

Is your child moving up from Year 2 to Year 3?

Then don't let them miss out on nutritious school meals!

Chartwells school meals are compliant to the Government's School Food Standards, ensuring a balanced diet to provide all the nutrients a child requires to support optimal growth and development (Head of Nutrition, Chartwells)

As pupils move into year 3 school lunches are no longer free under the Government's Universal Infant Free School Meals scheme, however the social and nutritional benefits of eating a school meal with peers may be something you wish to continue for your child. Some would say it's money well spent!



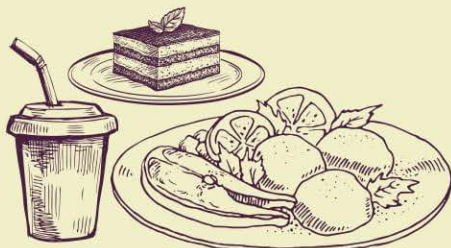
For the average price of a high street coffee or magazine, your child could enjoy a delicious Chartwells school meal



or



=



School lunches can lead to better educational attainment (Source: Public Health England)

Children having school lunch are more likely to consume fruit and vegetables and drink water through the day. (Source: School Food Plan)

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The average packed lunch contains...

OVER
4x 

the saturated fat;

OVER
3x 

the salt;

NEARLY
3x 

the sugar;

NEARLY
DOUBLE 

the calories

When compared to a Chartwells school meal

How to pay and further information

School meals from the 1st September 2018 will cost **£2.35** per day in your school. Pupils can choose to eat every day or pick their favourite days to eat with us.

You can pay for your school meals online at www.mealselector.co.uk, if you don't have an account yet, go online to register or call the West Sussex Chartwells office on 01243 784223

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Stay up to date with all the important news on your school meals service by visiting www.loveschoolmeals.co.uk



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Get in touch

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