



Getting Changed for PE



Get changed in silence and in 5 mins

1.



jumper off

2.



shoes off

3.



trousers off

4. Tie off



shirt off

5.



socks off

6.



PE shirt on

7.



PE shorts on

8.



PE socks on

9.



Trainers on

10.

Do you need your

Hoodie?

Have you got your

water bottle?

Get in the line ready

for the lesson



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Tie on

jumper on

10.

Is all your PE kit in your PE bag?

Put your PE bag in your locker

Sit silently in your seat