

Physical Education

Year 3 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
349:42	Discrete	00:00	Why are humans animals too?	00:00	Why are humans animals too?	00:00	Stones and bones	00:00	352:01	- 02:18	101%
Autumn	Total Time	08:00	Total Time	13:00	Total Time	04:00	Total Time	03:00	Planned	28:00	74:30
	Gymnastics 1	04:00	Invasion 1 - Football, Rugby, Hockey	12:00	Target - New Age Kurling	03:00	CJS PE - Scooter Skills & Road Safety	03:00	Allocated	27:58	75:12
	Intro to Dance	04:00	Athlete - Endurance Running	01:00	Adventure - Where are we?	01:00			Difference	- 00:01	00:42
148:47	Discrete		Discrete		Discrete		Discrete		149:41	- 00:54	101%
Spring	Total Time	11:00	Total Time	01:00	Total Time		Total Time		Planned	12:00	74:30
	Athlete - Indoor Athletics 1	06:00	Personal Best Challenges	01:00					Allocated	11:54	75:12
	Invasion 2 - Netball, Basketball	05:00							Difference	- 00:05	00:42
268:38	Discrete	00:00	Discrete	00:00	Discover Europe	00:00	Raging Rivers	00:00	270:44	- 02:06	101%
Spring Summer	Total Time	10:00	Total Time	06:00	Total Time	05:30			Planned	21:30	74:30
	Gymnastics 2	06:00	Invasion 3 - Endball	04:00	S&F - Rolling, Stoppnig & Catching	04:00			Allocated	21:29	75:12
	Animal Dance	04:00	Athlete - Going for Gold!	02:00	Not Planned	01:30			Difference	- 00:00	00:42
172:51	Discrete	00:00	What did the Romans do for us?	00:00	Discrete	00:00	Discrete	00:00	171:56	00:54	99%
Summer	Total Time	05:00	Total Time	08:00	Total Time		Total Time		Planned	13:00	74:30
	Athlete - Going for Gold!	03:00	S&F - Striking a Ball	04:00					Allocated	13:49	75:12
	Athlete - Sports Day	02:00	Target - Tennis Skills	04:00					Difference	00:49	00:42

Year 4 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
349:42	Batteries Included	00:00	Where does my food go?	00:00	Were the dark ages dark?	02:05			346:48	02:54	99%
Autumn	Total Time	14:00	Total Time	05:00	Total Time	02:00	Total Time	06:00	Planned	27:00	74:30
	Gymnastics 3	04:00	Athlete - Endurance Running	01:00	Adventure - Carroty Wood		Not Planned	06:00	Allocated	27:58	75:12
	Invasion 4 - Basketball	10:00	Taret - New Age Kurling	04:00	Adventure - Order, Order	02:00			Difference	00:58	00:42
148:47	Discrete	00:00	Discrete	00:00	Dragons - Fact or fiction?	00:29			148:41	00:05	100%
Spring	Total Time	12:00	Total Time		Total Time		Total Time		Planned	12:00	74:30
	Story-Telling Dance	06:00							Allocated	11:54	75:12
	Indoor Athletics 2	06:00							Difference	- 00:05	00:42
268:38						00:43			267:29	01:08	100%
Spring Summer	Total Time	10:00	Total Time	08:00	Total Time	03:30			Planned	21:30	74:30
	Gymnastics 4	10:00	S&F - Cricket Skills	02:00	Not Planned	03:30			Allocated	21:29	75:12
	Invasion 5 - Hockey & Handball	06:00	Target - Tri-Golf	06:00					Difference	- 00:00	00:42
172:51	Discrete	00:00	Discrete	00:00	Footprints	-00:06			267:29	01:08	100%
Summer	Total Time	05:00	Total Time	09:00	Total Time		Total Time		Planned	14:00	74:30
	Athlete - Going for Gold!	03:00	S&F - Rounders	05:00					Allocated	13:49	75:12
	Athlete - Sports Day	02:00	Target - Tennis	04:00					Difference	- 00:10	00:42

