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Weekly Communication Edition 35 Friday 29th June 2018

Upcoming key dates for the diary (please see diary for extensive list):

Monday 2nd July: Dancemania 8.5

Thursday 5th July: Dancemania 8

Friday 6th July: Summer Fayre

Summer Fayre takes place on 6th July from 5pm

1. Avoiding heat stroke - All - information

In recent weeks we have noticed an increasing amount of absence relating to the summer heat. As this is avoidable with some simple steps parents can take with their children, we are hoping to avoid further absence and children feeling poorly as a result.

We would like to remind parents to assist pupils in applying sun lotion before school, and send them in with a sun hat and a water bottle.

Please see links below to the NHS guidance for further details:

https://www.nhs.uk/conditions/heat-exhaustion-heatstroke/

https://www.nhs.uk/conditions/dehydration/

2. Sports News - All - information

Sussex School Games

Wednesday saw 9 pupils from across Y5/6 take part in the best of Sussex Quad Kids Athletics at the K2 in Crawley.

This massive sporting event has around 1000 pupils taking part and Chesswood was representing the Southern Area of Sussex (in our Yellow t-shirts!) and had words of inspiration from Paralympian Simon Munn MBE at the opening ceremony.

It was a very hot day to be sprinting, running, throwing and jumping but our athletes are truly gifted and this did not deter them at all.

Sprints for all 9 went very well with Reuben and Alisa both clocking under 11seconds for their 75m. Standing Long Jump was out of this world with 8 out of the 9 athletes jumping over 2 metres again Reuben (2m42) and Alisa (2m32) topping our leader board.

600m Thomas and Olanna both again under 2minutes and all athletes throwing their howlers well. After all the events we had no idea how we had done so there was great anticipation when the results were read out. **Second** in Sussex is where we finished just 10 points behind the winners, who were from Cottesmore in Brighton.

For Reuben, Harrison, Thomas, Alisa, Isla and Lily this was their last ever event for Chesswood and being runners-up in Sussex (both indoors and outdoors) for athletics was a fitting send-off of some brilliant athletes.

1 | P a g e

Also, our second place finished helped the Southern Area to win the overall cup for the Sussex School Games – the leader of the Southern Area also selected Reuben from Chesswood to go and collect the cup for the Area – another sign that Chesswood is now considered a mighty force in PE in Sussex!



For more information about the Sussex Games follow this link https://www.activesussex.org/sussex-school-games/

Sports Leaders in Action

With 170 Y2 pupils visiting Chesswood on Monday our Y6 Leaders needed to be on top form to guide them through 14 different sporting activities and they certainly delivered.

Staff from both Springfield and Lyndhurst were amazed by how well they managed their activity and the Y2 pupils. A job very well done!

Dancemania VIII (and VIII ½)

Due to the overwhelming response of pupils wanting to take part in Dancemania we have added another date for those who did not get selected for the event at Davisons. Dancemania 8.5 will be held at Chesswood on our stage and under our new interactive stage lights so all are able to perform their dances. Please send songs to Mr Quick if not already done so.

Missing Football Kits

We are missing a few football kits from the year please could all those who have represented the school in one of our kits please check at home to see if any are lurking in wardrobes or airing cupboards.



Y5 Swimming

5AB	5CR	5LB	5LH	5ZM
Tuesday (3 rd)	Tuesday (2 nd)	Tuesday (2 nd)	Monday (2 nd)	Monday (2 nd)
2.30pm lesson	PE	2pm lesson	2pm lesson	2.30pm lesson

If you are able to help walk to the children to and from swimming, please contact your class teacher.

Upcoming Events

Monday 2nd July – Dancemania 8.5 (Chesswood) Tuesday 26th June – Top-Up Swimming Thursday 5th July – Dancemania 8 (Davison High)

Thursday 19th July – Y6 Leavers Party

Year 6 Leavers' Party

We will be holding our annual year 6 leavers party on Thursday 19th July from 4-6pm.

Tickets are only available from **Mr Quick** before school on the Upper School Playground during the week commencing 2nd July. The cost is **£5**. This includes a food from the barbeque, a drink, an ice lolly and full use of the selection of inflatables. When purchasing a ticket please inform Mr Quick if you are vegetarian or other dietary needs.

On the day of the event all pupils must leave the school at 3.15pm and then return for the party at **4pm** using the field gate (Ladydell Road entrance) at **6pm** ALL pupils must be collected by a parents/guardian from the school field.

There will also be an additional tuck shop during the party to buy other items should your child wish to purchase anything extra.

3. Friends of Chesswood – all -information





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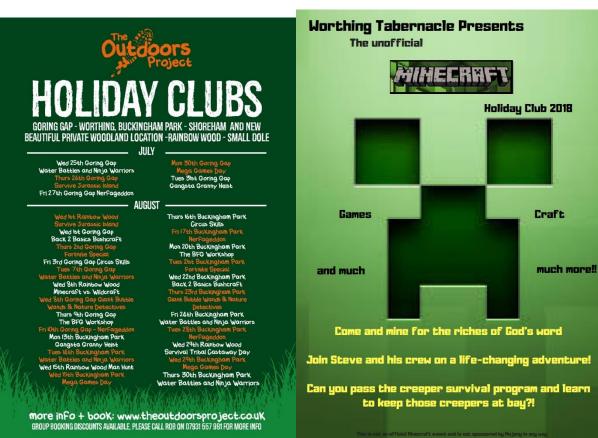


4. Premises reminder – All – information

A polite reminder that dogs are not allowed on the school premises, with the only exception being guide dogs.

Can we also ask that during the school run siblings walk with scooters within the school grounds.

5. External Events







The Worthing Tabernacie



~Holiday Club 2018~

-COME AND MINE FOR THE RICHES IN GOD'S WORD-

Tuesday 7th August - Friday 10th August 9:30am-12:30pm @ Worthing Tabernacle Church Sunday 12th August - 10:30am - 1:30pm (Family Lunch Included)

Who can come? Anyone between the ages of 5-11
What's going on?? Games, Singing, Bible Stories, Grafts and much more
Organised and led by: Worthing Tabernacle Church, 64 Chapel Road, Worthing,
RM11 (RM

How to Register...

Please either download a registration form from <u>www.worthingtah.org.uk</u> or pop Into our shop <u>Chapel Gifts and Books</u> right next door to the church and pick one

We look forward to seeing you there!!
PLEASE FEEL FREE TO CONTACT US

www.worthinstab.org.uk —info@worthinstab.org.uk — 01903 236542 - Noo-Fri AM Colo

