 07951287236

Payment to:
STEM INNOVATION CONSULTANCY
ACCOUNT NO: 24254562
SORT CODE: 30-98-97

www.steminnovation.co.uk

S.T.E.M CLUB

Chesswood Junior School
Date: Every Friday starting 15 Sep
ends 15 Dec
Price: £97.5

For Booking Details Contact: - Ali Khan
Email: STEMInnovation@outlook.com
Tel: 07951287236

Payment to:
STEM INNOVATION CONSULTANCY
ACCOUNT NO: 24254562
SORT CODE: 30-98-97

www.steminnovation.co.uk

Run, Jump & Throw
Worthing Harriers Junior Athletics

Join Worthing Harriers' junior athletics group for Year 6 athletes every Monday evening from 18:00 to 19:00. Our club takes a multi-event approach to training, providing younger athletes with a chance to try a variety of events, including Long Jump, High Jump, Sprints, Shot, Discus, Javelin, Hammer and Hurdles.

If your child is interested in trying athletics, get in touch with us via email for more information.

Location: Worthing Leisure Centre
Contact Email: Simonevans1992@gmail.com
Phone number: 07730078561

FREE TASTER LESSON

The Towers, Upper Beeding, Monday 23rd October

Book now a free taster swimming lesson for:
Monday 23rd October, between 4pm to 6pm, at The Towers,
Steyning Grammar School, Upper Beeding BN44 3TG.

BOOK YOUR PLACE NOW!
<https://qrco.de/Free-trial>
01273 901756

swim@unitedswimmingacademy.com

USALswim 07391 420931

Swim England
Swim School Member
Swim England Affiliated Swim School (Reg: 13410494)

Swim Until Half Term for Just £40

Swim at our beautiful, warm private pool in Small Dole with this amazing special offer - only whilst spaces last. This is up to a £20 discount on lessons. Small groups up to 6. Teacher in the water. Friendly and Professional approach. Baby, toddler and afterschool classes.

hello@crestswimschool.co.uk
or 01825 790896 for more information

Offer on group classes only, quote your school name and this offer to receive the discount. Expires Friday 22nd September

External Clubs Information

WORTHING TABLE TENNIS CLUB

COME ALONG AND LEARN HOW TO PLAY WITH TOP EXPERIENCED COACHES!

CONTACT ID: 01903 5740011164
WWW.WORTHINGTTC.COM
WWW.WORTHINGTTC.COM

Bribar Table Tennis

WORTHING HIGH SCHOOL, SOUTH FARM ROAD, WORTHING BN14 7JH
WORTHING BN14 7JH
SATURDAYS - (UNDER 13) - 10AM - 11.30AM
MONDAYS - JUNIOR COACHING (UNDER 19) 5.30PM - 7.30PM

THOMAS A. BECKETT JUNIOR SCHOOL, BLISSIDE AVENUE, WORTHING BN14 7PH
THURSDAYS - JUNIOR COACHING (UNDER 19) 5PM - 7PM

WORTHING BOROUGH COUNCIL
WORTHING
British Para Table Tennis

HOLA AMIGOS!

SPANISH LESSONS FOR 6-9 YEAR OLDS

TAUGHT BY MARI
A QUALIFIED PRIMARY SCHOOL TEACHER FROM MADRID

THURSDAYS 3.45 - 4.30 PM
(TERM TIME ONLY)

£7 PER LESSON

HEENE COMMUNITY CENTRE

CONTACT: BECCA 07738 441 283 MARI 07307 996 111
HEENE COMMUNITY CENTRE, HEENE RD WORTHING BN11 4PL

ROMANS
June - October MMXXIII

New exhibition FREE entry!

Littlehampton Museum
Closed Sundays & Bank Holidays
Church Street, Littlehampton, BN17 5EW Tel: 01903 738100
E: museum@littlehampton-ic.gov.uk
W: littlehamptonmuseum.co.uk

f t i

Wickers Gymnastics
Dream, Believe, Achieve

Gymnastics For All Ages!

