



Y5 PE Knowledge Organiser—The Name is...



Key Knowledge

Learn these key facts—**key points in red**

Parkour

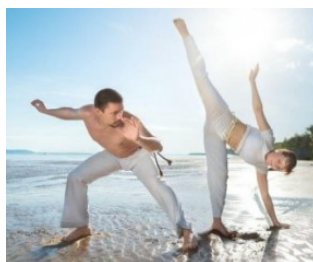


Free running (**leaps / jumps / rolls**) moves are used to demonstrate an obstacle run this add different **dynamics** to the dance.



Capoeira

Basic moves such as **ginga** and also kicks and defence create **atmosphere** in the dance.



Action / Reaction

Used in the non-contact fight scene and for **showing and responding to intimidation** within the dance.



Key Vocabulary

Understand these key words

Word	Definition
Action / Reaction	Where one dancer reacts to another dancer's movements
Canon	People performing the same move one after the other.
Capoeira	Brazilian martial art based on music, gymnastics and dance.
Choreograph	Create moves and motifs to perform
Count	Equal beats usually paired with the music—can be 4, 8, 16 or 32 in length
Dynamics	How movements are executed e.g. smooth, fast, aggressive, sharp
Motif	A short series of actions that are repeated in various parts of a dance composition.
Set	A given number of beats/actions that can be repeated. Sets are usually made up of 4, 8, 16 or 32 counts.
Trigger	Where another person, part of the music or a cue is used to trigger a dance move.
Unison	Two or more people doing a range of moves at the same time.

Bond Focus

Ian Fleming:

The English author who created the character James Bond in 1953 and wrote 12 novels based on 007.



Actors:



From left to right

Sean Connery (7 films)

George Lazenby (1 film)

Roger Moore (7 films)

Timothy Dalton (2 films)

Pierce Brosnan (4 films)

Daniel Craig (4 films)

Films:

26 films so far (by 2020) - first was Dr No in 1962—latest one No time to Die (2020).