Year 5 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
349:42	Discrete	00:00	To the stars & Aspirations	00:00	The Ancient Greeks	-02:33			351:16	- 01:33	100%
Autumn	Total Time	12:00	Total Time	11:30	Total Time	05:00	Total Time		Planned	28:30	74:30
	Gymnastics 5	06:00	Invasion 6 - Hockey & Football	10:00	Athlete - Indoor Athletics 3	05:00			Allocated	27:58	74:33
	Dance - James Bond	06:00	Athlete - Endurance Running	01:30					Difference	- 00:31	00:03
148:47	Discrete	00:00	Rites and Rituals (Mayan)	00:00	Moving Stuff	-02:59			152:11	- 03:24	102%
Spring	Total Time	06:00	Total Time	06:00	Total Time		Total Time		Planned	12:00	74:30
	Invasion 7 - Netball, Basketball, Handball	06:00	Adventure - Problems, Problems	06:00					Allocated	11:54	74:33
									Difference	- 00:05	00:03
268:38						05:06			260:19	05:19	98%
Spring Summer	Total Time	04:00	Total Time	10:00	Total Time	07:00	Total Time		Planned	21:00	74:30
	S&F - Stoolball	04:00	CJS PE - Becoming a First Aider	04:00	Not Planned	07:00			Allocated	21:15	74:33
			CJS PE - Swimming	06:00					Difference	00:15	00:03
167:51	Discrete	00:00	Materials their origin, use and trade	00:00	Discrete	-00:55			168:21	- 00:30	100%
Summer	Total Time	05:00	Total Time	08:00	Total Time		Total Time		Planned	13:00	74:30
	Athlete - Going for Gold!	03:00	Target - Tennis	02:00					Allocated	13:25	74:33
	Athlete - Sports Day	02:00	CJS PE - Swimming	06:00					Difference	00:25	00:03

Year 6 Long Term Planning

Time Available	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Theme	Guide Time	Planned Time	Planned Balance	Planned %
349:42	Voyage of Discovery	00:00	Voyage of Discovery	00:00	Who's the Mummy?	00:00	Discrete	00:00	351:48	- 02:05	101%
Autumn	Total Time	12:00	Total Time	07:00	Total Time	09:00	Total Time		Planned	28:00	78:00
	Gymnastics 6	06:00	Athlete - Endurance Running	01:00	Adventure - Bristol OAA	02:30			Allocated	27:58	75:12
	Dance - The Hogwarts Ball	06:00	Athlete - Indoor Athletics	06:00	Adventure - OAA	06:30			Difference	- 00:01	- 02:48
148:47	Discrete	00:00	Angry Earth	00:00	Discrete	-01:59			151:03	- 02:16	102%
Spring	Total Time	12:00	Total Time		Total Time		Total Time		Planned	12:00	78:00
	Target - Table Tennis	06:00							Allocated	11:54	75:12
	Adventure - This is a tricky one...	06:00							Difference	- 00:05	- 02:48
268:38						-00:53			271:08	- 02:29	101%
Spring Summer	Total Time	06:00	Total Time	06:00	Total Time	09:30	Total Time		Planned	21:30	78:00
	Dance - Anyone for Tea?	03:00	Athlete - Sports Day	02:00	Health & Fitness? (Compare and contrast WW11 school fitness)	05:00			Allocated	21:29	75:12
	Athlete - Going for Gold!	03:00	S&F - Cricket	04:00	Not Planned	04:30			Difference	- 00:00	- 02:48
172:51	Discrete	00:00	Race Day	00:00	Race Day	00:52			176:58	- 04:06	102%
Summer	Total Time	11:00	Total Time	03:00	Total Time	02:30	Total Time		Planned	16:30	78:00
	S&F - Rounders, Stoolball	07:00	Mini-Olympic Organiser	03:00	Adventure - Bristol OAA	02:30			Allocated	13:49	75:12
	Target - Tennis	04:00							Difference	- 02:40	- 02:48