Wickers a friendly local gymnastics club, offering gymnastics to children of all ages and abilities, offering a variety of preschool sessions independent classes for children aged 3 - 4 years, Junior gymnastics for children aged 4 years and over, a competitive programme, dedicated teenage classes and even adult gymnastics.

Contact Us Today!

www.wickersgymnastics.co.uk
01903 752503 - wickersgymnasticsclub@hotmail.co.uk

WORTHING RUGBY CLUB

Is your child in Reception to year 6? Do they want to be part of a great team? We have over 300 children every Sunday morning and we always welcome more.

Whether our child has never played rugby before or has been playing for years, we welcome all to come along and give it a try this September.

First session of the season is 9am on Sunday 3rd September. Girls and Boys welcome.

The first four weeks are free to give it a go, with individual and family memberships available.

For more information please see our website: www.worthingrfc.co.uk/rugby/mini

Come and learn about rugby's core values
Teamwork
Respect
Enjoyment
Discipline
Sportsmanship

WORTHING RFC

Curtain Call
MUSICAL THEATRE CLASSES!

Ages 5-16 years
Wednesdays, 16:00-17:30
Theatre Studios, Goring-by-Sea

• Singing • Dancing • Acting • Performing Arts •

west sussex music

Play in a Band

Worthing Contemporary Music Centre
Northbrook College, West Durrington, Littlehampton Road, BN12 6NU
Wednesdays from 4:30pm - 5:30pm
Ages 7 - 16 yrs

Brand new sessions designed for those who sing or play drums, guitar or keyboard

- ✓ Free sessions in term one
- ✓ Develop your skills as a band member
- ✓ Expert tuition on all instruments

Book online at www.westsussexmusic.co.uk/Band
01403 286330

f t i

Supported using public funding by ARTS COUNCIL, ENGLAND

SOUTH COAST SKATEBOARD EVENTS
We are a not for profit business

f i

WEEKLY INDOOR GROUP LESSONS £7.50

ADULT/CHILD 121S

CHILDRENS PARTYS

#SPORTNOTSPORT
IMPROVE COORDINATION
IMPROVE RESILIENCE AND CONFIDENCE

SEND friendly

October Half Term Activities



STEM INNOVATION Ltd
Inspiring the Future

S.T.E.M HOLIDAY CLUB



Chesswood Primary school
Date: Monday 23rd and Tuesday 24th October
Price: £35 per day
Time: 10am-2pm
Just bring lunch and a drink

For Booking Details contact: Ali Khan
Email: steminnovation@outlook.com
Tel: 07951287236

Payment to:
STEM Innovation Consultancy
Account No: 24254562
Sort Code: 30-98-97

www.steminnovation.co.uk



THE UK'S FAVOURITE BARRACUDAS Activity Day Camps

October Camp!

QUOTE CODE: SCHOOL20
FOR AN EXTRA £20 OFF YOUR BOOKING
*MINIMUM OF 2 DAYS

Visit barracudas.co.uk or call 01480 467 567

The UK's Favourite Holiday Activity Camp!

WIDE RANGE OF ACTIVITIES! CHOICE FOR EVERY SESSION!

Recommend a Friend
£100 for you, £25 for your friend

Trustpilot 4.5/5

BOOK NOW!

GET ONE A WEEK! PARENTS CAN TAKE EITHER CHILDREN'S VOUCHERS OR 10% FREE CHILDREN'S!

Ofsted Outstanding Provider



OCTOBER HALF TERM TECH CAMP

AT OUR LADY OF SION SCHOOL, BN11 1RE

23RD OCT - 3RD NOV

AGES 5-11 | £49 PER DAY
9AM - 4PM DAILY

BOOK 5 DAYS ONLY PAY FOR 4

WEEK 1: ROBOTS, VR & TECH FUN
Build robots, design games, model 3D creations, learn to mix like a Pro DJ... plus MEDIA LASER TAG! Explore, experiment and ignite the imagination with this exciting week full of activities!

