



Y6 PE Knowledge Organiser— Table Tennis



Key Knowledge

Learn these key facts—**key points in red**

Ready Position

The ready position is a key starting point when fielding. It provides you with the best opportunity to catch and/or stop the ball and allows you to move into position quickly. This is done by being on your toes with your body **weight slightly towards** where the ball is coming from with hands ready.



Forehand Drive

Hip to lip (start and finish points for the bat)

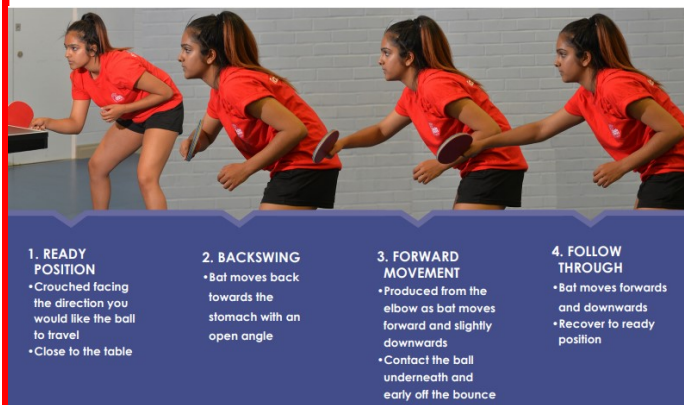
Finish with your **in-index finger pointing towards the target** (like a gun)



Backhand Push

Making an **L shape** with your elbow on the backswing and push your arm forwards to an **I** on the swing

Finish with your **in-index finger pointing towards the target**



Key Vocabulary

Understand these key words

Word	Definition
Serve	To strike the ball it must be your own side of the table before your opponent's side
Grip	Hold the handle of the bat like you are going to shake its hand .
Table	Playing area divided by a net
Bat / Paddle	Equipment used for hitting the ball one side is red the other black
Bat /paddle	Grip
Spin	Making the ball turn in different ways depending on how it is hit
Rally	Continuous shots over the net between 2 or more players
Footwork	Moving your feet early to get in line with the ball

TT Focus

Player

Will Bailey



Gold medal winning and world number 1 Paralympian Will has played table tennis since the age of 7 after taking up when recovering from cancer—not only did he defeat cancer was also born with arthrogryposis (a condition curving all 4 of his limbs).

Will received a Yellow Card when he won his gold medal in Rio (2016) for standing on the table after winning his match.

He is an MBE and also has danced on Strictly Come Dancing.