



Sun Safety Policy

It was developed by	Head teacher
Consultation	School Community
Governing Sub Committee	Pastoral
It has been presented to the governors.	Autumn 2013
Communication: This policy is hosted on the school website and available for copying from there.	
It will be reviewed:	Reviewed September 2016



Sun Safety Policy

School Vision

At Chesswood Junior School we inspire our whole school community to enjoy their learning adventure and have fun along the way. We ignite a passion for learning throughout the school community, securing excellence, empathy and equality in all that we do.

School Mission

We will strive to achieve the highest standards of academic achievement and behaviour within a vibrant, exciting learning environment so that all children leave this school with confidence and the ability to take advantage of future opportunities.

Agreement Links

This policy should be read in conjunction with the following school policies

Health and Safety Policy

Supporting Material

- Sun Smart Guidelines – Cancer Research UK



Contents

SCHOOL VISION	- 2 -
SCHOOL MISSION.....	- 2 -
AGREEMENT LINKS.....	- 2 -
1. INTRODUCTION.....	- 4 -
2. EDUCATION	- 5 -
3. PROTECTION	- 5 -
3.1. SHADE	- 5 -
3.2. TIMETABLING	- 5 -
3.3. CLOTHING	- 6 -
3.4. SUNSCREEN	- 6 -
4. MONITORING AND EVALUATION.....	- 6 -



Sun Safety Policy

1. Introduction

We have the majority of sun exposure when we are children and a significant amount of that exposure will be during school time. We believe we have a responsibility to ensure that pupils are protected from the harmful effects of the sun as much as possible during the school day.

Skin cancer is one of the most common cancers in the UK and the number is rising at an alarming rate. However, this is largely a preventable illness caused by exposure to UV radiation. Where children are protected, and protect themselves, from the sun they are more likely to reduce their risk of illness. Sun burn in children can double the risk of skin cancer and whilst the problems are not immediately apparent they are likely to occur in adulthood. It is Chesswood School's intention to promote sun safety in partnership with the whole school community in order that children may live healthy lives.

As a 'healthy school' we are keen to ensure all children

- are provided with the knowledge about the potential harmful effects of the sun and the confidence to undertake simple precautions independently.
- are provided with an environment that is 'Sun aware' where staff actively promote sun safety – including the arrangement of activities and role modelling good 'sun safe' practice.
- have school premises that can enable them to be protected from harmful UV radiation.

Aims¹

Stay in the shade 11-3

Make sure children never burn

Always cover up

Remember children burn more easily

To promote the use sunscreen 15+ at school

¹ Adapted from Cancer Research 'Sun Smart' campaign



Sun Safety Policy

2. Education

- All pupils will have one whole school sun smart lesson per year, at the beginning of the summer term.
- In the summer newsletters parents and guardians will be notified about 'Sun Smart' precautions they can help with.
- All staff have a responsibility to support children in being 'sun aware' and 'sun safe'

3. Protection

3.1. *Shade*

The premises, health and safety committee will in liaison with the school leadership team plan strategically for increasing shade to be provided on the school grounds. This will include:

- Increased use of natural shade in a tree planting programme
- Shade structure such as umbrellas, jumborellas, and shade structure being purchased and erected
- Seats being placed in shaded areas
- Organising activities to make use of the shade available.
- Use of a playground for quiet shaded areas when pupils are on the field.

3.2. *Timetabling*

- Lunch break is 45 minutes long with approximately 30 minutes for potential exposure to the sun. One additional break is in the morning 11.05 – 11.25
- Outdoor events and lessons will be undertaken outside of the hours 11am-3pm, where possible.
- Our sports events and outdoor lessons will take into consideration the potential effects of the sun i.e. sports day is arranged in early June. Events will be postponed if the temperatures are in excess of 26 degrees C.
- PE lessons will be re-timetabled should the temperatures be in excess of 26 degrees Celcius.
- Flexibility of timetabling to adjust to conditions and periods of strong intense sun. This may include shorter P.E. lessons or break times or alternative timings.



Sun Safety Policy

3.3. **Clothing**

- Children will be encouraged to wear brimmed hats, during the summer term, whilst they are outside in the sun. School uniform is based on clothing that covers most of the body including shoulders.
- Children are encouraged to wear UV protective sunglasses – although they must accept responsibility for care for them.
- Physical Education lessons and outdoor activities will be undertaken with children dressed in appropriate kit – including long sleeved shirts, a hat or cap.
- Staff are encouraged to show good sun safety and wear hats whilst on duty and when leading PE lessons.

3.4. **Sunscreen**

- Parents are reminded within newsletters and specific event letters to send their children with sunscreen applied and with the resources to apply more should they need it.
- It is expected that children will put sunscreen on themselves before they come to school.
- Children will be encouraged to bring sun screen to school daily.
- Children will be encouraged to put sunscreen on themselves before they go onto the playground at lunch time.

4. **Monitoring and Evaluation**

The pastoral committee in liaison with the leader of this policy will review the progress towards 'sun safety' using the 'Sun Smart checklist for primary schools. Actions, where appropriate will be developed based on the responses to the checklist and within the constraints of the school budget and other school priorities.



Sun Safety Policy

SunSmart Sun Protection Policy Checklist for Primary Schools

EDUCATION

It is important to raise awareness of why we need sun protection if you want to encourage pupils to change the way they behave in the sun.

Sun Protection Strategy				Comments
	In place	Planned soon	Not planned	
Sun protection is incorporated into curriculum for all ages				
Teachers are trained in the importance of sun protection				
Sun protection is actively promoted to pupils in other ways (eg. assemblies, workshops, talks)				
Parents are informed of the importance of sun protection				

PROTECTION

Consider sun protection when planning all outdoor activities from April to September (the sun is most dangerous at this time of year).

Sun Protection Strategy				Comments
	In place	Planned soon	Not planned	
SHADE				
Trees have been planted to provide long-term shade				
Shade structures provide long/short-term shade				
Seats and equipment are moved to shady areas				
Organised activities make use of the shade available				
TIMETABLING				
Outdoor activities and events are planned outside of 11-3 where possible				
In the summer term morning break is extended and lunch breaks shortened to avoid the midday sun				
CLOTHING				
Pupils are encouraged to wear wide-brimmed (or legionnaire style) hats when outside				
Pupils are encouraged to wear tops that cover their shoulders (vests and strappy tops are discouraged)				
School uniform tops and hats offer suitable sun protection				
Pupils are allowed to wear UV protective sunglasses				
Teachers and assistants also wear suitable hats and clothing				
SUNSCREEN				
Sunscreen is the last line of defence. But it is useful for covering exposed areas of skin when shade and protective clothing are not practical eg. during outdoor swimming, PE lessons and school excursions. The following are only suggestions – they may or may not be appropriate for your primary school.				
Letters are sent home asking for parental permission for teachers to supervise application of sunscreen				
Only factor 15+ sunscreen is used in school				
Sunscreen is reapplied regularly, particularly at midday				
Each pupil has their own labelled bottle of sunscreen				
There is a school stock of sunscreen for pupils who forget/cannot afford their own				
The school provides sunscreen free of charge for all pupils				