

# **Getting Changed for PE**



### Get changed in silence and in 5 mins





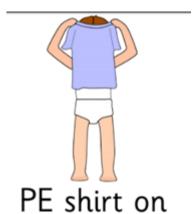
3.







6.



7.



8.



Trainers on

9.

10.

Do you need your Hoodie?

Have you got your water bottle?

Get in the line ready for the lesson



## **Getting Changed from PE**



#### Get changed in silence and in 5 mins





Trainers off

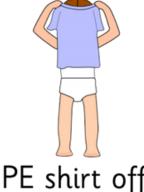
2.



3.



PE shorts off



PE shirt off

Tie on



socks on

6.



7.



8.





jumper on

### 10.

Is all your PE kit in your PE bag?

Put you PE bag in your locker

Sit silently in your seat