WEEK 2: MINECRAFT & LEGO ENGINEERING
Dive into Minecraft Education - design elements of the game, build redstone circuits and learn coding fundamentals. Build engineering with LEGO bricks, sensors and motors to create crazy machines powered by code.

Different activity theme each day, please check website for your camp activities

23RD OCT - 27TH OCT LIMITED SPACES
30TH OCT - 3RD NOV LIMITED SPACES

A great environment!
"My kids loved it and we've booked for the next camps in October. The staff were also super helpful. Would 10/10 recommend!"
- Recommended Parent (Email)

BOOK 5 DAYS ONLY PAY FOR 4

What to bring to camp:
- Reusable Lunch and Drink Containers
- Water Bottle
- Medication (if required)
- Homework/Classwork (Friday Optional)

www.nextthing.education



KIDS HALF TERM FABRIC DECORATING WORKSHOPS

THURSDAY OCTOBER 26TH
BAY CAFE, THORN ROAD, WORTHING

CATCH UP WITH A FRIEND AND DRINK COFFEE WHILST THEY DESIGN A ONE OF A KIND T-SHIRT, PENCIL CASE, CAP, PILLOW CASE AND MORE WITH US!

EMAIL: HELLO@MESHIRTKITS.COM OR HEAD TO THE WORKSHOPS SECTION OF OUR WEBSITE FOR MORE INFO
WWW.MESHIRTKITS.COM




Under 16s only (16+ - Personalised fabric printing kits for kids)
As featured in John Lewis, The Evening Standard, The Telegraph and The Independent (04/03/22)
<https://linktr.ee/MeShirts>



OCTOBER HALF-TERM HOLIDAY CAMPS

VENUE	DATE	SESSION	TIME	AGE	COST
LANCING Sir Robert Woodard Academy	24/25/26 OCTOBER	Football Camp	09:30 - 15:30	4-13 YRS	SINGLE DAY - £10 3 DAY CAMP - £29
PORTSLADE Portside Leisure Centre	24/25/26 OCTOBER	Football Camp	09:30 - 15:30	4-13 YRS	SINGLE DAY - £10 3 DAY CAMP - £29
STORRINGTON Chancery Leisure Centre	24/25/26 OCTOBER	Football Camp	09:30 - 15:30	4-13 YRS	SINGLE DAY - £10 3 DAY CAMP - £29
WORTHING Worthing Town FC	24/25/26 OCTOBER	Football Camp	09:30 - 15:30	4-13 YRS	SINGLE DAY - £10 3 DAY CAMP - £29
MILE OAK Mile Oak Primary School	23 & 27 OCTOBER	Multi-Sports Camp Goalkeeper Camp	09:30 - 15:30	4-13 YRS	£10 PER DAY

Holiday courses for all children aged 4-13 years.
All abilities welcome. All courses are led by qualified coaches in a professional, safe environment.


WWW.ACEFOOTBALLACADEMY.CO.UK
INFO@ACEFOOTBALLACADEMY.CO.UK
07772 073926 | 07817 303334

BOOK NOW



Facebook, Instagram, Twitter icons


October Half Term Activities

West Sussex Young People's Service 

October Half Term Programme 2023


Bookings now open!

Our school holidays programme has been designed specifically for young people under 18 on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD).




"Thank you- S has had a great time. I actually can't believe I spent those hours worrying for him to say can I go again please!" Mum to Young Person aged 8

"I can't stress how much she enjoys what she does when she comes to the different activities. I just wanted to send an email to say how much we appreciate your efforts in what you do" Mum to Young Person aged 16



To book a place please scan the QR code or visit <http://wsxshortbreaks.aspens.org.uk>



