




PE Knowledge Organiser—OAA



Key Knowledge		Key Vocabulary		OAA
Learn these key facts—key points in red		Understand these key words		
Teamwork/Co-Operation Without this it makes it very difficult to succeed. Listening to each other for ideas and supporting both verbally and physically will help when trying to achieve the common goal or solve the problem faced. Within a team the individuals will need to undertake certain roles . By doing this is helps prevent arguments and provides a structure. Roles can include: leader, planner, observer, analyst, performer etc.	Orienteering Orienteering can be done in many ways. It involves reading a map of an area (school) in order to find stampers with a specific pattern to correspond to a letter, number, image or symbol. Map reading is a key part of orienteering so being able to orienteer a map so that you always know which direction you are facing and that the map is the same way can completely change the outcomes.	Word	Definition	<div><div>PLAN</div><div>MAP 1</div></div>
		Communication	Exchanging information with another person or team	
Compass Point	Directions: North, South, East, West, North East, North West, South East, South West			
Decision	The action: What you are going to do			
Map	A representation of an area of land showing features such as buildings, paths, outdoor space etc			
Map reading	Being able to identify what a map is showing and follow it as you move			
Orienteering	A competitive sport where participants travel with the aid of a map and/or compass			
Problem	A situation in which a current state is separated from an ideal state by obstacles			
Solution	a means of solving a problem or dealing with a difficult situation			
Solver	Is someone who actively attempts to overcome a problem or challenge put in front of them			
Strategy	a plan of action designed to achieve a specific goal or set of goals			
Teamwork	the combined action of a group, especially when effective and efficient.			
Think Outside the Box Be creative when solving a problem! It is not always as easy as it seems or is it? Sometimes a very simple solution is the perfect answer but on other occasions using your imagination to do something slightly different is what is needed to succeed! Listen to instructions very carefully as you can plan your ideas from the details or lack of that are given!	Communication One of the most important aspects of OAA. It doesn't matter what activity you are doing, if there is more than one person you need to communicate to each other. Communication can be done verbally (most common), silently through signs and signals, writing etc. All forms of communication needs to be very clear so that others can understand it , especially if someone is blind, deaf (permanent or temporary) or struggles with certain types of communication.			