



Y5 PE Knowledge Organiser— Invasion Game Principles



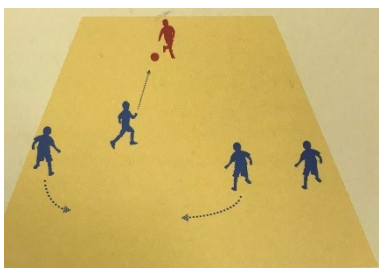
Key Knowledge

Learn these key facts—**key points in red**

Defending

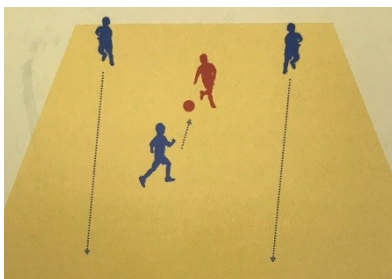
Cover

When a defender puts pressure on the attacker — the other defenders **cover the space the defender left**.



Delay

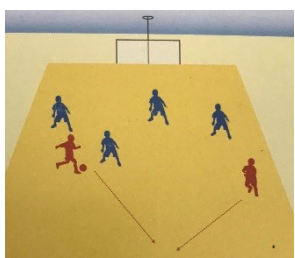
If possession is lost quickly—a defender should **try to slow the attacker down** so other players can get back in position (**goal side**).



Attacking

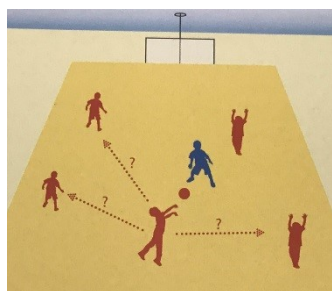
Depth

Sometimes passes need to go away from the goal to draw the defenders away from the goal—**creating space for a future forward pass**.



Support

To give the player in possession as **many options as possible** team-mates move into different positions to receive the ball. This could be to the side / behind / in front of the ball.



Key Vocabulary

Understand these key words

Word	Definition
Pressure	Moving closer to the player in possession of the ball.
Cover	When one player applies pressure another teammate drops deeper to cover.
Delay	Slowing the pace of the attack to help the defence.
Possession	Retain the ball and keep away from the opposition
Width	In order to create space some players will need to move to wider positions
Depth	Have support behind the ball (be able to pass backwards)
Scanning	Players to scan playing environment before sending or receiving the ball
Ball-see-you	There needs to be a clear path between you and the ball
Support	Movement of team-mates to get into space to receive the ball.
Decision Making	Is it best to move with the ball, pass or shoot.

Sports Focus

Football

Players

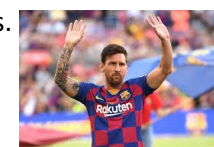
Pele

Brazilian born forward won 3 World Cups for Brazil—scored 77 goals in 92 games for his country. Made international debut at 16.



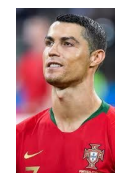
Lionel Messi

6 time Ballons D'Or winner, the Argentinian has spent his entire career at Barcelona. Holds scoring records in La Liga for most hat-tricks and most goals.



Cristiano Ronaldo

Portuguese star has 5 Ballons D'ors and 5 Champions League winners medals. Has played for Manchester United, Real Madrid and Juventus.



Scored over 700 Goals in his 1000 League games.