Locations include: Shoreham, Chichester, Angmering, Haywards Heath and Crawley

aspens.org.uk Charity no: 1171446

West Sussex Young People's Service 

October Half Term Programme 2023

Sunday 22nd	Goodwood Forest Adventures Family Day	Chichester
Monday 23rd-24th	The Empower Programme Sensory and Emotion Regulation 12+	Crawley
Monday 23rd	School Holiday Club 8+	Felpham
Tuesday 24th	School Holiday Club 8+	Haywards Heath
Wednesday 25th-26th	The Empower Programme Sensory and Emotion Regulation 12+	Chichester
Wednesday 25th	Teenz Trip 14+ Out of Bounds, Rustington	Rustington
Thursday 26th	School Holiday Club 8+	Shoreham
Friday 27th	Sussex Forest Activities Dappers Lane, Angmering	Angmering
Friday 27th	Arun Youth Club 14+ Felpham Methodist Church	Felpham

To book a place please go to <http://wsxshortbreaks.aspens.org.uk>

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aspens.org.uk Charity no: 1171446

West Sussex Young Peoples Service 

The EMPOWER Programme
"Empowering, creating, learning"



The EMPOWER programme is run by our Behaviour Specialists and Specialist Intervention Advisors. These workshops are designed specifically for young people under 18 on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD).

Topics:

- Sensory and Emotion Regulation
- Organisation and Time Management
- Anxiety and Social Skills



Aims:

- To provide educational information around different topics in a fun and engaging way
- To support and increase young people's knowledge of their own needs
- To empower individuals to put effective strategies in place to support their needs
- To provide a safe environment for young people led by specialists
- To provide an opportunity for fun, engaging activities whilst giving an opportunity for peer interaction

If a young person would like to find out more about the empower programme please email: wsxbookings@aspens.org.uk

Monday 23rd - Tuesday 24th	Sensory and Emotion Regulation	The Millpond, Crawley
Wednesday 25th - Thursday 26th	Sensory and Emotion Regulation	Parklands School, Chichester



To book a place please scan the QR code or visit <http://wsxshortbreaks.aspens.org.uk>

aspens.org.uk Charity no: 1171446

OCTOBER HALF-TERM



PREMIER HOLIDAY CAMPS

 **INSPIRING ACTIVITY**

SCAN HERE FOR MORE INFORMATION or visit premier-education.com/holiday-camps



Trustpilot  Based on over 15,000 reviews

YOUR NEAREST HOLIDAY CAMP...

Worthing	Adur	Arun	Storrington
West Park Primary School	Sompting Village Primary School	Barnham Community Hall	Chancetown Leisure Centre
Our Lady of Sion Senior School			Hall Activities, Performing Arts & Gymnastics camps
			*9.30-4pm *£24.95 *Year 1-6

All venues Ofsted registered, Childcare Vouchers accepted
Worthing Leisure Centre & Lancing Leisure Centre - Book direct with South Downs Leisure

PLEASE BRING

- A packed lunch
- Plenty of water
- Suitable clothing
- Loads of energy!

Our Holiday Camps keep children entertained, safe & on the move during the school holidays.

A bucket load of fun activities, every school holiday. With great value sports, performing arts and games to enjoy each half term, we have plenty for your children to get stuck into in the school break.

Book now for a school holiday full of fun!

THINGS ARE BETTER WITH FRIENDS!

TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!



Trustpilot  Based on over 15,000 reviews

October Half Term

Curtain Call's MUSICAL THEATRE

Halloween Workshop!

Ages 4-16 years
Thursday 26th October
08:30-12:30 - £20
St Mary's Church Hall, Goring



Charley Ann Moyce
07852411301
curtaincallworthing@hotmail.co.uk
[curtaincallworthing](https://www.facebook.com/curtaincallworthing)

SCHOOL HOLIDAYS ACTIVITIES CLUB

OCTOBER HALF TERM 23TH - 27TH OCTOBER 2023

QUAYSIDE YOUTH CENTRE
UPPER KINGSTON LANE
SOUTHWICK BN42 4RE

OVER 50 ACTIVITIES, BOUNCY CASTLES, FUN GAMES, NERF WARS, ARCHERY, TEAM SPORTS, ...AND MORE!

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